

## SPM EXAMS

# Facing the Final Boss?

You don't have to grind alone.



Welcome to the Decentralised Accountability Network (DAN).  
Your co-op guide to conquering SPM.

QUEST



## Power Up with DAN.

We created DAN for one reason: to build a supportive space where we can help each other stick to our goals.

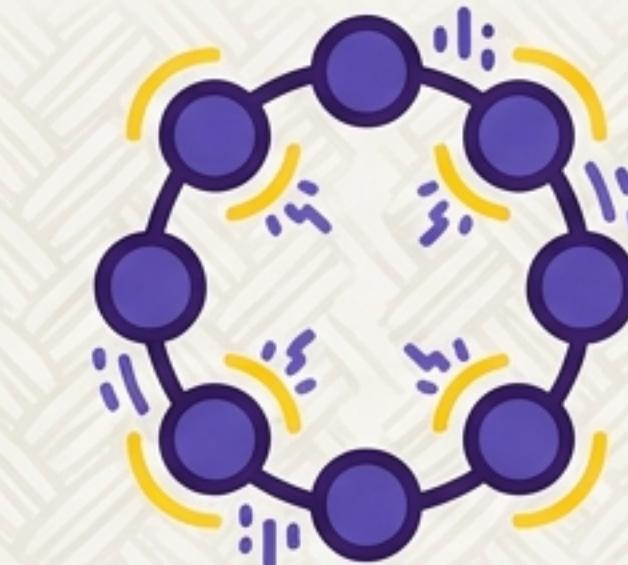


It's a system built on mutual respect and shared responsibility, because we know social support strengthens personal commitment.

This isn't a club with a president or hierarchy. It's a network of equals.



Unlock your potential together!



Item The DAN Network

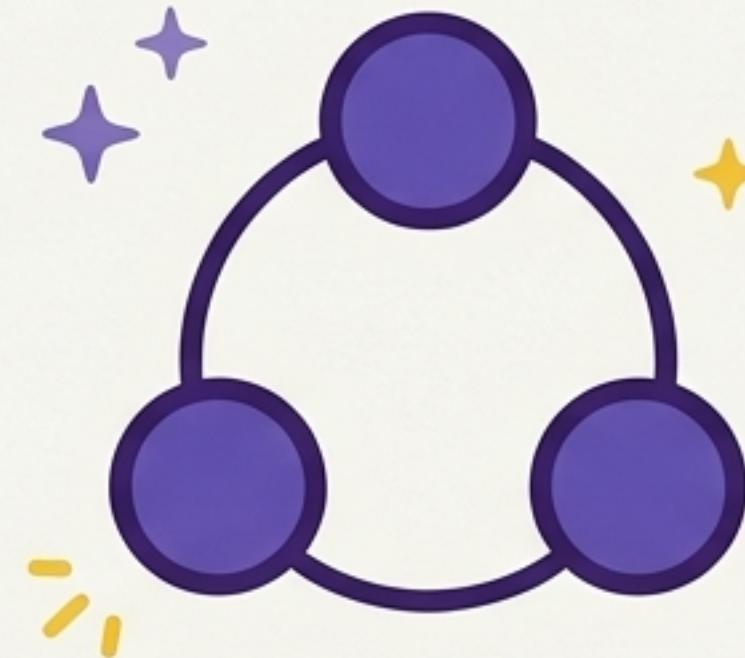
Type Support System

Effect Strengthens personal commitment, builds good habits, provides mutual support.

Duration Active until SPM examinations are complete.



# The Core Code: Our 3 Unbreakable Rules.



## Rule 1: We Are All Equal.

DAN is decentralized. There are no presidents or bosses. Every member has the same rights and responsibilities.



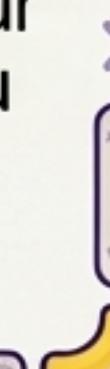
## Rule 2: Your Privacy is Protected.

We only ask for info directly related to the habits you choose to track. Your personal life stays personal.



## Rule 3: You Are in Control.

Your participation is 100% voluntary. You choose your goals, your partners, and your terms. No one can force you into a commitment.



# Your Quest: Launching Your First Partnership



**Your Quest: Launching Your Fix** your player's **handbook**.

Follow these four steps to start your first accountability co-op. Let's break it down.

# Step 1: Assemble Your Squad.

An accountability partnership is a team you form for mutual support. Your goal is to find partners who will help you stick to your commitments.

## Squad Requirements

- Who?** Form a squad with two or more members of 5 Creative 2026.
- How?** By mutual agreement. Everyone has to be on board.
- The Vibe Check:** All partnerships *must* be nurturing, voluntary, and sustainable. If it's not helping you, it's not working.



# Step 2: Draft Your Mission Brief.

This is your squad's contract. It makes sure everyone is on the same page. Every Mission Brief must be written down and **must not contradict the DAN Core Code**.

**The Goal:** The personal rule or habit each partner commits to.

**Reporting Protocol:** How often and how will you report progress? (e.g., Daily WhatsApp check-in)

**Squad Roles:** The specific rights and responsibilities of each partner.

**The Stakes:** Agreed-upon penalties from the Approved List. (More on this next!)

**Mission Duration:** How long does the partnership last? (e.g., Until the end of term)

**Signatures:** Must be signed by all partners (and a witness if it's a 2-person squad).



# The Honor System is in Effect.

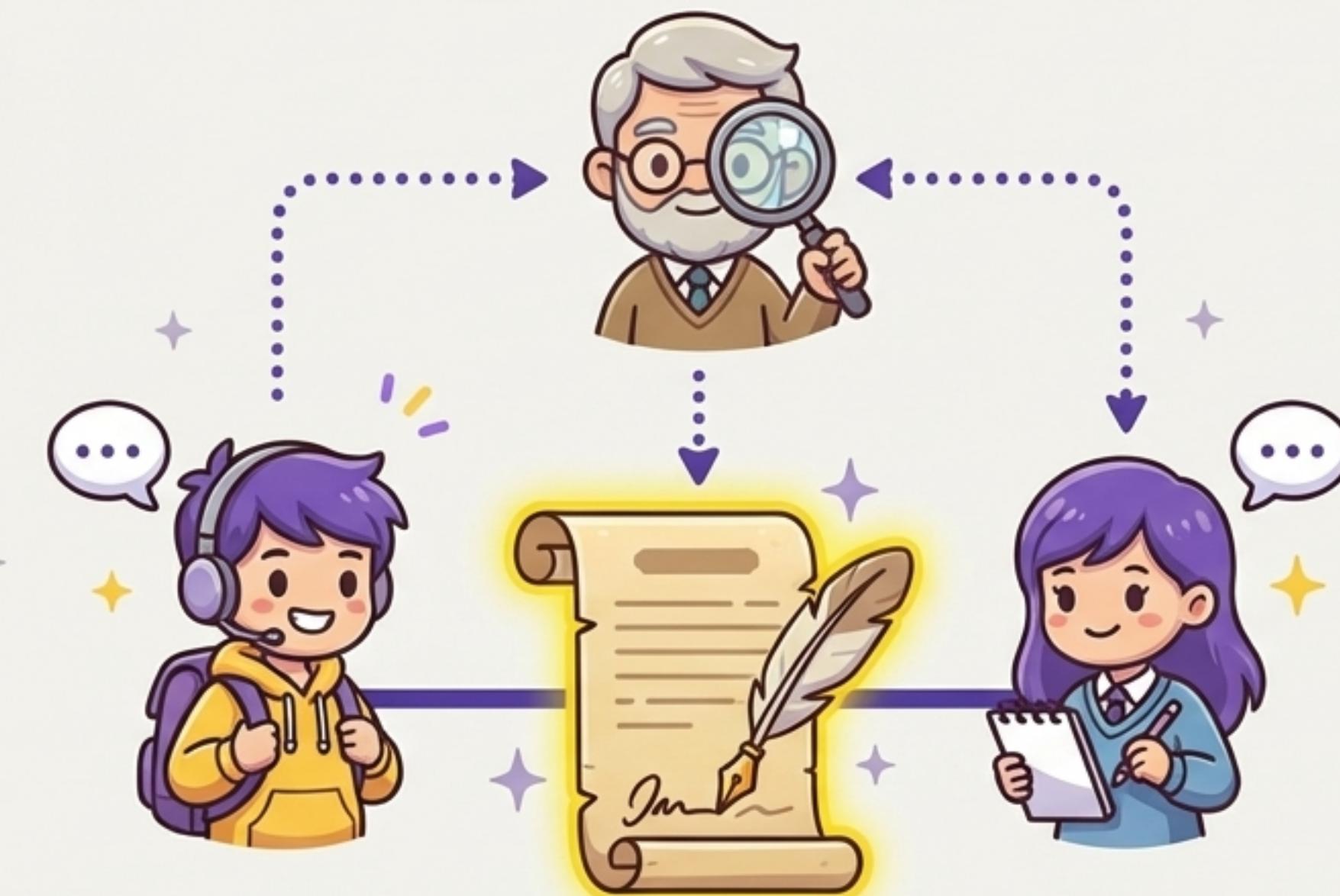
All reports you make about your progress are unilateral declarations. This means we trust what you say. Your partners and DAN itself have no power to investigate or prove you wrong. The system runs on honesty.

**“When you choose to be dishonest, you are not deceiving your accountability partner, but your future self.”**



# Step 3: Call a Witness.

For squads of only two people, a witness is required to sign your Mission Brief. They are your trusted third party.



## Key Functions of a Witness:



### Oversight

They sign the Brief to help prevent abuse or unfair terms.



### Mediation

They can act as a first-line mediator to help resolve conflicts, but *only if both partners agree* to involve them.



### Note

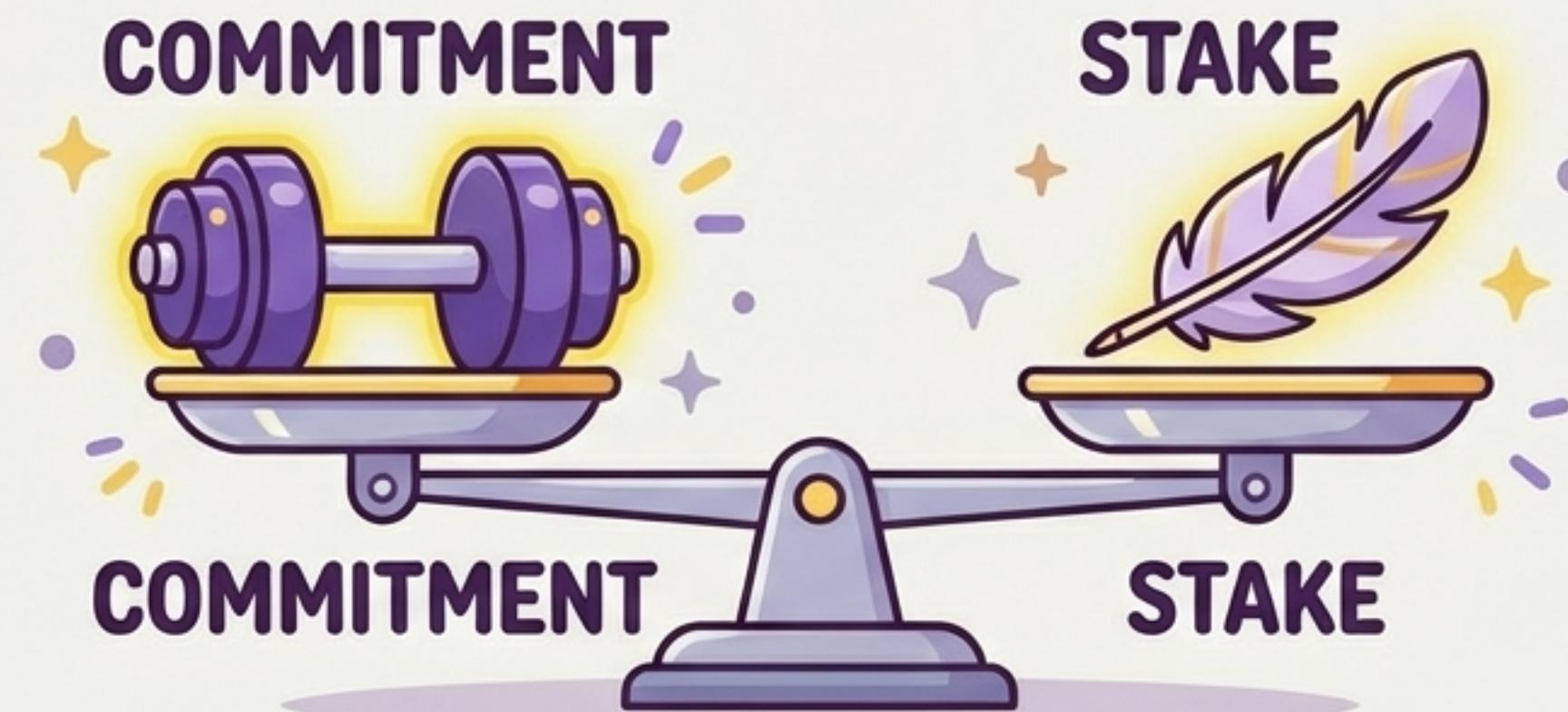
One person can be a witness for multiple squads.



# Step 4: Choose The Stakes.

**Guiding Principle:** All penalties must be **meaningful but not punitive**. The goal is to support accountability while respecting everyone's dignity and wellbeing.

"Stakes" make the commitment real. When you draft your Mission Brief, you and your partner will agree on a penalty from the approved list if a commitment is missed. Think of them less as punishments and more as **fun, motivational nudges** to get back on track.



# The Penalty Item Shop.

All penalties must be chosen from this list.



## Social/Reciprocal

- Buy partner a drink/snack
- Treat partner to a meal
- Write a thank-you note
- Small gift (max RM10)



## Service-Based

- Help partner with homework for 30 mins
- Perform a reasonable favor
- Share study notes



## Self-Improvement

- +15 mins to next study session
- Write a reflection on why the goal was missed
- Complete the missed task twice the next day



## Financial

- Contribution to class fund (RM2-5)
- Donation to an agreed cause

# **FORBIDDEN ZONE: Prohibited Penalties.**

The following penalties are explicitly banned. Using them undermines the entire purpose of DAN. Safety and respect come first, always.

- Anything humiliating, degrading, or shaming.**
- Financial penalties over RM10 or that create hardship.**
- Violations of school rules.**
- Physical penalties of any kind.**
- Public humiliation or embarrassment.**
- Any action that undermines a person's dignity.**

# II Pausing the Game: What to do When Things Get Tough.

Even the best squads face challenges. Here's the protocol.

## If a Conflict Arises...



1. Talk it out directly between partners first.
2. If you both agree, ask your witness to mediate.
3. Remember your partner's wellbeing is more important than rigid enforcement.  
Is the rule too demanding? Can you find a better approach together?



## How to Dissolve a Partnership...



- A partnership can be dissolved if:
  - 1. At least one person feels the relationship is no longer nurturing, AND
  - 2. You've tried to resolve the issue at least once.
- Either partner can initiate the dissolution. No further justification is needed.



# Your Player Profile.

## Player Perks (Your Rights)



Form or dissolve partnerships.



Serve as a witness for others.



Voice concerns and propose changes to the rules.



Leave DAN anytime without penalty.



## Guild Rules (Your Responsibilities)



Uphold the Core Code.



Act with honesty and good faith.



Respect the privacy and autonomy of others.



Support your fellow members.



# Patch Notes: How We Update The Rulebook

DAN can evolve, but our core principles are protected. We vote on all changes.

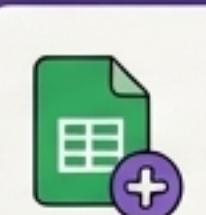


# The Final Level: SPM.

DAN exists for one mission: to get us all through our SPM exams stronger, together. This network will automatically dissolve after our final paper is done.



**Grab your gear.  
Assemble your squad.  
Let's win this thing.**



## "Need a Squad?"

Check out the shared spreadsheet to see who's available for partnerships or witness roles. Let's get coordinated on the WhatsApp group chat.

