

2 Techniques of Integration

2.1 Inverse Trigonometric Substitutions

This is a special case of the method of substitution involving trig functions. Integrals involving radicals:

$$\sqrt{a^2 - b^2x^2}, \sqrt{a^2 + b^2x^2}, \sqrt{b^2x^2 - a^2}$$

can be evaluated by making the following substitutions:

Radical	Trig Substitution	Relevant Identity
$\sqrt{a^2 - b^2x^2}$	$bx = a \sin \theta$	$1 - \sin^2 \theta = \cos^2 \theta$
$\sqrt{a^2 + b^2x^2}$	$bx = a \tan \theta$	$1 + \tan^2 \theta = \sec^2 \theta$
$\sqrt{b^2x^2 - a^2}$	$bx = a \sec \theta$	$\sec^2 \theta - 1 = \tan^2 \theta$

This reduces the integral to a trigonometric integral which may be easier to evaluate. When using this method the following integrals arise often and hence should be added to our list of elementary integrals:

$$\begin{aligned} \int \tan \theta d\theta &= \ln |\sec \theta| + C \\ \int \cot \theta d\theta &= \ln |\csc \theta| + C \\ \int \sec \theta d\theta &= \ln |\sec \theta + \tan \theta| + C \\ \int \csc \theta d\theta &= -\ln |\csc \theta + \cot \theta| + C \end{aligned}$$

The first two can be shown through substitution and the last two can be verified through differentiation.

Example

1. Evaluate $\int \frac{dx}{4+x^2}$.

Let $x = 2 \tan \theta$, then $dx = 2 \sec^2 \theta d\theta$. Thus,

$$\int \frac{dx}{4+x^2} = \int \frac{2 \sec^2 \theta d\theta}{4+4 \tan^2 \theta} = \int \frac{\sec^2 \theta d\theta}{\sqrt{1+\tan^2 \theta}} = \int \frac{\sec^2 \theta d\theta}{|\sec \theta|}$$

Now,

$$\theta = \tan^{-1} \frac{x}{2} \rightarrow \theta \in \left(-\frac{\pi}{2}, \frac{\pi}{2}\right) \rightarrow \sec \theta > 0 \rightarrow |\sec \theta| = \sec \theta$$

$$\int \frac{dx}{4+x^2} = \int \sec \theta d\theta = \ln |\sec \theta + \tan \theta| + C$$

We need to express this in terms of x . To do this, draw a triangle. We see that

$$\sec \theta = \frac{1}{\cos \theta} = \frac{\sqrt{4+x^2}}{2}$$

$$\begin{aligned} \int \frac{dx}{\sqrt{4+x^2}} &= \ln \left| \frac{\sqrt{4+x^2}}{2} + \frac{x}{2} \right| + C \\ &= \ln |x + \sqrt{4+x^2}| + K \end{aligned}$$

Recall that $\ln\left(\frac{A}{B}\right) = \ln A - \ln B$, so $K = C - \ln 2$.

2. Evaluate

$$\int \frac{dx}{x^2 \sqrt{x^2 - 16}} = \int \frac{4 \sec \theta \tan \theta d\theta}{16 \sec^2 \theta \sqrt{16(\sec^2 \theta - 1)}} = \frac{1}{16} \int \frac{\tan \theta d\theta}{\sec \theta |\tan \theta|}$$

Now $\theta = \sec^{-1} \frac{x}{4}$ if we restrict $\theta \in [0, \frac{\pi}{2}] \cup [\pi, \frac{3\pi}{2}]$, then $\tan \theta > 0 \rightarrow |\tan \theta| = \tan \theta$.

$$\int \frac{dx}{x^2 \sqrt{x^2 - 16}} = \frac{1}{16} \int \frac{d\theta}{\sec \theta} = \frac{1}{16} \cos \theta d\theta = \frac{1}{16} \sin \theta + C = \frac{\sqrt{x^2 - 16}}{16x} + C$$

But from the triangle $\sin \theta = \frac{\sqrt{x^2 - 16}}{x}$.

Note: If we choose $\theta \in [0, \frac{\pi}{2}] \cup (\frac{\pi}{2}, \pi]$, then we would need to consider two cases: $\tan \theta > 0, \tan \theta < 0$.

Example

1. Evaluate $\int \frac{dx}{(5-4x-x^2)^{\frac{5}{2}}}$:

We first complete the square: $5 - 4x - x^2 = 9 - (x + 2)^2$. Let $x + 2 = 3 \sin \theta \rightarrow dx = 3 \cos \theta d\theta$. Then:

$$\begin{aligned} \int \frac{dx}{5-4x-x^2}^{\frac{5}{2}} &= \int \frac{dx}{[9-(x+2)^2]^{\frac{5}{2}}} \\ &= \frac{1}{3^4} \int \frac{d\theta}{\cos^2 \theta} = \frac{1}{81} \int \sec^4 \theta d\theta \\ &= \frac{1}{81} \int \sec^2 \theta (1 + \tan^2 \theta) d\theta \\ &= \frac{1}{81} \int \sec^2 \theta d\theta + \frac{1}{81} \int \sec^2 \theta \tan^2 \theta d\theta \\ &= \frac{1}{81} \tan \theta + \frac{1}{81} \left[\frac{1}{3} \tan^3 \theta \right] + C \\ &= \frac{1}{81} \left[\frac{x+2}{9-(x+2)^2} \right] + \frac{1}{343} \left[\frac{(x+2)^3}{[9-(x+2)^2]^{\frac{3}{2}}} \right] + C \end{aligned}$$

2. Evaluate the definite integral $\int_0^{\frac{3\sqrt{3}}{2}} \frac{x^3 dx}{(4x^2+9)^{\frac{3}{2}}}$

Let $2x = 3 \tan \theta$, then $2dx = 3 \sec^2 \theta d\theta$. Thus,

$$\begin{aligned} \int_0^{\frac{3\sqrt{3}}{2}} \frac{x^3 dx}{(4x^2+9)^{\frac{3}{2}}} &= \frac{3}{16} \int_0^{\frac{\pi}{3}} \frac{\tan^3 \theta \sec^2 \theta}{\sec^3 \theta} d\theta \\ &= \frac{3}{16} \int_0^{\frac{\pi}{3}} \frac{\tan^3 \theta}{\sec \theta} d\theta = \frac{3}{16} \int_0^{\frac{\pi}{3}} \frac{\sin^3 \theta}{\cos^2 \theta} d\theta \\ &= \frac{3}{16} \int_0^{\frac{\pi}{3}} \frac{\sin \theta (1 - \cos^2 \theta)}{\cos^2 \theta} d\theta \end{aligned}$$

Now make the substitution $u = \cos \theta$, $du = -\sin \theta d\theta$.

$$\begin{aligned} &= -\frac{3}{16} \int_1^{\frac{1}{2}} \frac{(1-u)^2}{u^2} du = \frac{3}{16} \int_{\frac{1}{2}}^1 \left[\frac{1}{u^2} - 1 \right] du \\ &= \frac{3}{16} \left[-\frac{1}{u} - u \right]_{\frac{1}{2}}^1 = \frac{3}{32} \end{aligned}$$