

## The Importance of Happiness: Self-Introduction Speech Outline

General Purpose: To Inform.

Specific Purpose: To inform my audience how a green, spherical, smiling toy relates to my life.

Central Idea/Preview: A green, spherical, smiling toy relates to my life, by being a visual reminder of good times with friends and loved ones (past), by the importance to smile every day in order to create memorable days (present), and by representing how valuable happiness is to one's overall well-being (future).

Object: Green, Spherical, Smiling Toy

Organization Pattern: Topical

### Introduction

- I. Attention Getter: Do you have an object that you keep around because it reminds you of good times? [Pause] Because such objects help you remember the past, continue to live happy in the present, and think about an enjoyable future.
- II. Relate to the Audience: I mean everyone experience good times... When you have an object from such times and when you just simply smile when you see it, it is worth something. Which is why you keep it around. Isn't it?
- III. Preview: Throughout the course of this speech, I will mention how this little smiling thing [display object] relates to my life, and why I continue to keep it around: 1) it's a visual reminder of all the good times I have spent with my friends back home 2) it represents how important it is to continue to smile and laugh everyday 3) helps me generate the thoughts to stay happy for the times ahead.

[First off, let me explain how simple objects, like this one, can remind us of the past.]

### Body

- I. Main Point: This object is a visual reminder of the good times I had spent with my friends and loved ones.
  - A. Sub-Point: When I look at this toy, it reminds me of all the memorable times I have had with them.
    1. Example/Testimony (Evidence): I got this object when I was spending a fun-filled day with my friends in an arcade and I've kept it around ever since. Those times spent with my friends played a very important role of my past. They strengthened our friendships which I really do value. And I know moments like those will not happen again or at least for a long time.

[Now, let's see how such memories can play a role in our everyday lives.]

- II. Main Point: This object represents the importance for me to smile and laugh every day.
  - A. Sub-Point: Smiling and laughing makes my days seem that much better with the help of the remembrance of the past.

1. Example/Testimony (Evidence): The smile on this objects, reminds me to smile, to laugh. When I do so, even at the smallest of things, I have a good time. My day just seems that much better when I do. Mementos can provide a warm-hearted feeling that will provide a good start to any day.

B. Sub-Point: When I smile and when I laugh, I create memorable days to look back on.

1. Example/Testimony (Evidence): I live off memories and experiences in order to move forward in life, and I want those memories to be good ones. Without them, we would always be starting from scratch and we will never be improving our discovery on the person on who we want to be, which is greatly important to me. And I especially want to create treasured memories surround by the ones who I care for and who also care about me.

[Now, with all of that in mind, brings me to my final point.]

III. Main Point: This memento represents how valuable happiness is, on my vision for a satisfying future.

A. Sub-Point: Stress and dark times in life will slow me down, but remembering to be happy sets a brighter light on those thoughts.

1. Example/Testimony (Evidence): Remembering the good of the past, makes me want to continue experiencing more unforgettable days. Believing in the good times will cause the best to happen. Everything happens for a reason, and everything will be all right and will work out at the end; and that is how I view the way things are supposed to be. My thoughts are what get me through the day and how I face the future.

#### Conclusion

- I. Transition Signal: In general, objects that we keep around from the past, can play an important role with our happiness overall.
- II. Summary of Main Points: Today I have discussed three ways on why this little object plays an important role in my life: 1) it's a visual reminder of all the good times I have spent with my friends back home 2) it represents how important it is to continue to smile and laugh everyday 3) helps me generate the thoughts to stay happy for the times ahead.
- III. Call to Action: Remember to smile and laugh every day, because your life would seem useless if you don't have those moments that will give you the sense of pure enjoyment.
- IV. Memorable End: Life isn't easy, and there will times, that will, stress me out, and when I will, look on the darker side of things. But as I continue to surround myself with the ones I care about and the ones who care about me, then I will look back onto the past, and will never regret what I have been through, and what I have done.