

# Polytropes and Models of White Dwarf Stars

ERIN CONN, MATTHEW HURLEY

University of North Carolina at Chapel Hill

## Abstract

### I. INTRODUCTION

Understanding stellar mechanics requires the use of mathematical models of the internal structure of stars. We understand stars to be nearly spherical collections of hot gas held together by self-gravitation and holding themselves up against gravitational collapse by fluid and radiation pressure. Equations from Newtonian gravitational and fluid mechanics allow us to create models for the how the pressure, density, and temperature of stars varies with their mass and size, but they are complicated and highly coupled.[3] Additionally, as mass and density increase, quantum and relativistic effects become important.

Prior to the development of advanced electronic computers, solutions to these equations were difficult to impossible to compute. In 1870, American physicist Jonathan Homer Lane proposed a simplified model[4] by assuming the gas pressure depends only on the density of the gas (a *polytropic fluid*), eliminating any explicit dependence on temperature and decoupling the equations for pressure, temperature, and density.

$$P(r) = K\rho^{1+1/n} \quad (1)$$

Later Swiss physicist Robert Emden formalized the model in the dimensionless differential equation that bears their names, the Lane-Emden equation, whose derivation can be found in the appendix.

$$\frac{1}{\xi^2} \frac{d}{d\xi} \left( \xi^2 \frac{d\theta}{d\xi} \right) + \theta^n = 0 \quad (2)$$

where  $\xi$  is a dimensionless function of the radius,  $\theta$  is a dimensionless function relating

density and pressure, and  $n$  is the *polytropic index* of the fluid. Solutions to this equation are called *polytropes*.

While Lane's polytropic simplification seemed unrealistic for most situations conceivable at the time, the vast simplification of its solutions over more realistic models proved a generous return on the trade with results that were still close enough to observed data to be very useful. Closed-form solutions[5] can be found readily found for polytropic indices  $n = 0$  and  $n = 1$ , and with some algebraic substitution another one can be found for  $n = 5$  (which has an infinite radius and will not be discussed further), and numerical solutions can be found using techniques known at the time of Lane's original publication.

In the 20th century new utility was found for this model with the development of quantum mechanics and the discovery of *white dwarfs*, stellar remnants composed of extremely dense gas. The electron density in white dwarfs approaches the density of available quantum energy states; and since the Pauli exclusion principle disallows multiple electrons from occupying the same quantum state[2, p.216], this results in what is called *electron degeneracy pressure* which is the main force opposing the dwarf's own gravity since white dwarfs are no longer actively undergoing fusion.[3, pp.163–166] White dwarfs are therefore composed of nearly fully *degenerate matter*. Serendipitously, fully degenerate matter has the following equation of state:

$$P(r) = K\rho(r)^\gamma \quad (3)$$

identical in form to eq. 1, *i.e.*, it is a poly-

tropic gas with  $\gamma \equiv 1 + \frac{1}{n}$ !

White dwarfs are therefore ideally suited to modeling with polytropes. The value of the polytropic index is found from fluid and quantum mechanical relations. In fact, there are two polytropic indices that apply for degenerate gases; in lower energy states the electrons have non-relativistic momenta and have a  $\gamma$  index of  $5/3$ , which corresponds to a polytropic index of  $n = 1.5$ . As density increases, more of the electrons occupy higher energy states with higher momenta, and relativistic effects prevail, resulting in a  $\gamma$  index of  $4/3$ , corresponding to a polytropic index of  $n = 3$ .

We used numerical integration methods to solve the Lane-Emden equation for these polytropic indices, found the relationship between the mass and radius of the resulting polytropes, and compared results with observed data for several known white dwarfs.

## II. METHODS

The Lane-Emden equation is a 2nd-order non-linear (for values of  $n$  other than 0 or 1) differential equation in one variable ( $\xi$ ). It is not analytically solvable in most cases, but solutions to initial and boundary value problems for this equation can be found using numerical integration.

The major challenge in solving the equation lay in identifying the boundary conditions.

We started by rearranging the Lane-Emden equation to isolate the 2nd derivative:

$$\frac{d^2\theta}{d\xi^2} = -\frac{2}{\xi} \frac{d\theta}{d\xi} - \theta^n(\xi) \quad (4)$$

Then translating it into a system of first-order differential equations by defining a new variable  $\phi \equiv \frac{d\theta}{d\xi}$ :

$$\begin{cases} \phi = \frac{d\theta}{d\xi} \\ \frac{d\phi}{d\xi} = -\frac{2}{\xi}\phi - \theta^n \end{cases} \quad (5)$$

This rearrangement allows us to use numerical integrators such as Euler's method or Runge-Kutta schemes, as well as making it

clearer where we want to have the boundaries defined.

We initially approached this as a boundary value problem with a free boundary[6, p.756] (since we do not know the range of  $\xi$  beforehand, only that  $\theta(\xi)$  goes to zero at some point for  $n < 5$ ). Difficulties with implementing a shooting method[1, pp.474–482] by varying the initial value of  $\phi_0 = \frac{d\theta}{d\xi}|_{\xi=0}$  with such a boundary led us to re-evaluate the physics and arrive at a set of conditions to define an initial value problem that can be solved with a fairly straightforward fourth-degree Runge-Kutta scheme[1, pp.411–415].

The initial value of  $\frac{d\theta}{d\xi}$  at the center of the polytrope must be zero, as there cannot physically be a cusp in the density function at the origin. However, this leads to a new issue: the value of  $\frac{d^2\theta}{d\xi^2}$  in eq. 4 is now indeterminate at  $\xi = 0$ . To work around this problem, one could make a Taylor expansion about  $\xi = 0$ [3, p.339]:

$$\theta(\xi) = 1 - \frac{1}{3!}\xi^2 + \frac{n}{5!}\xi^4 - \frac{n(8n-5)}{3 \cdot 7!}\xi^6 + \dots \quad (6)$$

Taking the limit as  $\xi \rightarrow 0$ ,  $\theta'(\xi) \rightarrow -1/3$ .

However, the Lane-Emden equation is very sensitive to perturbations near the origin[3, p.340], so a more stable way to treat the indeterminate origin is simply to offset the initial conditions by some small amount, starting the integration at  $0 < \xi \ll 1$ .

$\xi = 0$  is defined as the center of the polytrope, and the dimensionless  $\theta$  ranges from 1 at the center to 0 at the surface, so the initial conditions for the polytrope solutions are:

$$\begin{aligned} \xi &= 0 \\ \theta &= 1 \\ \frac{d\theta}{d\xi} &= 0 \end{aligned}$$

We started integration with a small arbitrary step size, but included a routine to modify the step size near  $\theta(\xi)$  to provide arbitrary precision for the location of the surface of the polytrope (defined as the radius at which the density (and therefore  $\theta$  goes to zero). If we detected that  $\theta(\xi) < 0$ , we backed up a step

<sup>1</sup>not to be confused with the relativistic  $\gamma$ -factor

<sup>2</sup>This is not the same as a typical adaptive-step integrator, which has a pre-defined range of integration and adjusts the step size based on the estimated error of each step

and halved the step size, continuing until the desired tolerance for the zero was reached<sup>2</sup>.

After obtaining a solution to the Lane-Emden equation, we used the degenerate equations of state to calculate the relationship between the mass and the radius of the star for both the completely non-relativistic polytrope and the completely relativistic (see Appendix). The relativistic solution should have a nearly constant solution at a limiting mass of approximately  $1.44M_{\odot}$ , known as the Chandrasekhar mass; the maximum mass that can be supported by electron degeneracy pressure.

Actual white dwarfs have a mixed equation of state, approaching a completely relativistic degenerate gas at the core, where densities are high, and completely non-relativistic at the surface where densities approach zero. We attempted a purely mathematical model of this mixed state equation using a bisection algorithm to find a combination constant that results in the radius going to zero at the Chandrasekhar mass.

### III. RESULTS

We obtained the following parameters for non-relativistic ( $n = 1.5$ ) and relativistic ( $n = 3$ ) polytropes using a Runge-Kutta scheme in Matlab:

**Table 1:** Solutions obtained with Runge-Kutta

$n$	$\xi_f$	$\theta'(\xi_f)$	$\rho_c/\langle\rho\rangle$
1.5	3.6838	-0.2033	5.9907
3	6.8968	-0.0424	54.1825

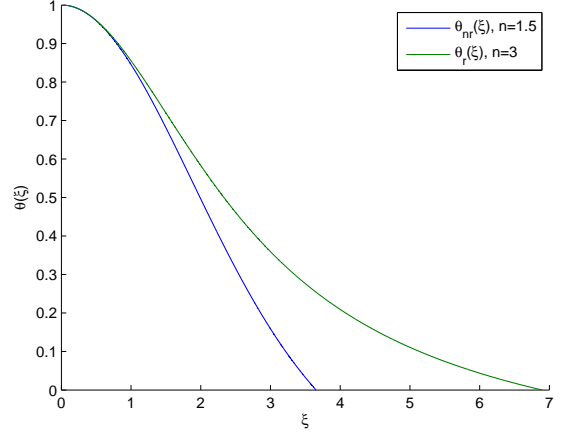
Compared with the parameters outlined in *Stellar Interiors*[3] any discrepancies can be attributed to rounding differences.

**Table 2:** Parameters for  $n = 1.5$  and  $n = 3$  polytropes[3, p.340]

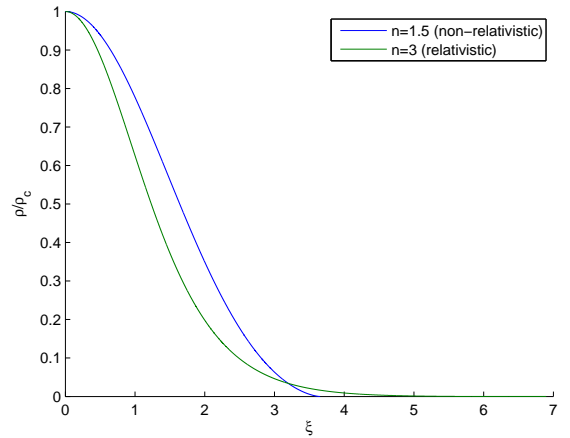
$n$	$\xi_f$	$\theta'(\xi_f)$	$\rho_c/\langle\rho\rangle$
1.5	3.6538	-0.20330	5.991
3	6.8969	-0.04243	54.1825

Plots

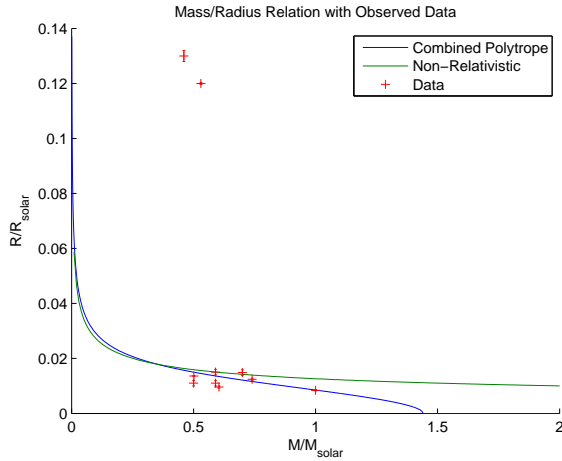
**Figure 1:** Plot of  $n = 1.5$  and  $n = 3$  polytropes



**Figure 2:** Density relation



**Figure 3:** Mass/radius relation for non-relativistic & combined pressures with data



## IV. DISCUSSION

## REFERENCES

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# Appendices

## A. DERIVATION OF THE LANE-EMDEN EQUATION[5, PP.176–179]

The Lane-Emden equation can be derived multiple ways; one way is from the equations for hydrostatic equilibrium and mass conservation:

$$\frac{dP(r)}{dr} = -\frac{\rho(r)GM(r)}{r^2} \quad (7)$$

$$dM(r) = 4\pi r^2 \rho(r) dr \rightarrow \frac{dM(r)}{dr} = 4\pi r^2 \rho(r) \quad (8)$$

where  $P(r)$  is the gas pressure as a function of radial distance from the center of the distribution,  $\rho(r)$  is the gas density,  $G$  is Newton's gravitational constant, and  $M(r)$  is the mass enclosed within a sphere of radius  $r$ .

These equations can be related by multiplying eq. 7 by  $r^2/\rho$ :

$$\frac{r^2}{\rho(r)} \frac{dP(r)}{dr} = -\frac{r^2}{\rho(r)} \frac{\rho(r)GM(r)}{r^2}$$

then differentiating with respect to  $r$ :

$$\frac{d}{dr} \left( \frac{r^2}{\rho(r)} \frac{dP(r)}{dr} \right) = -G \frac{dM(r)}{dr}$$

Substituting in eq. 8 we obtain Poisson's equation for gravitational potential:

$$\frac{1}{r^2} \frac{d}{dr} \left( \frac{r^2}{\rho(r)} \frac{dP(r)}{dr} \right) = -4\pi G \rho(r) \quad (9)$$

Now, using the polytropic state equation:

$$P = K \rho^{\frac{n+1}{n}} \quad (10)$$

where  $n$  is called the *polytropic index* and  $K$  is a constant, and defining a dimensionless function  $\theta(r)$ :

$$\rho(r) = \rho_c \theta^n(r) \quad (11)$$

where  $\rho_c$  is the central density of the star, we can rewrite the pressure as a function of  $\theta(r)$ :

$$P(r) = K \rho_c^{\frac{n+1}{n}} \theta^{n+1}(r) = P_c \theta^{n+1}(r)$$

where  $P_c = K \rho_c^{\frac{n+1}{n}}$  is the central pressure of the star. Substituting this into eq. 9:

$$K \rho_c^{\frac{n+1}{n}} \frac{1}{r^2} \frac{d}{dr} \left( \frac{r^2}{\rho_c \theta^n(r)} \frac{d\theta^{n+1}(r)}{dr} \right) = -4\pi G \rho_c \theta^n(r)$$

This can be simplified a bit by realizing that  $\frac{d\theta^{n+1}(r)}{dr} = (n+1)\theta^n(r) \frac{d\theta(r)}{dr}$ :

$$\frac{(n+1)P_c}{4\pi G \rho_c^2} \frac{1}{r^2} \frac{d}{dr} \left( r^2 \frac{d\theta(r)}{dr} \right) = -\theta^n(r) \quad (12)$$

Since we defined  $\theta(r)$  as a dimensionless function, this equation requires that  $\frac{(n+1)P_c}{4\pi G \rho_c^2}$  has the dimension of length squared. For further simplification, we can define a new variable  $\alpha$  that depends on the polytropic index  $n$ :

$$\alpha^2 = \frac{(n+1)P_c}{4\pi G \rho_c^2} \quad (13)$$

and a new dimensionless radius  $\xi$ :

$$\xi = \frac{r}{\alpha} \quad (14)$$

Substituting this  $\xi$  into eq. 12 we finally obtain the Lane-Emden equation:

$$\frac{1}{\xi^2} \frac{d}{d\xi} \left( \xi^2 \frac{d\theta(\xi)}{d\xi} \right) = -\theta^n(\xi) \quad (15)$$