Good Commit Practices:

1. One problem solve per commit: Each commit should solve one problem or add one feature.
2. Write commits like commands:
   Ex: Fix: handle login failure
3. Keep it short and specific: write commands less than 50 words, no punctuation at the end
4. Code testing before commit: test your code ensure it solves the issue, then commit.

Feat, Fix, & Refactor:

These are types of commit messages that agree upon conventions for better reading of code history

1. Feat: Use when you add something new that didn't exist before.
   Ex: feat: add user login with email and password
2. Fix: Use fix when you correct something that was broken or wrong (bug fix).
   Ex: fix: prevent app crash on empty form submission
3. Refactor: Use refactor when you change the code structure but not what it does.
   Ex: refactor: simplify user validation logic