

Exploring Demographic and Regional Inequalities in Dementia Prevalence Across NHS England



Edward Chede, Jan 2026

Dementia Cases England-Age Demography

Highest Burden AgeBand

90+

% Male Patients

37.81%

% Female Patients

62.19%

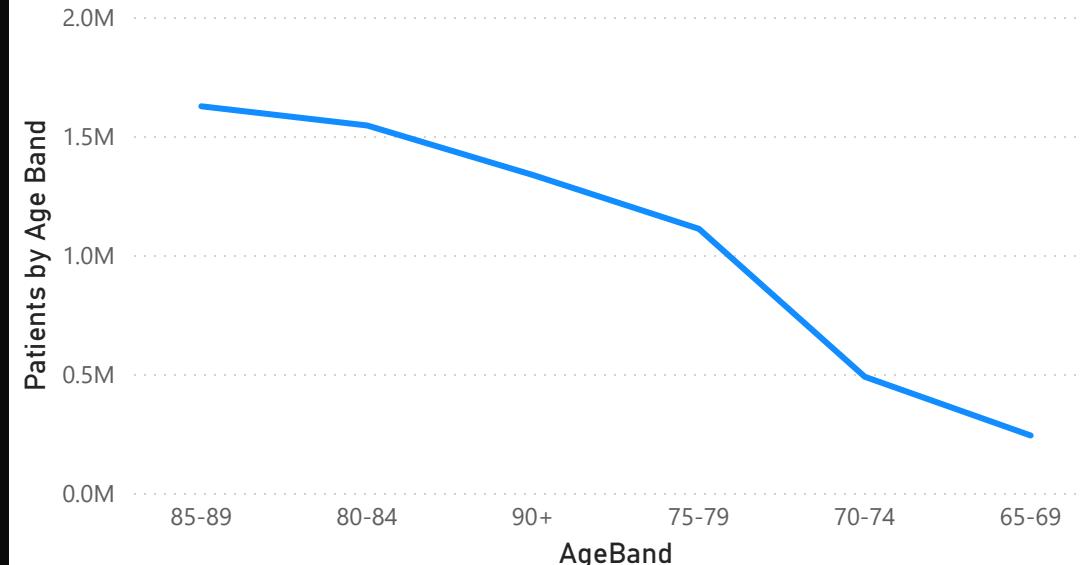
Gender Imbalance Ratio
(F/M)

1.64

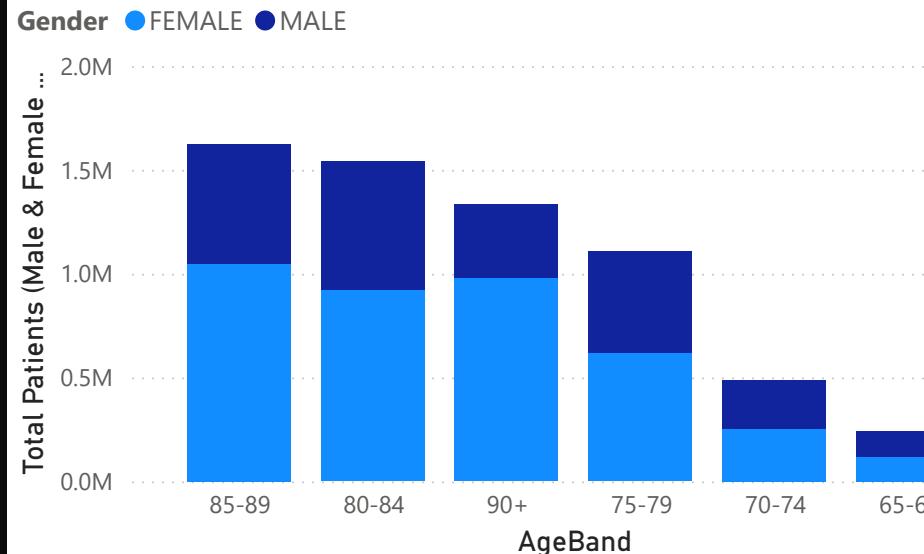
% Patients Aged 80+

71%

Patients by Age Band by AgeBand



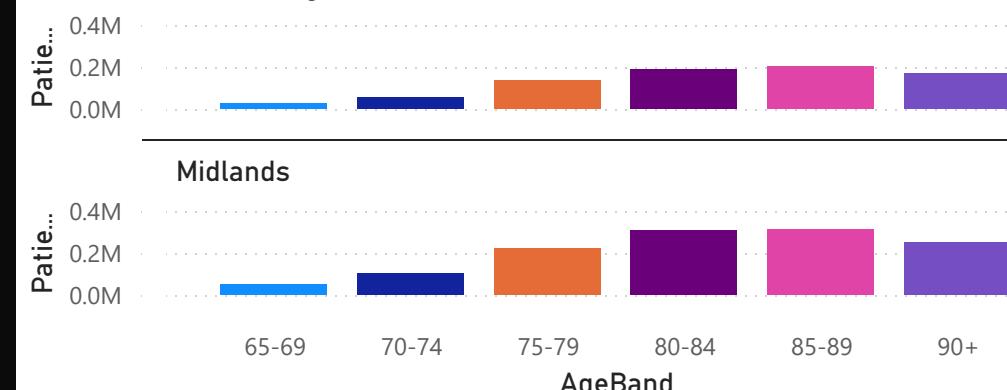
Total Patients (Male & Female Only) by AgeBand and Gender



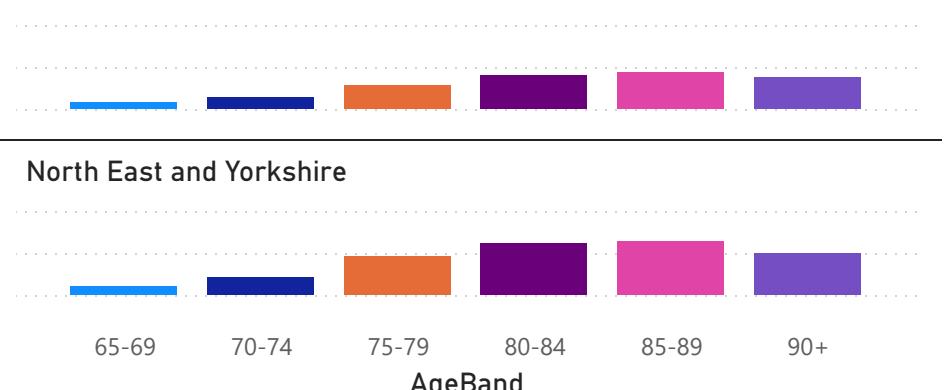
Patients by Age Band by REGION_NAME, AgeBand, AgeBand and REGION_NAME

AgeBand ● 65-69 ● 70-74 ● 75-79 ● 80-84 ● 85-89 ● 90+

East of England

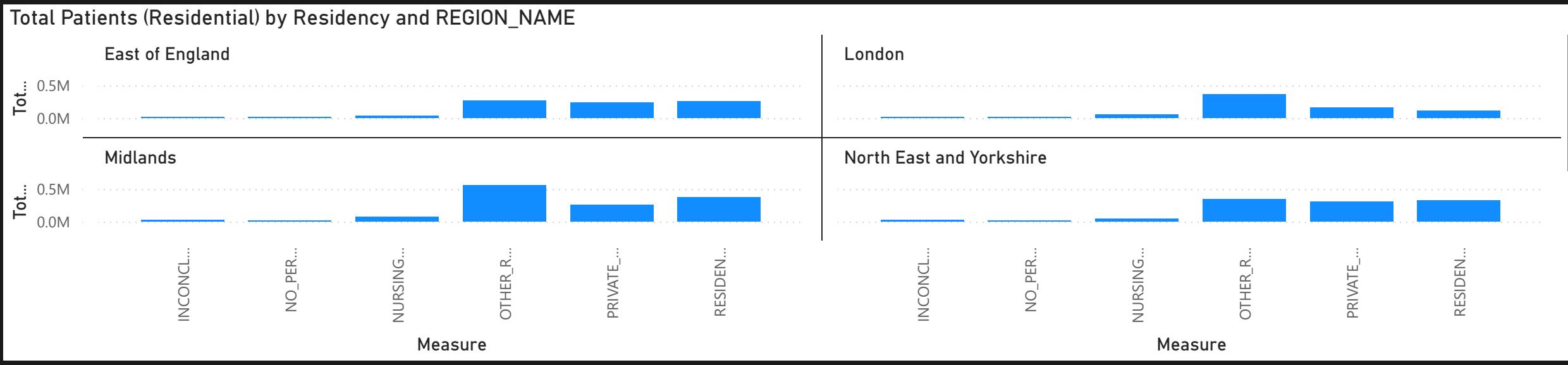
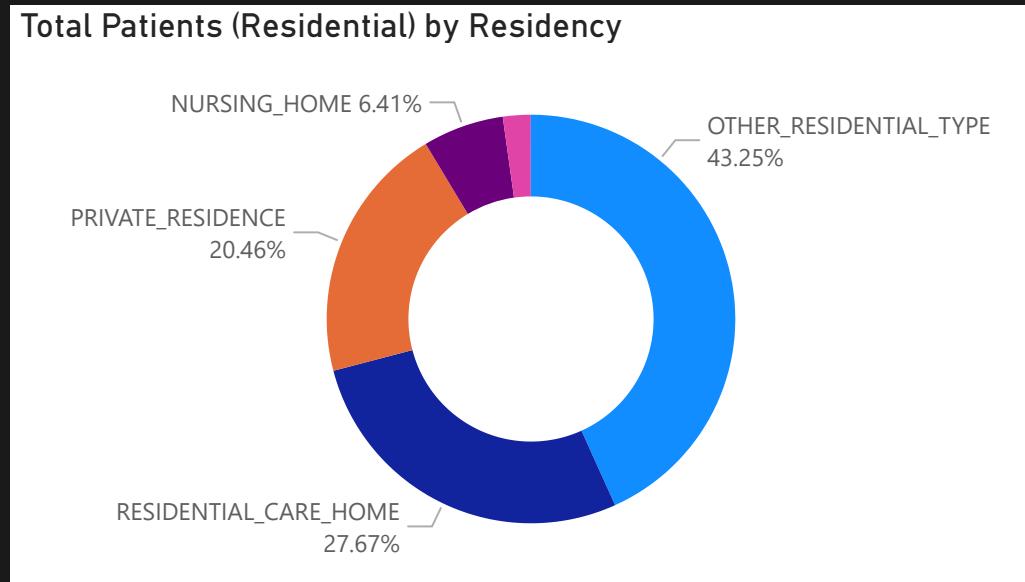
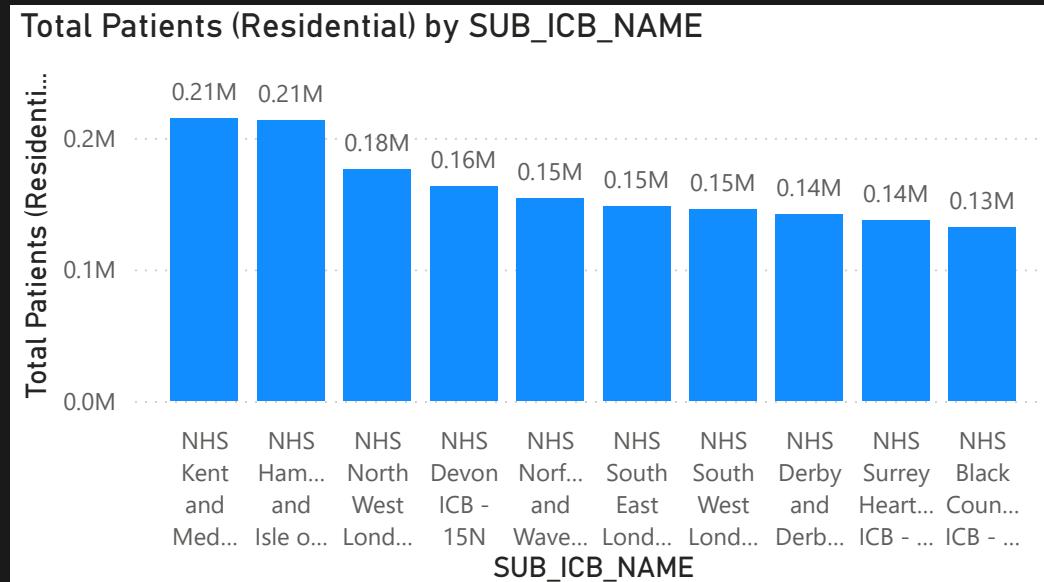
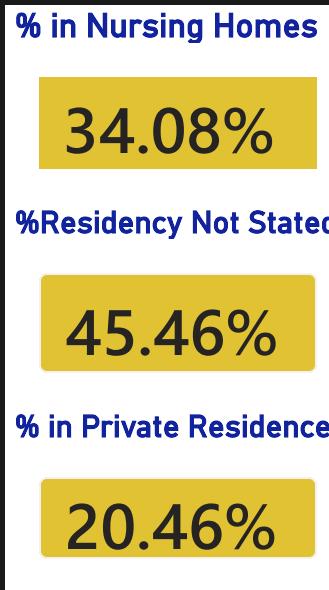


London



North East and Yorkshire

Dementia Cases England-Resident Demography



England Demography Cases_Ethnicity Demography

% White Ethnicity

71.38%

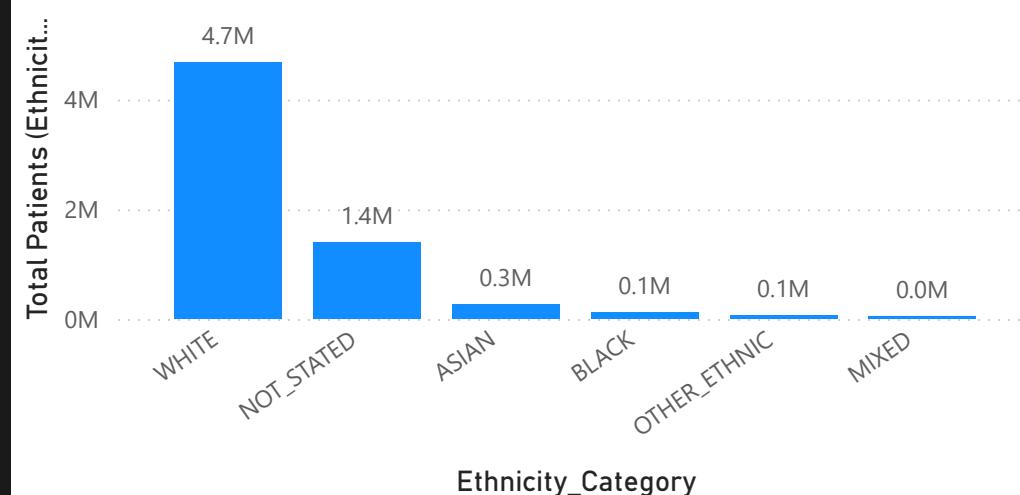
% Non-White Ethnicity

7.29%

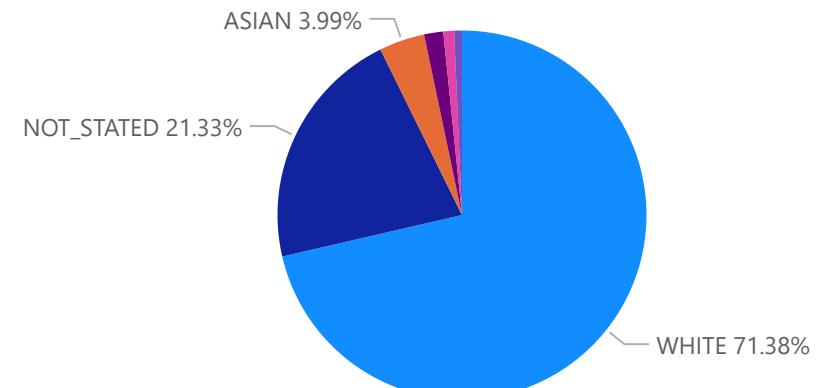
% Not Stated Ethnicity

21.33%

Total Patients (Ethnicity) by Ethnic_Category



% Patients Ethnicity by Ethnic_Category



Total Patients (Ethnicity) by Ethnic_Category and REGION_NAME

East of England

London

Midlands

London

North East and Yorkshire

Total ...

Total ...

Total ...

ASIAN

BLACK

MIXED

NOT_STATED

OTHER_ETH...

WHITE

ASIAN

BLACK

MIXED

NOT_STATED

OTHER_ETH...

WHITE

Ethnicity_Category

Ethnicity_Category

Dementia Cases England

9K

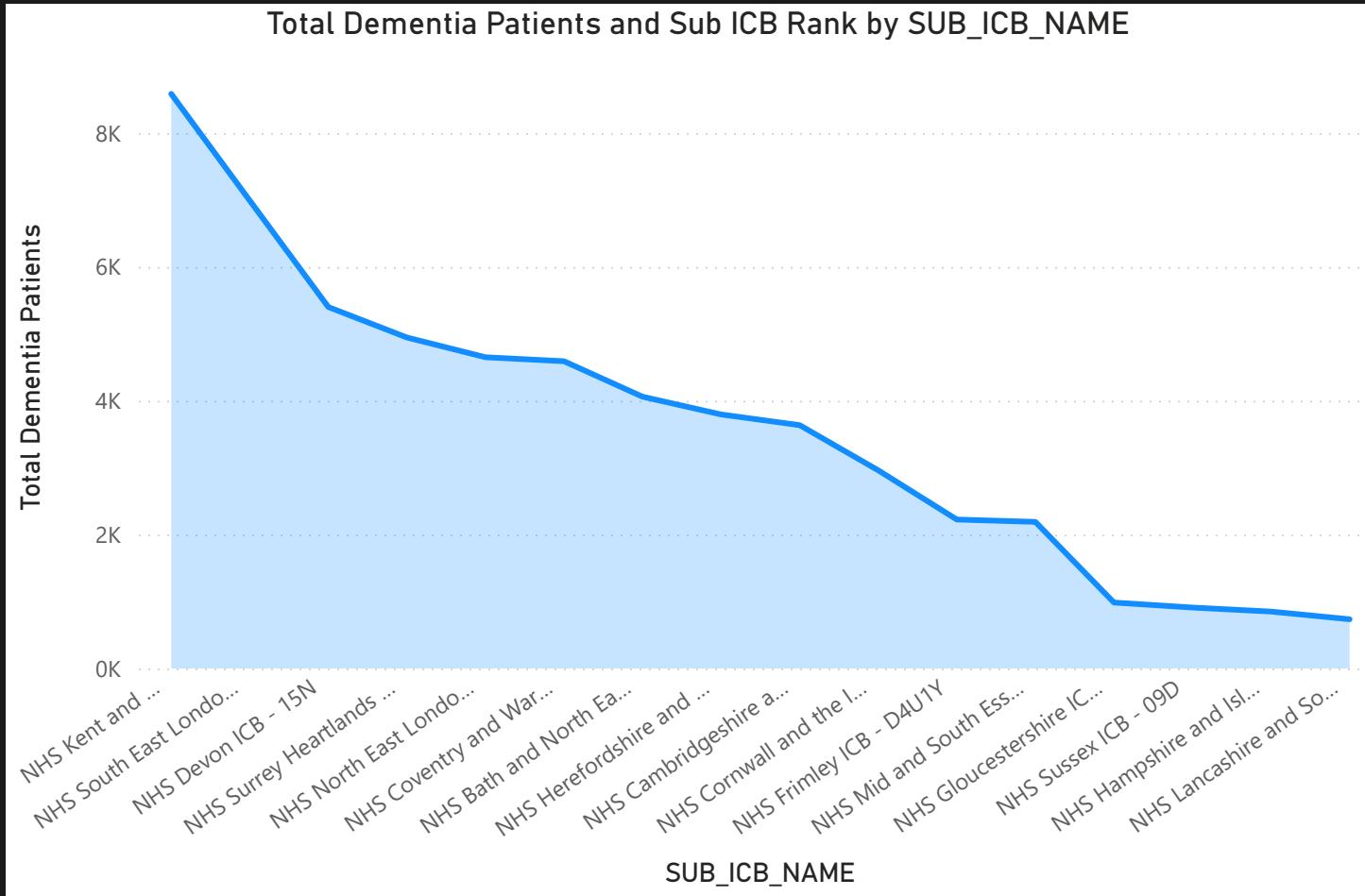
Highest Burden Value

NHS Kent...

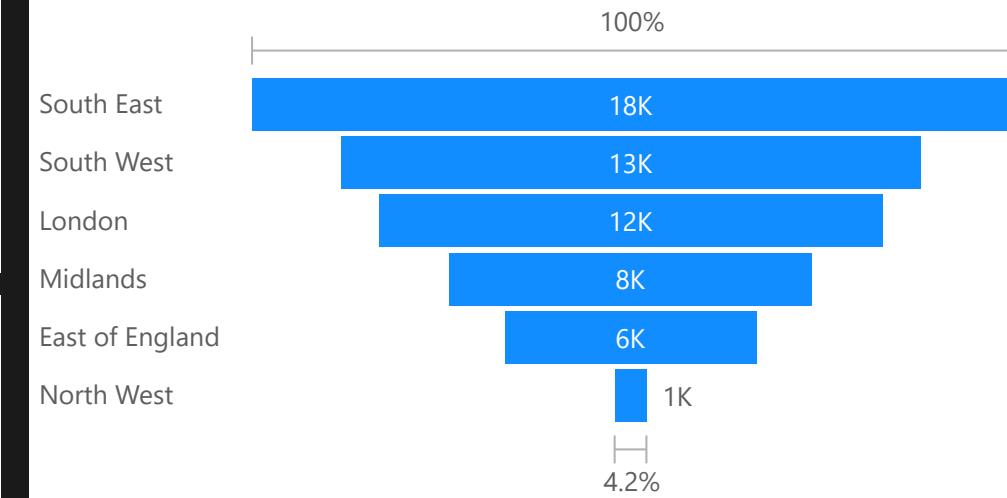
Highest Burden ICB

14.93%

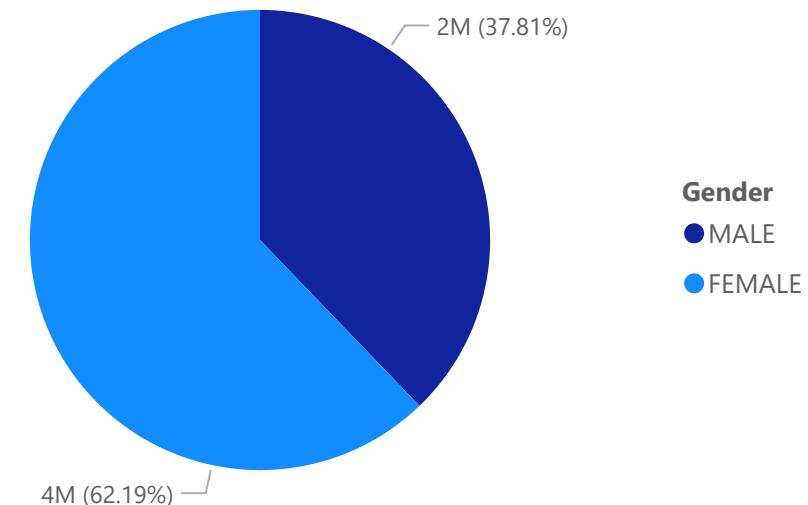
Highest Burden Share %



Total Dementia Patients by REGION



Total Patients by Gender



Gender
● MALE
● FEMALE