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## proof of Doob's inequalities

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Let  $(\Omega, \mathcal{F}, (\mathcal{F}_t)_{t \in \mathbb{T}}, \mathbb{P})$  be a filtered probability space with countable index set  $\mathbb{T}$ . If  $(X_t)_{t \in \mathbb{T}}$  is a submartingale, we show that

$$\mathbb{P} \left( \sup_{s \leq t} X_s \geq K \right) \leq K^{-1} \mathbb{E}[(X_t)_+] \quad (1)$$

and if  $X$  is a martingale or nonnegative submartingale then,

$$\mathbb{P}(X_t^* \geq K) \leq K^{-1} \mathbb{E}[|X_t|], \quad (2)$$

$$\|X_t^*\|_p \leq \frac{p}{p-1} \|X_t\|_p. \quad (3)$$

for every  $K > 0$  and  $p > 1$ .

First, let us consider the case where  $\mathbb{T}$  is finite. The first time at which  $X_t \geq K$ ,

$$\tau = \inf \{t \in \mathbb{T} : X_t \geq K\}$$

is a stopping time (as hitting times are stopping times). By Doob's optional sampling theorem for submartingales  $X_{\tau \wedge t} \leq \mathbb{E}[X_t | \mathcal{F}_{\tau \wedge t}]$  and therefore,

$$K \mathbb{P}(\tau \leq t) \leq \mathbb{E}[1_{\{\tau \leq t\}} X_{\tau \wedge t}] \leq \mathbb{E}[1_{\{\tau \leq t\}} X_t]$$

However,  $\tau \leq t$  if and only if  $\sup_{s \leq t} X_s \geq K$  giving,

$$\mathbb{P} \left( \sup_{s \leq t} X_s \geq K \right) \leq K^{-1} \mathbb{E}[1_{\{\sup_{s \leq t} X_s \geq K\}} X_t], \quad (4)$$

where the supremum is understood to be over  $s \in \mathbb{T}$ . Now suppose that  $\mathbb{T}$  is countable. Then choose finite subsets  $\mathbb{T}_n \subseteq \mathbb{T}$  which increase to  $\mathbb{T}$  as  $n$  goes to infinity. Replacing  $\mathbb{T}$  by  $\mathbb{T}_n$  in inequality (??) and using the monotone convergence theorem to take the limit  $n \rightarrow \infty$  extends (??) to arbitrary uncountable index sets. Then, inequality (??) follows immediately from (??).

Now, suppose that  $X$  is a martingale. Jensen's inequality gives

$$\mathbb{E}[|X_t| | \mathcal{F}_s] \geq |\mathbb{E}[X_t | \mathcal{F}_s]| = |X_s|$$

for any  $s < t$ , so  $|X|$  is a nonnegative submartingale. Therefore, it is enough to prove inequalities (??) and (??) for  $X$  a nonnegative submartingale, and the martingale case follows by replacing  $X$  by  $|X|$ .

So, we take  $X$  to be a nonnegative submartingale in the following. In this case, (??) just reduces to (??) and it only remains to prove inequality (??).

For  $p > 1$ , multiply (??) by  $K^{p-1}$  and integrate up to some limit  $L > 0$ ,

$$\int_0^L K^{p-1} \mathbb{P}(X_t^* \geq K) dK \leq \int_0^L K^{p-2} \mathbb{E}[1_{\{X_t^* \geq K\}} X_t] dK. \quad (5)$$

The left hand side of this inequality can be computed by commuting the order of integration with respect to  $\mathbb{P}$  and  $dK$  (Fubini's theorem),

$$\begin{aligned} \int_0^L K^{p-1} \mathbb{P}(X_t^* \geq K) dK &= \mathbb{E} \left[ \int_0^L K^{p-1} 1_{\{X_t^* \geq K\}} dK \right] \\ &= \frac{1}{p} \mathbb{E}[(L \wedge X_t^*)^p]. \end{aligned}$$

The right hand side of (??) can be computed similarly,

$$\begin{aligned} \int_0^L K^{p-2} \mathbb{E}[1_{\{X_t^* \geq K\}} X_t] dK &= \mathbb{E} \left[ X_t \int_0^L K^{p-2} 1_{\{X_t^* \geq K\}} dK \right] \\ &= \frac{1}{p-1} \mathbb{E}[X_t (L \wedge X_t^*)^{p-1}]. \end{aligned}$$

Putting these back into (??),

$$\|L \wedge X_t^*\|_p^p \leq \frac{p}{p-1} \mathbb{E}[X_t (L \wedge X_t^*)^{p-1}]. \quad (6)$$

Now let  $q = p/(p-1)$ , so that  $p, q$  are <http://planetmath.org/ConjugateIndexconjugate> and the Hölder inequality gives

$$\mathbb{E}[X_t (L \wedge X_t^*)^{p-1}] \leq \|X_t\|_p \|(L \wedge X_t^*)^{p-1}\|_q = \|X_t\|_p \|L \wedge X_t^*\|_p^{p-1}.$$

Substituting into (??), the finite term  $\|L \wedge X_t^*\|_p^{p-1}$  cancels to get

$$\|L \wedge X_t^*\|_p \leq \frac{p}{p-1} \|X_t\|_p,$$

and the result follows by letting  $L$  increase to infinity.