

Problem 1

For positive real numbers x, y, z , prove the following inequality:

$$\frac{x+y}{x^2+y^2} + \frac{y+z}{y^2+z^2} + \frac{z+x}{z^2+x^2} \leq \frac{1}{x} + \frac{1}{y} + \frac{1}{z}$$

Problem 2

For positive real numbers a, b, c , assume that $a^2 + b^2 + c^2 = 3$. Prove the following inequality:

$$\frac{1}{a^2+2} + \frac{1}{b^2+2} + \frac{1}{c^2+2} \leq \frac{9}{(a+b+c)^2}$$

This question is pretty difficult; a hint is to try applying Cauchy-Schwarz in the denominator of the LHS.

Problem 1

Solution: The first issue is that we have squares in our LHS. We can get rid of these by using the QM-AM inequality.

$$\sqrt{\frac{x^2 + y^2}{2}} \geq \frac{x + y}{2} \implies x^2 + y^2 \geq \frac{(x + y)^2}{2} \implies \frac{1}{x^2 + y^2} \leq \frac{2}{(x + y)^2}$$

Applying this logic to the denominators of all our fractions on the LHS of our original inequality, we have:

$$\begin{aligned} \frac{x + y}{x^2 + y^2} + \frac{y + z}{y^2 + z^2} + \frac{z + x}{z^2 + x^2} &\leq \frac{2(x + y)}{(x + y)^2} + \frac{2(y + z)}{(y + x)^2} + \frac{2(z + x)}{(z + x)^2} \\ &= \frac{2}{x + y} + \frac{2}{y + z} + \frac{2}{z + x} \end{aligned} \quad (\text{QM-AM})$$

We can see that the inequality now looks like the sum of the reciprocal of three arithmetic means. We basically have two choices here: AM-GM or AM-HM. Since there are no square roots in our final RHS, intuitively we should try AM-HM first.

$$\frac{x + y}{2} \geq \frac{2}{\frac{1}{x} + \frac{1}{y}} \implies \frac{2}{x + y} \leq \frac{\frac{1}{x} + \frac{1}{y}}{2}$$

Again, we use the same logic on all three of our fractions.

$$\begin{aligned} \frac{2}{x + y} + \frac{2}{y + z} + \frac{2}{z + x} &\leq \frac{\frac{1}{x} + \frac{1}{y}}{2} + \frac{\frac{1}{y} + \frac{1}{z}}{2} + \frac{\frac{1}{z} + \frac{1}{x}}{2} \\ &= \frac{1}{x} + \frac{1}{y} + \frac{1}{z} \end{aligned} \quad (\text{AM-HM})$$

And we are done!

Problem 2

Solution: This problem is pretty difficult since the use of Cauchy Schwarz is a bit of a clever trick. We can start by rewriting our fractions in more suggestive way.

$$\begin{aligned} \frac{1}{a^2+2} + \frac{1}{b^2+2} + \frac{1}{c^2+2} \\ &= \frac{1}{(a^2+1^2+1^2)} + \frac{1}{(1^2+b^2+1^2)} + \frac{1}{(1^2+1^2+c^2)} \\ &= \frac{1^2+b^2+c^2}{(a^2+1^2+1^2)(1^2+b^2+c^2)} + \frac{a^2+1^2+c^2}{(1^2+b^2+1^2)(a^2+1^2+c^2)} + \frac{a^2+b^2+1}{(1^2+1^2+c^2)(a^2+b^2+1)} \end{aligned}$$

If we examine the first fraction's denominator, we can see that this is equal to $(\|u\|\|v\|)^2$ where $u = \langle a, 1, 1 \rangle$ and $v = \langle 1, b, c \rangle$. Then by Cauchy-Schwarz, we know that $(\|u\|\|v\|)^2 \geq |u \cdot v|^2$, so

$$(a^2+1^2+1^2)(1^2+b^2+c^2) \geq (a+b+c)^2$$

Similar logic applies for the other fractions. Substituting, we get:

$$\begin{aligned} \frac{1^2+b^2+c^2}{(a^2+1^2+1^2)(1^2+b^2+c^2)} + \frac{a^2+1^2+c^2}{(1^2+b^2+1^2)(a^2+1^2+c^2)} + \frac{a^2+b^2+1}{(1^2+1^2+c^2)(a^2+b^2+1)} \\ \leq \frac{1^2+b^2+c^2}{(a+b+c)^2} + \frac{a^2+1^2+c^2}{(a+b+c)^2} + \frac{a^2+b^2+1^2}{(a+b+c)^2} \\ = \frac{2(a^2+b^2+c^2)+3}{(a+b+c)^2} \\ = \frac{9}{(a+b+c)^2} \end{aligned}$$

Definitely a tough question, but we are done!