

EDWARD N. STANHOPE

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EXPERIENCE

JAN 2020 – PRESENT

CLINICAL TRIALS DISTANCE LEARNING TUTOR,

LONDON SCHOOL OF HYGIENE & TROPICAL MEDICINE

SEPT 2019 – PRESENT

SPORT THERAPY LECTURER,

STAFFORDSHIRE UNIVERSITY

FEB 2016 – SEPT 2019

SPORT THERAPY LECTURER,

UNIVERSITY COLLEGE BIRMINGHAM

SEPT 2014 – FEB 2016

SPORT LECTURER,

BOURNVILLE COLLEGE

SEPT 2013 – SEPT 2014

SPORT THERAPY GRADUATE TEACHING ASSISTANT

UNIVERSITY COLLEGE BIRMINGHAM

EDUCATION

CURRENT

PHD STUDENT,

UNIVERSITY OF WOLVERHAMPTON

SEPT 2019

MSC CLINICAL TRIALS, DISTINCTION

LONDON SCHOOL OF HYGIENE & TROPICAL MEDICINE

SEPT 2019

MA TEACHING & LEARNING, DISTINCTION

UNIVERSITY OF BIRMINGHAM

POSTGRADUATE DISSERTATION OF THE YEAR

SEPT 2014

PGCERT TEACHING & LEARNING IN VOCATIONAL SUBJECT,
UNIVERSITY OF BIRMINGHAM

SEPT 2013

BSC (HONS) SPORT THERAPY, FIRST CLASS

UNIVERSITY OF BIRMINGHAM

EDDIE MCINTYRE STUDENT OF THE YEAR

PUBLICATIONS

2020

Godwin, M., Stanhope, E., Bateman, J., & Mills, H. (2020). An acute bout of self-myofascial release does not affect drop jump performance despite an increase in ankle range of motion. *Sports*, doi:[10.3390/sports8030037](https://doi.org/10.3390/sports8030037)

Godwin, M., Matthews, J., Stanhope, E., & Richards, K. (2020). Intra and intersession reliability of the Run Rocket™ in recreationally trained participants. *Journal of Human Sport and Exercise*, 0. doi:[10.14198/jhse.2021.161.05](https://doi.org/10.14198/jhse.2021.161.05)

2019

Stanhope, E., Naemi, R., Bateman, S., Warnett, R., & Burt, D. (2019). The effects of cryocompression (GameReady) therapy on shoulder joint proprioception: Protocol. Retrieved from <https://osf.io/rw5dz>

Matthews, J. J., Stanhope, E. N., Godwin, M. S., Holmes, M. E., & Artioli, G. G. (2019). The magnitude of rapid weight loss and rapid weight gain in combat sport athletes preparing for competition: A systematic review. *International Journal of Sport Nutrition and Exercise Metabolism*, 29(4), 441-452. doi:[10.1123/ijsnem.2018-0165](https://doi.org/10.1123/ijsnem.2018-0165)

CURRENT PROJECTS

ORRCA; Online Resource for Recruitment research in Clinical triAls

PROVERB; The feasibility of a multi-phasic exercise-based intervention utilising the Health Action Process Approach and wearable technology in women before and after surgery for breast cancer

CANDANCE; Exercise-based cancer rehabilitation for women post-adjuvant therapy but beginning hormone therapy

Teaching the undefinable: a systematic review of professionalism teaching for postgraduate surgeons

COLD; The effects of CryOcompression (Gameready) on shouLDer proprioception in health adults

SIX RECENT COURSES

- Introduction to The Biology of Cancer (Coursera)
- Managing Your Health: The Role of Physical Therapy & Exercise (Coursera)
- Informed Consent in Pediatric Research (NIHR)
- Introduction to Good Clinical Practice- Primary Care (NIHR)
- Introduction to Systematic Review and Meta-Analysis (Coursera)
- Design & Interpretation of Clinical Trials

REFEREES

JAMES CAPPER

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STAFFORDSHIRE UNIVERSITY
STOKE ON TRENT
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MARK GODWIN

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