

## Global Issue: Comprehensive Sex Education Programs in Schools

Write About: A *critical analysis* including possible compromises, solution to the issue

Regardless of the pros and cons to comprehensive sex education programs in schools, there have been studies that show that such programs help younger generations avoid health-related sexual issues and remain as healthy as they can. Ways such as having curriculum that teaches more about sexual health beyond the idea of abstinence-only programs and provide resourceful information such as about contraception and condoms, would be beneficial compromises can help promote comprehensive sex education programs be implemented in schools. Educating the youth about practicing safe sex practices, which protects themselves and others from any health complications, has been shown to be very effective in many studies. “Two-thirds of the 48 comprehensive sex ed[ucation] programs [that] Researcher Douglas Kirby for the National Campaign to End Teen and Unplanned Pregnancy examined,” (Advocates for Youth, 2009) resulted with positive effects. For example, how 40 percent of the studies delayed sexual initiation, reduced the number of sexual partners, or increased condom and contraceptive use, encourage safe sexual practices. By reassuring that greater levels of power, such as at the administrative and political level in schools to lessen the stigma and religious views, will majorly help implement these strategies leading to more comprehensive sex education programs. Branching from the programs of abstinence-only along with including valuable information about outside resources such as contraception and condoms, are beneficial practices that can be considered and implemented in order to encourage comprehensive sex education programs in schools, having positive results to many generations for come.

References Used:

<http://www.advocatesforyouth.org/publications/1487>