



# Heart Rate Monitor (Wearable and Wireless Using ECG)

A rather convenient device to monitor heart rate while running.

## Things used in this project

### Hardware components

uECG device		
For actually measuring BPM. It can send data via nRF24-compatible protocol	× 1	
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	<a href="#">Arduino Nano R3</a>	× 1
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nRF24 Module (Generic)		
Any module would work here. Required to receive BPM data from uECG	× 1	
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	<a href="#">Adafruit NeoPixel Ring: WS2812 5050 RGB LED</a>	× 1
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LiPo battery		
Any battery with 200+ mAh capacity	× 1	

### Hand tools and fabrication machines



Soldering iron (generic)

Connection list is as follows:

nRF24 pin 1 (GND) - Arduino's GND

nRF24 pin 2 (Vcc) - Arduino's 3.3v

nRF24 pin 3 (Chip Enable) - Arduino's D9  
nRF24 pin 4 (SPI:CS) - Arduino's D8  
nRF24 pin 5 (SPI:SCK) - Arduino's D13  
nRF24 pin 6 (SPI:MOSI) - Arduino's D11  
nRF24 pin 7 (SPI:MISO) - Arduino's D12  
LED ring Power - Arduino's 5V  
LED ring GND - Arduino's GND  
LED ring DI - Arduino's D5  
Battery positive (red) - Arduino's 5V  
Battery negative (black) - Arduino's GND  
(note that battery requires connector, so it could be disconnected and charged)

