I. INTRODUCTION

Volunteering is an act involving various activities such as civic welfare and community service which empowers both the community and the country. In NSTP-CWTS volunteering isn't just about donations, but also to address community needs about environmental issues, educational helping hand and assessment of a community. The goal of volunteering under NSTP is to develop a student to be aware of their community and become responsible citizens who are ready to serve their country through enhanced knowledge, skills and individual perspectives.

II. VOLUNTEER BIOGRAPHY

I Eduardo S. Goria Jr. Of BSIT-WMA TW01 has engaged to volunteer in various events present under NSTP 2024-2025 of FEU-TECH. Though my schedule is packed, I have booked to volunteer under DSWD food repacking which was a pleasant experience to see the volume of resources ready to be donated to those in need, though it is a shame that out of my 6 DWSD volunteer schedules, only one happened and the rest were cancelled and replaced by a different volunteering activity. My other volunteering activities was in PPCRV, a comfortable place to be volunteering on, it is air-conditioned, they make sure you feel at home by feeding you and assisting you through your activities, to which were organizing the votes of mayors and inputting them through a datasheet for future reference. Lastly my other volunteering activities were donations collected by FEU-TECH to be donated to DSWD or other communities, this event specifically was a huge strain to my personal allowance as the donation requirement were quite expensive, personally I feel bad about this event but I was pressured by the fact DSWD keeps cancelling events and that failing to accomplish a quota of events results in a failure of NSTP 2.

III. EVALUATION OF VOLUNTEERING ACTIVITIES

Reflective Questionnaire:

1. How have you become a volunteer?

The thought of volunteering to help another person has become my main motivation, it takes up my time but in return it gives me a feeling of fulfilment and experience being able to engage in a real-world environment. The bottom line though is that I've become a volunteer for FEU-Tech has shaped me to become a diligent student who prosper in civic welfare, they teach me new skills and enlighten me through immersion with our community.

2. What activities have you carried out as a volunteer? I have volunteered for DSWD, FEU-Tech and PPCRVC.

My task to carry out in DSWD was to repack foods for donation and specifically, we were asked to divide boxes of Ovaltine powdered chocolate drink by 6 to be prepped and organized for future projects of DSWD. My second task in DSWD was not from the same site/location, this time it was for "Walang Gutom," occurred at my sixth time of my volunteering, the task was only to deliver the

donations accumulated from the volunteering donation event by FEU-Tech to which even I had participated in twice, for FEU-Tech I have donated school supplies and foods, namely I have donated pencils, papers, notebooks, boxes of juice, packs of biscuits and alcohol, it was very expensive to say the least, my total donation to FEU-Tech to which was delivered to DSWD was about 800 peso. My final volunteering activity was the back up to my canceled events, DSWD has cancelled 5 out of 6 bookings I've made to which PPCRVC was the one to shoulder my day, the task in this place was to organize and input votes into a local database, it was a simple task yet we volunteers feel at home due how welcome we volunteers are, and they made sure our efforts were truly valuable to them.

- 3. What did you find most rewarding about your volunteering? The most rewarding part of volunteering is the sense of fulfilment you feel when the host of the organizations that you volunteered for, thanks you for your efforts. Personally, our host in PPCRVC talked to us while we were doing our task, the host shared his experience and how much impact we've been for their organization, that sense of bond and gratitude is an experience I am grateful to have.
- 4. What did you find difficult and why?

The only difficult task I've has is not really volunteering itself but the fact I had to donate expensive goods because my original event was cancelled. It felt like theres nothing I could do but to just give up about 400 php just to fulfill a part of the requirement of volunteering in fear I might have to repeat this course again.

5. How do you think your voluntary activity benefited you, your family, local society etc.? Does your voluntary work give something good to the others? what and why?

My act of voluntary work has definitely benefited me and the community, it has given me experience and a glimpse of our society and it has also helped the organizations that needed volunteers. Just like how a simple donation could reach those in need, it definitely strengthens the spirit of compassion and solidarity. It made me realize how small acts of service whether through time, effort, or support can be a big impact to others. Through this, I've not only grown as an individual, but also contributed to the well-being of families, communities, and causes that strive to make a real difference.

6. What have you learned about yourself? As a volunteer have you found something new about yourself?

I've learned that I have barely participated in my community, society and country, it felt like everything was new and not related to me but it actually is so I have been enlightened by this experience and even I

wanted to participate in more voluntary works to gain opportunities and experience.

IV. VOLUNTEER SUMMARY SHEET

Organisation	Volunteer role	Dates of vol.	Hours worked
PPCRVC	Archiving	June 11 & 14, 2025	8hours
FEU-TECH	Donator	June 14 & 18,2025	8hours
DSWD	Food Repacker Donation delivery	May 30, 2025 June 21, 2025	8hours

Main activities and responsibilities:

PPCRVC: Achieving, to store the data of voters in the organizations local

database.

FEU-TECH: Donation, to donate listed resources

DSWD: Food Repacking, to sort goods and resources.

Donation, to deliver the accumulated goods.

Skills developed:

I have developed techniques in using the popular spreadsheet application of Microsoft excel, it has allowed me to work faster encoding and archiving data, our team became efficient, and we were able to finish our task in PPCRVC a lot faster. I've also developed my communication and leadership skills by communicating with other volunteers on how we should proceed with our task to achieve our goals efficiently.

Key achievements:

We have successfully accomplished our task in each of the organization I have attended, may it be at DSWD where we have successfully repacked boxes of chocolate powdered drink or at PPCRVCs voter data archiving task through Microsoft excel. FEU-Tech has also delivered the donations I and many volunteers made to DSWDs "Walang Gutom" department to which feeds people for free on a given timeframe and donates the resources we have accumulated.

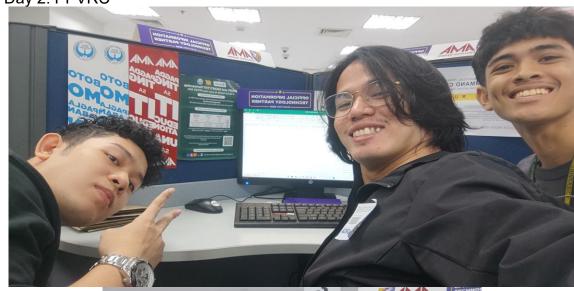
٧. **DOCUMENTATION**

Google Drive

Day 1: DSWD, FOOD REPACKING



Day 2: PPVRC

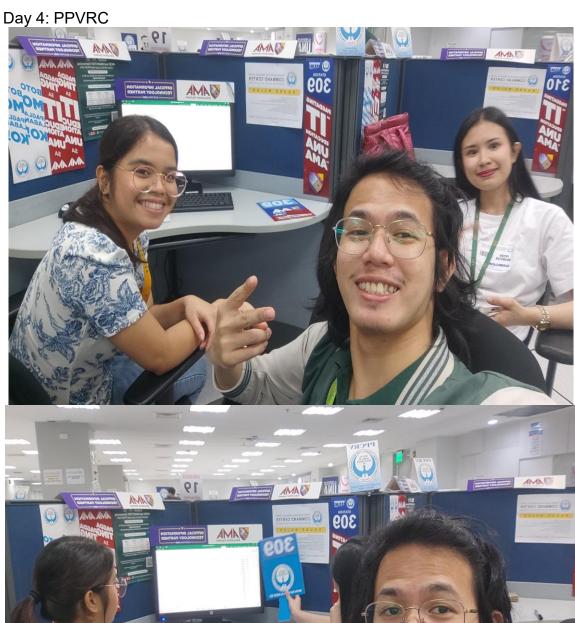




Day 3: FEU TECH, ADOPT A CHILD









Day 6: DSWD, WALANG GUTOM PDSW NUTOM KITCHEN