## gowthami.s

## No.33, phase-III, annai terasa 3rd street, sathuvachari, vellore -632009

## +917402059268 | adhigoutham97@gmail.com

# CAREER OBJECTIVE

To be a part of your organisation and work in a meaningful and challenging position that enables me to develop myself as professional and permits scope for advancement.

# EDUCATION

## MSC (FOODS AND NUTRITION)| APRIL 2018| D.K.M COlLEGE FOR WOMEN, VELLORE| 87%

## bsc (nutrition, food service management and dietitics)| april2016 | d.k.m college for women, vellore |93%

## hsc | may 2013 | holy cross matric hr. sec. school, vellore |73 %

## sslc | may 2011 | governtment hr sec. school, sathivachari, vellore |95 %

# SKILLS & ABILITIES

# Planning a diet for disease condition

# Ability to give counseling

# Good communication skill

# SOFTWARE SKILLS

# MS-Office (word, excel,)

**AREA OF INTEREST**

* counselling
* nutritional care

**EXPERIENCE (As internship)**

* Sandhya hospital in vellore.
* global hospital at perumbakkam, Chennai.

**PROJECT**

* Supplementation of plantain stem juice to the ulcer patients in and around vellore district done in M.Sc.,

**PERSONAL STRENGTH**:

* Self-confidence, innovative thinking, hardworking, dedication and discipline towards the work assigned.

**PERSONAL DETAILS**

**Father’s name:** Mr. B. Saravanan

**Mother’s name:** Mrs. S.Viji

**Date of birth** : 17-06-1996

**Age** : 22

**Sex :** Female

**Nationality :** Indian

**Languages Known:** English, Malayalam, Tamil

**Maritial status :** Unmarried

**DECLARATION**

I hereby declare that the above information given above is true to the best of my knowledge.

Date: 25/07/2018

Place: Vellore. GOWTHAMI S