# Knitting for Beginners

## Instruction Manual



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**Note:**
This instruction manual has been created to teach you the basic processes of every knitting project, with the suggested guidance of creating a simple knitting project.

# INTRODUCTION

This instruction manual will teach you the basic processes that make up the art of knitting.

Knitting is a type of crafting skill. Many types of crafts and useful items can be created through the act of knitting. Such a skill has a moderate difficulty level to perform, but once you understand the basic skills of how to knit, it becomes easier to do. With this instruction manual, you will knit a simple knitted square piece to mainly learn and practice how to knit. This knitting project will take about an hour to complete for new beginners. And also with more practice, knitting becomes a skill that you can greatly enhance and simply achieve.

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# REQUIRED MATERIALS

**Yarn**

**Knitting Needles**

**Scissors**



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# KEY TERMS AND PROCESSES

**"Loop"**
When a part of the yarn is crossed with itself, creating a circle with the yarn.

**"Stitch"**
The knot created by the act of knitting.

**"Row"**
A completed section of stitches of a knitting project on a single knitting needle.

**"Knit"**
The process of creating a stitch.

**"Cast On"**
Creating the first row on a knitting needle to start a knitting project.

**"Cast Off"**
Finishing off by removing a knitting project off a knitting needle.

**"Working Yarn"**
This is the part of the yarn that is connected to the source of the yarn to the knitting needles.

# INSTUCTIONS: Starting

1) Take the working end of the source of the yarn, and create a loop.



2) Pull a part of the string of yarn through the loop.

   **Note:** This step creates another loop.



3) Put the newly created loop onto a knitting needle, and loosely tighten the loop by pulling on the working yarn.

   **Note:** This step removes unnecessary slack within the loop, but make sure to leave enough slack within the loop that will allow you to insert a second knitting needle within it.

Repeat Steps 1 through 3 nine times, creating nine more of these loops onto the knitting needle for a total of ten loops.

**Note:** These repeating steps will create nine more of these loops onto the knitting needle, for a total of ten loops. Make sure to evenly space the loops on the knitting needle.

**4)** Stick the second knitting needle up into the top loop, having the second knitting needle placed behind the first.



**5)** Pull and place the working yarn between the two knitting needles, onto that top loop.



**6)** Take the knitting needle that is behind the other knitting needle, and move and point the behind knitting down, above and over that working yarn that you just previously placed, through and down into the loop, and then point that knitting needle up.

**7)** Push up on the loop off the front knitting needle.

> **Note:** This step completes the transfer of the loop from the first knitting needle to the second knitting needle, creating a stitch.
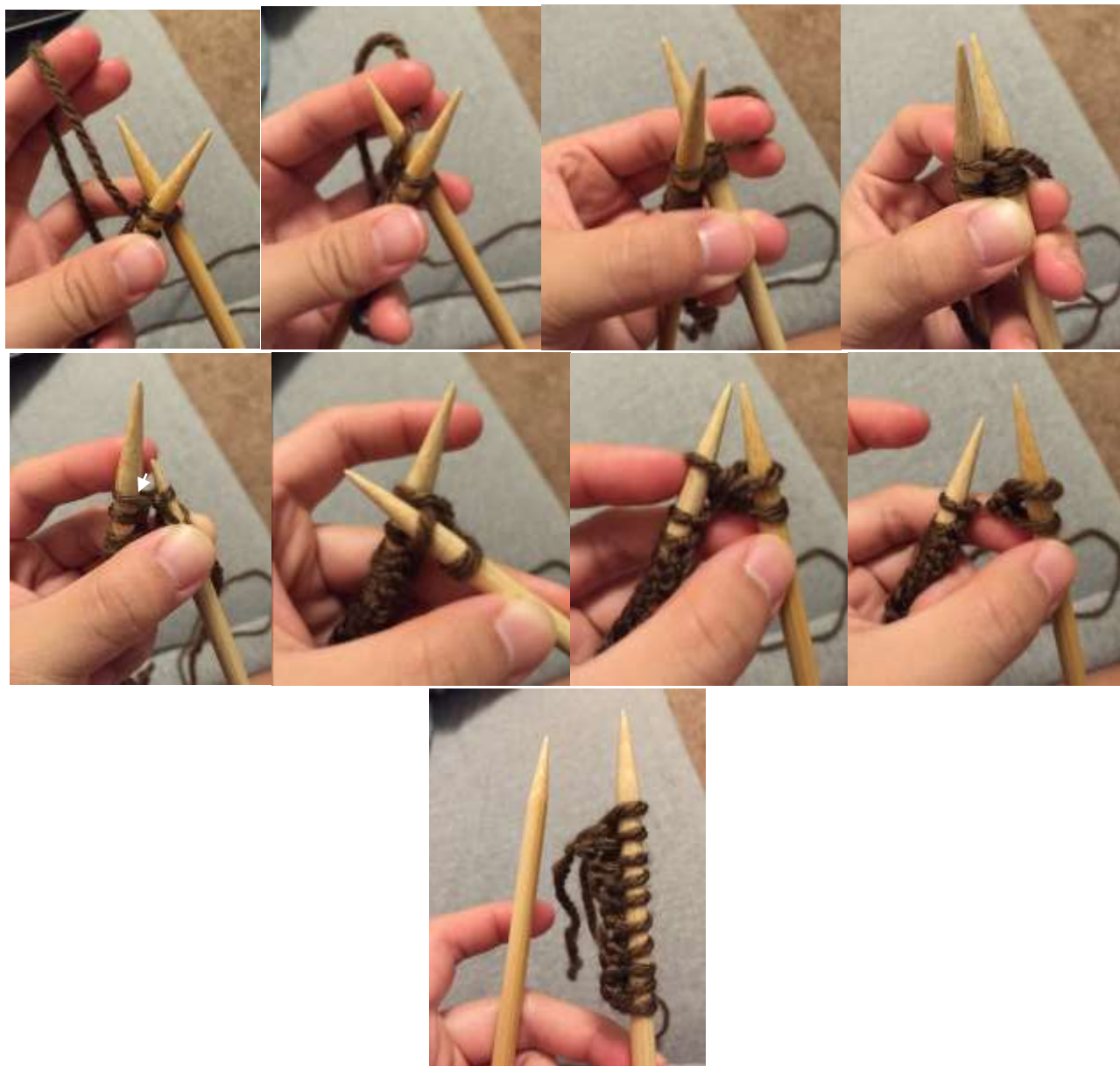


**8)** Tighten the stitch by pulling on the working yarn.

Repeat Steps 4 through 8 nine times.

**Note:** These repeating steps will create stitches for the rest of the nine loops, completing an entire row of stitches.

**9)** Hold the knitting needle with the entire row of stitches on it, with your other hand.

**Note:** This step will now transfer your working focus on this newly created row of loops.



**10)** With the empty knitting needle in your free hand, knit nine more rows of stitches.

**Note:** There will be the switching of knitting needles between each row created.

**11)** Knit two stitches.



**12)** Take the bottom loop on the knitting needle, and pull that loop over the top loop, off of the knitting needle.

**Note:** The top loop will remain on the knitting needle.



**13)** Knit one more stitch, and then repeat Step 12.

**Note:** This one stitch will become the top loop, making that previous stitch the now bottom loop when repeating Step 12.
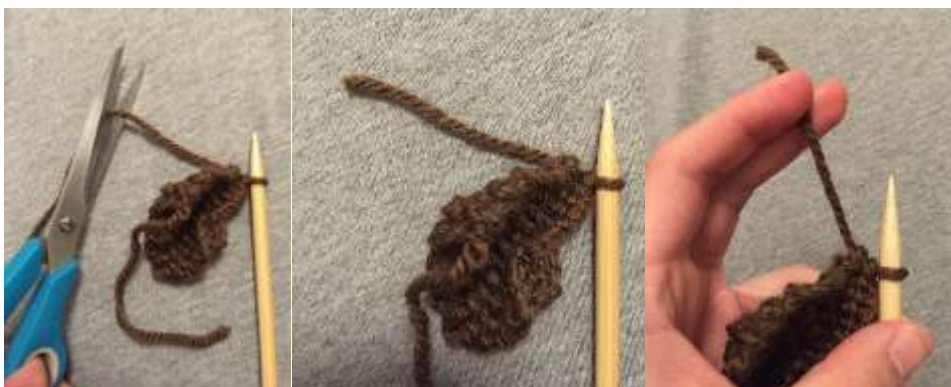
Continue to do Steps 13 and 12 until you are left with one loop left on your second knitting needle.

**Note:** You will be left with one loop on one knitting needle.



**14)** Cut off 3 inches of the working yarn.



**15)** Carefully remove the remaining loop off the knitting needle, and pull the cut end of the yarn tight through the loop.

**Note:** This step will completely end the knitted project piece with any more stitches.

If you want, cut off loose ends for aesthetic appeal.

## CONCLUSION

You have just the learned the basics of knitting by creating a simple knitted square piece!

With this basic knowledge that you have just learned about knitting, you can create many different types of basic projects; such as, potholders, pouches, and scarves. You can also increase your knowledge with different types of stitches and ways to knit, expanding the possibilities of what you can make and share with others!