FII/ (NB! Remember The figure from FIO, page 13)
The body is rigid, i.e. the distance between the moternules (particles) are constant. We have already found the law of angular momentum of a sum of particles (n-particle - system). We want to use integrals insted of summation ( $\Sigma$ ).

We let  $n \to \infty$ :  $\geq \to \iiint_{M} dn \quad \text{ov} \quad \iiint_{V} k(\vec{r}) dV$ 

M: total mass

V: volume of the body

Pahidus => massdifferentials

$$d\vec{h}_n = \vec{p} \times \vec{p}^n dm$$

$$\vec{h}_{n} = \iiint_{M} d\vec{h}_{p} = \iiint_{M} \vec{p} \times \vec{p}^{n} dm$$

$$= \iiint_{M} \vec{p} \times (\vec{p}^{h} + \vec{W}_{h} \times \vec{p}) dm$$

$$\hat{p}'' = \frac{d}{dt} \hat{p} = \frac{d}{dt} \left( \sum_{i=1}^{n} p_{i}^{n} \hat{b}_{i} \right)$$

$$= \sum_{i=1}^{n} p_{i}^{n} + \sum_{i=1}^{n} p_{i}^{n} \hat{b}_{i}^{n} + \sum_{i=1}^{n} p_{i}^$$

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If A is fixed to the body:
$$\vec{h}_{n} = \iiint_{M} \vec{p} \times (\vec{w}_{b} \times \vec{p}) dm = -\iiint_{M} dm \vec{p} \times (\vec{p} \times \vec{w}_{b}) = \vec{J}_{n} \vec{w}_{b}$$

Total external torque:

one paride: 
$$\overrightarrow{n}_{Ai} = \overrightarrow{p}_{i} \times \overrightarrow{f}_{i}$$

$$\vec{n}_{A} = \iiint_{M} \vec{p} \times \vec{H}$$

## Teorem B.8 Spinnsatsen for stive legemer

Gitt treghetssystemet i og et k.s. b som ligger fast i legemet og har sitt origo i A. Dersom A tilfredstiller 1 eller 2:

- 1). A ligger i massesenteret.
  2). A ligger i ro i treghetsrommet. (or constant velocity)  $\overrightarrow{\cap}_{A} = \iiint \overrightarrow{\rho} \times d\overrightarrow{f}$

er spinnsatsen på en koordinatuavhengig form:
$$\vec{n}_{A} = \vec{h}_{A}^{i} \qquad \qquad \vec{h}_{A} = - \iiint_{A} \times \vec{h}_{A} \times \vec{h}_{A} \qquad \qquad (B-148)$$

$$\vec{h}_{A}^{ib} + \vec{\omega}_{b}^{i} \times \vec{h}_{A} \qquad \qquad = - \iiint_{A} \times \vec{h}_{A} \times \vec{h}_{A} \times \vec{h}_{A} = - \iiint_{A} \times \vec{h}_{A} \times \vec{h}_{A} \times \vec{h}_{A} \times \vec{h}_{A} = - \iiint_{A} \times \vec{h}_{A} \times \vec{$$

eller representert i b-systemet :

$$\underline{n}_{A}^{b} = \underline{\dot{h}}_{A}^{ibb} + \underline{\omega}_{b}^{ib} \times \underline{h}_{A}^{ib} \\
= \underline{J}^{b}\underline{\dot{\omega}}_{b}^{ibb} + \underline{\omega}_{b}^{ib} \times (J^{b}\underline{\omega}_{b}^{ib})$$

$$\underline{\dot{\omega}}_{b}^{ibb} = R_{i}^{b}\underline{\dot{\omega}}_{b}^{i}$$
(B- 149)

hvor spinnet er definert ved :

$$\underline{h}_A^{\mathbf{i}b} = J^b \underline{\underline{\omega}}_b^{\mathbf{i}b}$$

Treghetsmatrisa  $J^b$  beregnes via treghetsmomenta,  $J^b_{ii}$ , og treghetsprodukta,  $J^b_{ij}$ :

$$J^{b} = \begin{bmatrix} J_{xx}^{b} & -J_{xy}^{b} & -J_{xz}^{b} \\ -J_{yx}^{b} & J_{yy}^{b} & -J_{yz}^{b} \\ -J_{zx}^{b} & -J_{zy}^{b} & J_{zz}^{b} \end{bmatrix}$$
(B- 150)

$$\begin{bmatrix} J_{xx}^b & -J_{xy}^b & -J_{xz}^b \\ -J_{yx}^b & J_{yy}^b & -J_{yz}^b \\ -J_{zx}^b & -J_{zy}^b & J_{zz}^b \end{bmatrix} = \begin{bmatrix} \int_M \left(y^2+z^2\right) dm & -\int_M xydm & -\int_M xzdm \\ -\int_M xydm & \int_M \left(x^2+z^2\right) dm & -\int_M yzdm \\ -\int_M xzdm & -\int_M yzdm & \int_M \left(x^2+y^2\right) dm \end{bmatrix} \tag{B-151}$$
 Dvs treahetsmatrisa er symmetrisk.

NB! Here is 
$$p^b = \begin{pmatrix} p^b \\ p^b \\ p^b \end{pmatrix} = \begin{pmatrix} x \\ y \\ z \end{pmatrix}$$

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Operator (mass greatur) =) Mahix of inertia When rep. in the b-tame

$$N2 \qquad \overrightarrow{l} = \overrightarrow{p}_{c}^{i} = \frac{d''(m \cdot \overrightarrow{v}_{c}^{i})}{d!} = \overrightarrow{p}_{c}^{i} + \overrightarrow{w}_{b}^{i} \times \overrightarrow{p}_{c}^{i} \qquad \overrightarrow{l} = m \cdot \overrightarrow{v}_{c}^{i}, \qquad \overrightarrow{l} = \overrightarrow{p}_{c}^{i} + \underline{w}_{b}^{i} \times \overrightarrow{p}_{c}^{i}$$

Law of ang. 
$$\vec{n}_c = \vec{h}_c' = \frac{d''}{dt} \left( \vec{J}_c \vec{w}_b'' \right) = \vec{h}_c' + \vec{w}_b' \times \vec{h}_c'$$

moretum

 $\vec{n}_c = \vec{h}_c' = \frac{d''}{dt} \left( \vec{J}_c \vec{w}_b'' \right) = \vec{h}_c' + \vec{w}_b' \times \vec{h}_c'$ 
 $\vec{n}_c = \vec{h}_c' + \vec{w}_b' \times \vec{h}_c'$ 

$$\underline{\mathbf{n}}_{c} = \underline{\mathbf{h}}_{c} \quad \underline{\mathbf{n}}_{c} = \underline{\mathbf{h}}_{c} \quad \underline{\mathbf{w}}_{b} \times \underline{\mathbf{h}}_{c}$$

$$\underline{\mathbf{S}}(\underline{\mathbf{w}}_{b})$$

How to calculate the ang momentum  $\vec{h}' = \vec{J}_c \vec{W}_b'$ 

If we represent  $\beta$  in F" the matrix representation of  $J_c$  will be time varying, but represented in the F if will be time invariant. We therefore choose to radiable  $\vec{h}_c$  in the body frame  $(F^b)$ 

$$\vec{h}_{c} = -\iiint_{M} \vec{p} \times (\vec{p} \times \vec{w}_{b}^{i}) dm = J_{c} \vec{w}_{b}^{i}, \quad \text{where } O_{b} = A = C$$

$$\vec{h}_{c}^{ib} = -\iiint_{M} p^{b} \times (p^{b} \times \underline{w}_{b}^{ib}) dm = -\iiint_{M} S(p^{b}) S(p^{b}) \underline{w}_{b}^{ib} dm$$

$$= \left(-\iiint_{M} S(p^{b}) S(p^{b}) dm\right) \underline{w}_{b}^{ib} = J_{c}^{b} \underline{w}_{b}^{ib}$$

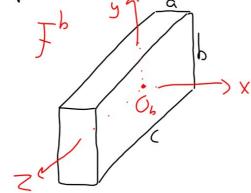
$$J_{b}^{b} = [J_{c}^{b}]_{b}^{b}$$

$$\frac{h_{c}}{h_{c}} = \int_{c}^{b} \frac{w_{b}}{w_{b}} dx = \int_{c}^{b} \frac{w_{b}}{w_{b}} dx + S(w_{b}) \int_{c}^{b} w_{b} dx dx dx \\
\int_{c}^{b} = -\iint_{c} S(\rho^{b}) S(\rho^{b}) dm , \quad \rho^{b} = [\rho, \rho_{2}, \rho_{3}] \qquad \text{Moneutur of inertial}$$

$$= -\iiint_{c} \frac{(\rho - \rho_{3}, \rho_{2})}{(\rho_{3}, \rho_{2}, \rho_{3}, \rho_{2}, \rho_{3})} dm \qquad \int_{c}^{b} \frac{(\rho_{3}^{2} + \rho_{4}^{2})}{(\rho_{3}^{2} + \rho_{4}^{2})} dm \qquad \int_{c}^{b} \frac{(\rho_{4}^{2} + \rho_{4}^{2})}{(\rho_{3}^{2} + \rho_{4}^{2})} dm \qquad \int_{c}^{b} \frac{(\rho_{4}^{2} + \rho_{4}^{2})}{(\rho_{3}^{2} + \rho_{4}^{2})} dm \qquad \int_{c}^{b} \frac{(\rho_{4}^{2} + \rho_{4}^{2})}{(\rho_{4}^{2} + \rho_{4}^{2})} dm \qquad \int_{c}^{b} \frac{(\rho_{4}^{2} + \rho_{4}^{2})}{(\rho_{4}^{2} + \rho_{4}^{2})} dm \qquad \int_{c}^{b} \frac{(\rho_{4}^{2} + \rho_{4}^{2})}{(\rho_{4}^{2} + \rho_{4}^{2})} dm \qquad \int_{c}^{b} \frac{$$

 $J_{c}^{b}$  is a real, symmetrical, postded matrix (Det( $J_{c}^{b}$ ) > 0) => matrix has real eigenvalues and orthogonal eigenvectors. Eigenvectors are called the main axis of the body. I.e. if  $F^{b}$  has its baris vectors along the body's main axis we get:  $J_{c}^{b} = diag(J_{ax}^{b}, J_{yy}^{b}, J_{zz}^{b})$ 

Example: Mahix of inetha of a bride:



Assume: a < b < C

F has ongo in the curbe of moss Ob

Solution of the curbe of the curbe of moss Ob

Solution of the curbe of the curbe of moss Ob

Solution of the curbe of

(nose-terms:
$$\left[ \int_{c}^{b} \right]_{xy} = -\iint \left( xy \, dm \right) = -\iint \left( xy \, k \, dx \, dy \, dz \right), \quad k : \text{ mass density (constant)}$$

$$= -k \iint_{c}^{b} \int_{y}^{b} \left( x \, dx \right) \, dy \, dz = 0 \quad \text{due to symmetry}$$

$$\left[ \int_{c}^{b} \right]_{xx} = k \iint \left( y^{2} + z^{2} \right) \, dx \, dy \, dz = k \iint \left( y^{2} \cdot z^{2} \right) \int_{0}^{a/2} \, dx \, dy \, dz$$

$$= k \, a \iint \left( y^{2} + z^{2} \right) \, dy \, dz = a \, k \iint y^{2} \, dy \, dz + a \, k \iint \left( z^{2} \, dy \, dz \right)$$

$$= a \, k \, c \int_{0}^{b/2} \, y^{2} \, dy + a \, k \, b \int_{0}^{c} \, z^{2} \, dz$$

$$= a \, k \, c \left( \frac{1}{3} \, y^{3} \right)_{-y/2}^{-y/2} + a \, k \, b \, \left( \frac{1}{3} \, z^{3} \right)_{-y/2}^{-y/2} = a \, k \, c \, \left( \frac{2}{3} \, \frac{1}{8} \, b^{3} + a \, k \, b \, \frac{2}{3} \, \frac{1}{8} \, c^{3} \right)$$

$$= k \, a \, b \, c \, \frac{b^{2}}{12} + k \, a \, b \, c \, \frac{c^{2}}{12} = \frac{M}{12} \left( b^{2} + c^{2} \right)$$

$$J_{c}^{b} = diag \left( \frac{M}{12} (b^{2} + c^{2}), \frac{M}{12} (a^{2} + c^{2}), \frac{M}{12} (a^{2} + b^{2}) \right)$$
We had  $a < b < c \implies J_{xx}^{b} > J_{yy}^{b} > J_{zz}^{b}$