

Physical and Neurological Examination:

General condition: Good, vital signs stable.

Cranial nerve examination: Normal.

Motor examination: Muscle strength normal, but mild numbness and paresthesia are present in peripheral areas (hands and feet).

Sensory examination: Mild superficial sensory loss observed.

Reflexes: Deep tendon reflexes normoactive. Babinski sign negative.

Coordination and balance: Mild ataxia present, but no significant imbalance detected.

Preliminary Diagnoses:

Migraine

Peripheral neuropathy

Multiple Sclerosis (differential diagnosis recommended)

Tests:

Brain MRI: Detailed evaluation of brain and cranial structures recommended.

Blood Tests: Vitamin B12, folate, thyroid function tests, glucose, and electrolyte levels to be checked.

EMG: Peripheral nerve conduction studies recommended.

Treatment and Recommendations:

Symptomatic treatment: An appropriate analgesic or triptan prescribed for migraine attacks.

Neurological medication (e.g., pregabalin) considered for numbness and dizziness.

Stress avoidance and establishment of regular sleep habits advised.
Additional treatment plan to be determined based on test results.

Follow-up:
The patient is scheduled for reevaluation in 2 weeks with the test results.

Physician's Name: [Doctor's Name]
Specialization: Neurology