

To address *Tensions*, people **request information**, share information, request projects or actions, and ask the Circle Lead to update the roles. The result of the meeting is new *Projects, Actions, Changes to Roles*, and new *Tensions*.

Requesting information

Ask for information, opinions, data, or advice to help you get clarity.
Avoid seeking buy-in, agreement or consensus. If concerned, ask,

"Does anyone see harm in _____?" or

"In my role as _____, I intend to _____. Are there any objections?"

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Sharing information

Announce or share anything you think another role or the circle needs to know.