

# Roundcube Webmail :: TEST: October Newsletter

## TEST: October Newsletter | Polishing The Professional

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Date	2023-08-28 09:27 PM

# POLISHED NEWS

A MONTHLY CAREER DEVELOPMENT NEWSLETTER

"Life is like riding a bicycle. To keep your balance, you must keep moving."

*Albert Einstein*



### The Secret to Receiving More Invitations to Interview

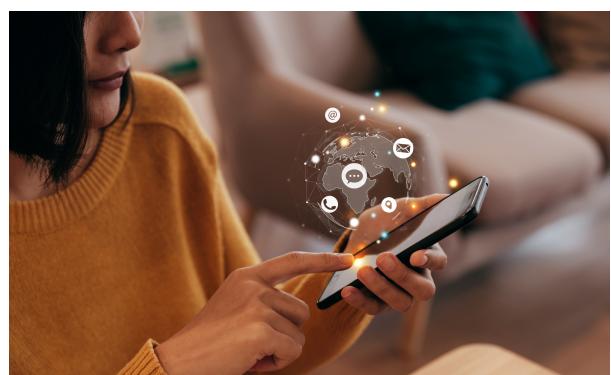
The average job search currently takes about five months. That can seem like a very long time if you are not seeing any results for your efforts. Getting more invitations to interview can help you stay motivated.

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### How to Use Social Media to Find Your Next Job

Social media is all the rage. Twitter, Facebook, LinkedIn, YouTube, and more seem everywhere. In social media like these, we get constant updates about the relevant and not-so-relevant aspects of everyone's lives. Here, we'll consider a practical application of social media: finding your next job.

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## What To Do When You Get a Video Job Interview?

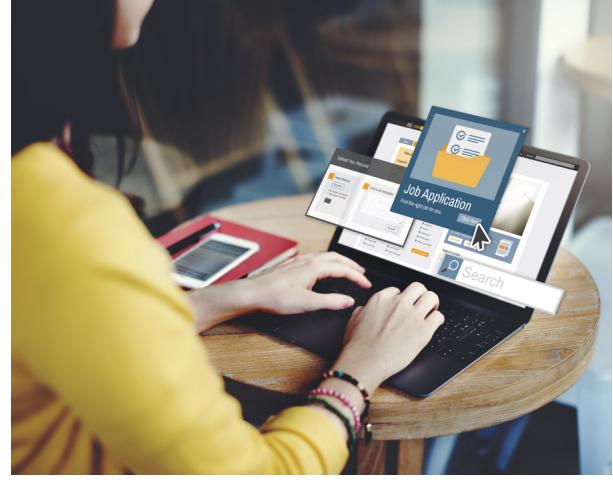
Video job interviews are becoming more common because they are cost-efficient and convenient. A 2012 Office Team survey found that 66.7% of human resource managers say they often use video interviews in the hiring process.

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## 6 Thought Provoking Questions To Break Free From Being Stuck

Being stuck is like being in a dark hole. You want to climb out of it but can not see anything or find a rope or ladder. It overwhelms you with feelings of fear, anxiety, and confusion. The world seems to speed past while you stay exactly where you are. However, you realize the need to get out of your current situation, but you feel held back by an even stronger desire to do nothing to change your condition.

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## Secret to Applying for Jobs When You May Be Under-Qualified

You've probably encountered exciting job openings, but you notice that you lack some of the desired qualifications. Is it okay to apply anyway? In most cases, it's worth taking a chance. Of course, there are some exceptions, like when you have to be an attorney or know how to play the violin. Otherwise, seeing if you can re-frame your background to address the employer's needs is usually a matter of seeing.

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