$$\int_{3}^{8} \frac{1}{1 \times 3^{2}} dx = \lim_{t \to 3^{+}} \int_{t}^{8} \frac{1}{\sqrt{x-3}} dx$$

$$= \int_{\sqrt{u}}^{1} du = \int_{u}^{2} \frac{1}{\sqrt{u}} du = \int_{\sqrt{u}}^{2} \frac{1}{\sqrt{u}} du = \int_{\sqrt{u}}^{2$$