

Emily R. Falzone

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EDUCATION

Nazareth College | Rochester, NY

May 2019

Masters' of Science in Creative Art Therapy

Alfred University | Alfred, NY

May 2017

Bachelor of Fine Arts with a concentration in painting and fiber arts

- Minors in General Psychology and Art History

LICENSURE: New York State Mental Health Practitioner Provisional License Eligible for Creative Arts Therapy (LCAT)

CERTIFICATION: HIPAA (2020) • NYS Child Abuse Training, CITI Program (2021) • Humanities Researchers (2022) • Blood Borne Pathogen (2020) • Columbia-Suicide Severity Rate scale(CSSRS) • Temporary Certified Nursing Assistant (Temporary during the Coronavirus pandemic)

CLINIC EXPERIENCE

Western New York Comprehensive Care Center for Eating Disorders | Rochester, NY

Art Therapist/Creative Arts Technical Associate

Sept 2019-Current

- Engaging with adolescent and adult patients hospitalized for different eating disorders including Anorexia Nervosa, Bulimia Nervosa, ARFID and Binge-Eating along with suicidal attempts
- Conducting weekly group or individual sessions with patients as part of hospital protocol
- Providing Telehealth art therapy sessions via phone and video calling to individuals struggling with relapse, isolation, depression and anxiety during the coronavirus pandemic
- Developing a safe space for self-expression while assisting the patient to develop insight into their eating disorder through the use of interventions
- Providing patients with coping skills and mindfulness art therapy interventions to help cope with hospital setting and eating disorder thoughts
- Administering art therapy assessments (DAPR, PPAT, KFD) to establish baseline for patient
- Record and document progress notes for all interactions and sessions to track patients' progress
- Working alongside different medical professionals to ensure patient's progress through weekly rounds to discuss patients' progress and discuss treatment plan

Nazareth College Art Therapy Clinic | Rochester, NY

Art Therapy Intern

Jan 2018 – May 2019

- Planned and conducted weekly art therapy session with individual clients ranging from ages two to forty-five with anxiety, depression, gender-dysphoria, intelligence disorders and ADHD
- Engaged with clients in art therapy clinic under supervision to support client's social and emotional goals, along with self-exploration and overall wellness
- Collaborated as a co-therapist with speech language pathology, occupational therapist and physical therapist with a group of pre-school age children for emotional development
- Conducted weekly family sessions with a nuclear family dealing grief and loss
- Administered art therapy assessments (PPAT, KFD, SDT) to develop a baseline for client
- Recorded and documented notes and scored assessments to reflect on client's progress

Jewish Senior Life Art Therapy | Rochester, NY

Art Therapy Intern

Aug 2018 – May 2019

- Engaged with residents living in an assigned living with different cognitive diagnosis including Dementia, Alzheimer's, stroke, traumatic brain injury and mild to severe memory difficulties
- Lead daily group art therapy sessions with a group of 20 or more residents, all with varying levels of cognitive functioning
- Provided one-on-one sessions with residents to relieve discomfort from life in assigned living with varying levels of cognitive functioning
- Recorded and documented progress/narrative notes to track resident's progress

PROFESSIONAL DEVELOPMENT

Art Therapy Service Learning Trip | Santiago, Dominican Republic

Art Therapist Volunteer

January 2019

- Presented art therapy workshop for mental health professionals from the area
- Prepared art therapy interventions and interacted with children ages 2-15 in different school settings
- Provided an outlet for creative self-expression for adolescents and adults with developmental delays in an orphan setting

Camp Heart String | Rochester, NY

Art Therapist Volunteer

Summer 2018

- Developed art therapy interventions geared towards processing grief and loss
- Assisted during group art therapy sessions for children and adolescents dealing with grief and loss

Veterans' Outreach Center Art Therapy | Rochester, NY

Volunteer

Summer 2016

- Interacted with art therapy clients during gallery shows
- Prepared art supplies and canvases for group art therapy sessions
- Worked docent shifts at veterans' art gallery and assisted with First Friday events

Workshops/ Trainings:

How Anxiety and Eating Disorders Brain Responses Inform Treatment | January 2020

Trauma-Informed Expressive Arts Therapy | March 2019

The ETC: Our Way of Being | October 2018

Reshaping Body Image: Tape Sculpture as an Art Based Social Justice | February 2018

ARTISTIC & TECHNICAL SKILLS

Painting Oil and water-based media; building stretcher bars; stretching and priming canvases,

Drawing Observational, still life and figural drawing

Sculpture Paper Mache, collage, soft sculpture, jewelry making, book binding, basic wooding

Fiber Knitting, crochet, quilting, hand sewing, basket weaving, weaving, hand embroidery

Ceramics Hand building, mold making, slip casting, basic wheel throwing, glazing, operating/firing gas and electric kilns, raku firing

Glass Basic glass blowing, casting, plaster mold making, cold working

Photography Film and digital photography, developing film, printing photos, digital photo editing