



JANA EFREMOVA

Scientist

ABOUT ME

Multidisciplinary doctoral researcher with experience in scientific writing, scientific illustrations, and academic research in the health, life, and chemical sciences. I have a passion for communicating science to both scientific and broader audiences through research articles, book chapters, and informative articles. I approach my work with a proactive, creative, and fast-paced attitude, and I am proficient in critically analyzing and summarizing scientific literature. I am driven by my curiosity to keep abreast of the latest developments in life science and enthusiastically share the newest findings with others.

janaefremova@gmail.com

+49 178 69 44 675



FOLLOW ME

- <https://efremova.netlify.app/>
- www.linkedin.com/in/janaefremova/
- www.twitter.com/Jana91205020
- www.researchgate.net/profile/Jana-Efremova

LANGUAGES

ENGLISH	SPANISH	ITALIAN
C2	C2	C2
GERMAN	RUSSIAN	
native	A2	



WORK EXPERIENCE

- 2019-2023 ○ **DOCTORAL RESEARCHER**
Stazione Zoologica Anton Dohrn, Naples (Italy)
Conducting environmental research, performing statistical analysis on experimental data, and reviewing scientific literature. Contributed scientific texts and illustrations provided to a book chapter in Methods in Molecular Biology by Springer. I currently have research articles in the publication process. Design of scientific illustrations and graphical abstracts can be viewed on my website: <https://efremova.netlify.app/#science-communication>
- 2017-2018 ○ **CONTENT WRITER**
Mediasana, Mainz (Germany)
I proposed and authored nutrition and health-related articles remotely. My writing style was tailored to meet the individual requirements of a diverse range of clients.
- 2015-2016 ○ **UNIVERSITY RESEARCH ASSISTANT**
Friedrich-Schiller-Universität Jena (Germany)
I conducted laboratory work in the fields of molecular biology and cell biology at the Center for Molecular Biomedicine (CMB), the laboratory for Immunology.
- 2016 ○ **LAB DEMONSTRATOR, TEACHING AID**
Friedrich-Schiller-Universität Jena (Germany)
I supervised a biochemistry course for students.
- 2011-2013 ○ **CALL CENTER AGENT**
Bfs Baur Fulfilment Solutions, Burgkunstadt (Germany)
Phone customer service (outbound).



EDUCATION

- 2019-2023 ○ **PhD LIFE, HEALTH and CHEMICAL SCIENCES**
Stazione Zoologica Anton Dohrn, Naples (Italy), Open University (UK)
- 2016-2019 ○ **Master of Science: BIOCHEMISTRY**
Friedrich-Schiller-Universität Jena (Germany)
Final Grade 1.3 (Distinction / A)
- 2013-2016 ○ **Bachelor of Science: NUTRITIONAL SCIENCES**
Friedrich-Schiller-Universität Jena (Germany)
Final Grade 1.5 (Distinction / A)



GRANTS & AWARDS

- | | | |
|-------------|------------------------------|-------|
| 2017-2020 ○ | EuroMarine-EMBRC | €5000 |
| | Santander Scholarship | €1250 |
| | Deutschlandstipendium | €3600 |
| | Erasmus+ | €3600 |



CONFERENCE TALKS

- 2022 ○ **ESCPB** (European Society for Comparative Physiology and Biochemistry)
- 2018 ○ **SISBNP** (Sino-Italian symposium on Bioactive Natural Products)



SKILLS

- | | | | |
|---|-----------|---|-----------|
| Scientific Writing | ● ● ● ● ● | Data Analyses & Visualization | ● ● ● ● ○ |
| Scientific Illustration:
Illustrator, Photoshop, Biorender | ● ● ● ○ ○ | Multidisciplinary collaboration
and teamwork | ● ● ● ● ● |
| Presentational Skills | ● ● ● ● ● | Microsoft Office Suite | ● ● ● ● ● |