

# Emily R. Falzone

• emily\_falzone@URMC.rochester.edu

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## EDUCATION

**Nazareth College** | Rochester, NY

**May 2019**

*Masters' of Science in Creative Art Therapy*

**Alfred University** | Alfred, NY

**May 2017**

*Bachelor of Fine Arts* with a concentration in painting and fiber arts

- Minors in General Psychology and Art History

**LICENSURE:** New York State Mental Health Practitioner Provisional License Eligible for Creative Arts Therapy (LCAT)

**CERTIFICATION:** HIPAA (2020), NYS Child Abuse Training, CITI Program: Creative Arts Therapy (2021), Humanities Researchers (2022), Blood Borne Pathogen (2019),

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## CLINIC EXPERIENCE

**Western New York Comprehensive Care Center for Eating Disorders** | Rochester, NY

**Art Therapist/Creative Arts Technical Associate**

**Sept 2019-Current**

- Engaging with adolescent and adult patients hospitalized for different eating disorders including Anorexia Nervosa, Bulimia Nervosa, ARFID and Binge-Eating along with suicidal attempts
- Preparing and leading weekly group and/or individual sessions with patients as part of eating disorder hospital protocol
- Providing Telehealth art therapy sessions via phone and video calling to individuals struggling with relapse, isolation, depression and anxiety during the coronavirus pandemic
- Providing a safe space for self-expression while assisting the patient to develop insight into their eating disorder through the use of art therapy interventions
- Providing patients with coping skills and mindfulness art therapy interventions to help cope with hospital setting and eating disorder thoughts
- Record and document progress notes for all interactions and sessions to track patients' progress
- Working alongside different medical professionals to ensure patient's progress through weekly rounds to discuss patients' progress and discuss treatment plan

**Jewish Senior Life Art Therapy** | Rochester, NY

**Art Therapy Intern**

**Aug 2018 – May 2019**

- Engaged with residents living in an assigned living with different cognitive diagnosis including Dementia, Alzheimer's, stroke, traumatic brain injury and mild to severe memory difficulties
- Lead daily group art therapy sessions with a group of 20 or more residents, all with varying levels of cognitive functioning
- Provided one-on-one sessions with residents to relieve discomfort from life in assigned living with varying levels of cognitive functioning
- Recorded and documented progress/narrative notes to track resident's progress

**Nazareth College Art Therapy Clinic** | Rochester, NY

**Art Therapy Intern**

**Jan 2018 – May 2019**

- Engaged with clients in art therapy clinic under supervision to support client's social and emotional goals, along with self-exploration and overall wellness
- Worked as a co-therapist with different interdisciplinary with pre-school age children
- Assisted as co-therapist in weekly group therapy environment for family members
- Recorded and documented notes and scored assessments to reflect on client's progress

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## PROFESSIONAL DEVELOPMENT

*Art Therapy Service Learning Trip | Santiago, Dominican Republic*

**Art Therapist Volunteer**

**January 2019**

- Developed and lead art therapy workshop for mental health professionals from the area
- Prepared art therapy interventions and interacted with children ages 2-15 in different school settings
- Provided an outlet for creative self-expression for adolescents and adults with developmental delays in an orphan setting

*Camp Heart String | Rochester, NY*

**Art Therapist Volunteer**

**Summer 2018**

- Developed art therapy interventions geared towards processing grief and loss
- Assisted during group art therapy sessions for children and adolescents dealing with grief and loss

*Veterans' Outreach Center Art Therapy | Rochester, NY*

**Volunteer**

**Summer 2016**

- Prepared art supplies and canvases for group art therapy sessions
- Worked docent shifts at veterans' art gallery and assisted with First Friday events

### **Workshops/ Trainings:**

How Anxiety and Eating Disorders Brain Responses Inform Treatment | January 2020

Trauma-Informed Expressive Arts Therapy | March 2019

The ETC: Our Way of Being | October 2018

Reshaping Body Image | February 2018

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## ARTISTIC & TECHNICAL SKILLS

**Painting** Oil and water-based media; building stretcher bars; stretching and priming canvases,

**Drawing** Observational, still life and figural drawing

**Sculpture** Paper Mache, collage, soft sculpture, jewelry making, book binding, basic wooding

**Fiber** Knitting, crochet, quilting, hand sewing, basket weaving, weaving, hand embroidery

**Ceramics** Hand building, mold making, slip casting, basic wheel throwing, glazing, operating/firing gas and electric kilns, raku firing

**Glass** Basic glass blowing, casting, plaster mold making, cold working

**Photography** Film and digital photography, developing film, printing photos, digital photo editing

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## EXHIBITIONS & COLLECTIONS

**Solo Show** *Shapes: People, Place, Things* | Turner Gallery | February 2016

**Group Show** *Find Your Path* | Nazareth College Library | April 2019

*Rerouting: BFA Thesis Exhibition* | Harder Hall | May 2017

*Fiber Art Showcase* | Turner Gallery | February 2017

*Final Summer Term Art Show* | Santa Reparata International School of Art | June 2016

**Collections** *Powell* | Alfred University Permanent Collection

*Painted Woven Rug* | The Rogue Carrot

*Colors of Depression* | Odyssey Academy Art Collection