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Participant Report Form – Call 2018 – KA1 – Learning Mobility of Individuals – Student mobility for studies in higher education

Fields marked with * are mandatory.



Document code: EP-KA1-HE-Studies-2018

1 Purpose of the participant report

This final report on your mobility experience will provide the EU's Erasmus+ Programme with valuable information which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 45/2001 of the European Parliament and of the Council of 18 December 2000 on the protection of individuals with regard to the processing of personal data by the European Union institutions and bodies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in Specific Privacy statement (http://ec.europa.eu/dgs/education culture/calls/dpo-mobility-tool en.htm).

Please make sure you have the information of your Learning Agreement, Grant Agreement and Transcript of Records (if applicable) with you BEFORE you start filling in this report.

The term "course" used in this participant report should be understood as meaning the more general term "educational component" used in the Learning Agreement.

2 Identification of the Participant and General Information

*2.1 First and last name:

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Ernesto Gerardo De La Cruz Valle

2.2 Mobility start date

The date on which your mobility activity started, provided for information only	y. Should this date be incorrect, please contact the person
responsible for management of your mobility to correct this date.	

01/09/2018

2.3 Mobility end date

The date on which your mobility activity ended, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

15/01/2019

*2.4 Email address, where I can be contacted in the future

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Please correct this email address if necessary.

netoxas3107@hotmail.com

- *2.5 Was the mobility period abroad a mandatory part of your curriculum?
 - Yes
 - No
- *2.6 What were your main motivations for studying abroad?

Multiple answers are possible.

- To experience different learning contents/curricula
- ✓ To learn/improve a foreign language
- To develop soft skills, such as adaptability, problem solving, curiosity, etc.
- To enhance my future employability in my home country
- To enhance my future employability abroad
- To experience different learning and teaching practices
- To follow a study programme in a foreign language
- To live abroad and to meet new people
- To gain knowledge of another country
- To build up a personal and professional network
- *2.7 What were your additional motivational factors for studying abroad?

Multiple answers are possible.

- The length of the study period abroad was appropriate
- The possibility to receive an Erasmus+ grant
- The quality of the receiving institution
- A good alignment of the courses abroad with the curriculum at the sending institution
- Available support in finding accommodation
- *2.8 How did you find out about the possibility to study abroad with the Erasmus+ Programme?

Multiple answers are possible.

- Website of the sending institution
- Academic staff at the sending institution

2010				Localvey - Carvey						
	 Administrative staff at the sending institution Fellow students Friends Erasmus+ Student and Alumni Association Online search Information event 									
*2	9 Are you planning to take	e part in Era	asmus+ mob	pility again?						
	Yes									
	NoUndecided									
_										
3 (Overall Satisfaction	<u>1</u>								
*3	*3.1 How satisfied are you with your Erasmus+ mobility experience in general? Very satisfied Rather satisfied Neither satisfied nor dissatisfied Rather dissatisfied Very dissatisfied Very dissatisfied *3.2 Would you recommend this experience to another student?									
	YesNo									
40	Quality of Studies									
4	1 Were you satisfied with	the quality	of learning a	and teaching at the re	ceiving institut	ion?				
		Very satisfie d	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfie d	Very dissatisfi ed	Not applica ble			
	*The quality of content									

	Very satisfie d	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfie d	Very dissatisfi ed	Not applica ble
*The quality of content of courses	•	0	0	0	0	0
*The quality of teaching methods		•	0	0		
*The degree of learning support received	•	0	0	0	0	0

^{*4.2} Did you gain knowledge and skills that you would not have gained in your sending institution?

Yes
No
I don't know

4.3 What were the criteria for you to choose your receiving institution?

	Very Important	Impor tant	No opinion	Less important	Not important
*Learning offer	0	0	•		0
*Reputation/rankings	0	0	•		0
*Facilities and services for international students	0	0	•	0	0
*Feedback from Erasmus+ alumni	0	•			0
*Language	•	0			0
*Country	•	0			0
*City and culture	•	0			0
*Social life	•	0			0
Other	0	0	0	0	•

4	4.4 If other, please specify					

5 Academic Recognition

*5.1 Was your Learning Agreement signed by all parties before the start of the mobility?

Learning Agreement: a binding agreement between the student, the sending and the receiving institution, including a group of educational components that the student needs to complete at the receiving institution and that will be recognised by the sending institution upon his/her return from the mobility period

- Yes, all parties signed it before the start
- No, some parties signed it after the start
- The learning agreement was never signed
- *5.3 Was your Learning Agreement changed during your mobility period?
 - Yes
 - No
- *5.4 If yes, why was it changed?

Multiple answers are possible.

- I extended my stay abroad
- The courses I selected initially were not available

 The courses I selected initially were in a different language than foreseen in the course catalogue or the language was not specified in the course catalogue I decided to change the courses initially selected The receiving institution required some changes Conflicts in the timetable Other
*5.6 Did you manage to agree on the changes with the sending and receiving institutions within seven weeks from the start of the semester? Yes
No
*5.7 Did you successfully complete all the educational components at the Receiving Institution as specified in the final version of the Learning Agreement (Table A and, if applicable, A2 of the official template)? Yes No
*5.10 Is the recognition process for your mobility period finalised?
Yes, the process is finalised
 No, the recognition process is still on-going
*5.11 Did you gain or do you expect to gain academic recognition from your sending institution for your period abroad? Following successful completion of the components described in Table A (i.e. study programme at the receiving institution) of the Learning Agreement, the Sending institution: • Full recognition: recognises all the credits specified in the table B (i.e. recognition at the sending institution) of the final version of the Learning Agreement, without the need to take any further courses or exams. • Partial recognition: does not recognise some of the credits specified in the table B (recognition at the sending institution) of the final version of the Learning Agreement. • No recognition: does not recognise any of the credits specified in the table B (recognition at the sending institution) of the final version of the Learning Agreement.
Full recognition Partial recognition
Partial recognitionNo recognition
*5.17 Were ECTS credits used in the Learning Agreement? ECTS - European Credit Transfer and Accumulation System Yes No
*5.18 Total number of ECTS credits that were specified in the final version of the Learning Agreement as counting towards your degree (Table B and, if applicable, B2 of the official template). Only values of at most 99 are allowed
ECTS - European Credit Transfer and Accumulation System
27 ECTS credits

*5.19 Total number of ECTS credits final	y recognised by the sending	institution after the	e mobility (Table D of
the official Learning Agreement template).		

Only values of at most 99 are allowed

ECTS - European Credit Transfer and Accumulation System	
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24 ECTS credits

- *5.20 Please indicate the type of educational components at the sending institution as specified in the final version of the Learning Agreement (Table B and, if applicable, B2 of the official template)
 - Mostly optional/elective courses
 - Mostly core/compulsory courses
 - A balance between optional/elective and core/compulsory courses
 - Mobility window (a period of time reserved for mobility that is recognised as an integral part of your degree programme)
 - Other
- *5.22 Did the sending institution make the information available on how the grades awarded at the receiving institution would be converted upon return to your sending institution?
 - Yes, before the mobility
 - Yes, upon return
 - No
 - I have not checked
- 5.23 Do you think the grade conversion by the sending institution of the grades obtained at the receiving institution was...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree	Not applicable
*Transp arent	•	0	0	0	0	0
*Objecti ve	•	0	0	0	0	0
*Fair	•	0	0	0	0	0

^{*5.24} Did you receive or do you expect to receive the Transcript of Records (Table C of the official template or equivalent) from the receiving institution within five weeks after publication/proclamation of your results at the receiving institution?

- Yes
- No

6 Foreign Language Skills and Linguistic Support

*6.1 What was the main language used by your professors?

	English
(3 Do you feel you have improved your skills in this language during your stay abroad? Yes No, I was already fluent No
*6.	4 Did you take advantage of any linguistic support in learning this main teaching language? ○ Yes ○ No
Mu	11 Why didn't you take advantage of linguistic support? I did not ask for it I did not need it because my knowledge of the foreign language was adequate I did not have time The sending/receiving institutions did not provide it to me Other
(13 While staying abroad, did you improve your competence in other languages besides the main one used? Yes No

7 Personal Development

7.1 Through my stay abroad with Erasmus+, I learned better how to...

	Stron gly agree	Rat her agree	Neither agree nor disagree	Rathe r disagre e	Strongl y disagre e
*think logically and draw conclusions (analytical skills)	•	0	0	0	0
*find solutions in difficult or challenging contexts (problem-solving skills)	•	0	0		0
*plan and carry out my learning independently	•	0	0		0
*use the internet, social media and PCs , e.g. for my studies, work and personal activities	•	0	0	0	0
*develop an idea and put it into practice	•			0	0

*see the value of different cultures	•		0		
*cooperate in teams	•		0		
*plan and organise tasks and activities	•	0	0	0	
*express myself creatively	•	0	0	0	0

7.2 After having taken part in this mobility activity...

	Stro ngly agree	Rat her agre e	Neither agree nor disagree	Rath er disagr ee	Stron gly disagre e
*I am more confident and convinced of my abilities	•	0	0	0	0
*I know better my strengths and weaknesses	•	0		0	0
*I am more able to adapt to and act in new situations	•	0	0		0
*I am more able to think and analyse information critically	•		0		
*I am more tolerant towards other persons' values and behaviour	•		0		
*I am more open-minded and curious about new challenges	•		0		
*I intend to participate more actively in social and political life of my community			•		
*I am more interested in knowing what happens in the world daily	•	0	0		
*I am more able to reach decisions	•			0	0
*I am more able to cooperate with people from other backgrounds and cultures	•	0	0		
*I am more interested in European topics	•	0		0	0
*I feel more European	0	•	0	0	0
*I am more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights	0	•	0	0	0
*I have increased my sector- or field-specific skills	•	0	0		0

8 Future Prospects of Education, Training and Work

8.1 Thanks to this stay abroad with Erasmus+...

	Stron gly agree	Rat her agree	Neither agree nor disagree	Rathe r disagre e	Strongl y disagre e
*I believe that my chances to get a new or better job have increased		•	0	0	0
*I have a clearer idea about my professional career aspirations and goals	•	0	0		0
*I have better opportunities for traineeships or student jobs in my home country		•	0	0	0
*I am better capable of taking over work tasks with high responsibility after my stay abroad	•	0	0	0	0

8.2 How has the stay abroad changed the way you see your future work?

	Stron gly agree	Rat her agree	Neither agree nor disagree	Rathe r disagre e	Strongl y disagre e
*I can easily imagine working abroad at some point in the future			•		
*I can easily imagine working in the country where I did my Erasmus+ period in the future	•	0	0	0	0
*I would like to work in an international context	•	0	0	0	0

*8.3 Did :	you participate	e in any activity	y during you	r stay abroa	id that has	led to an	ınnovative į	product or
discovery	?							

- Yes
- No
- I don't know

9 Practical and Organisational Arrangements

- *9.1 Was the selection procedure at your sending institution fair and transparent?
 - Yes
 - No

Unable to judge

9.2 How satisfied were you with the support provided by your sending institution?

	Very satisfi ed	Rather satisfie d	Neither satisfied nor dissatisfied	Rather dissatisfie d	Very dissatisfi ed	Not applica ble
*Administrative support arrangement	•	0	0	0	0	0
*Academic mentoring	•	0	0			0
*Support from student initiatives/organisations	•	0	0	0	0	0
*Help with personal needs and problems	•	0	0	0	0	0

*9.3 Was the receiving institution's course catalogue...

Course catalogue: regular guide for all students attending the institution, including information about the qualifications offered, the teaching, learning and assessment procedures, the level of programmes, the single educational components and the learning resources available to students

Learning Agreement: a binding agreement between the student, the sending and the receiving institution, including a list of courses that the student needs to complete at the receiving institution and that will be recognised by the sending institution upon his/her return from the mobility period

ECTS – European Credit Transfer and Accumulation System Multiple answers are possible.

- ✓ ECTS-based?
- Published on the website of the receiving institution?
- Complete? (all needed information to make your choices was available, including language of instruction and grade distribution)
- Up to date? (there were no changes in the courses you had chosen during your stay in the receiving institution)
- Available in time to prepare your Learning Agreement?
- Available in a widely spoken international language?

9.4 How satisfied were you with the support arrangements provided by your receiving institution?

	Very satisfi ed	Rather satisfie d	Neither satisfied nor dissatisfied	Rather dissatisfie d	Very dissatisfi ed	Not applica ble
*Administrative support arrangement	•	0	0	0	0	0
*Academic mentoring	•	0	0	0	0	0
*Support from student initiatives/organisations	•	0	0	0	0	0
*Help with personal needs and problems	•	0	0	0	0	0

	Ver y satisf ied	Rath er satisfi ed	Neither satisfied nor dissatisfied	Rather dissatisf ied	Very dissati sfied	I did not request assistance related t visa issues	
*provided by your sending institution?		0		•	0		
*provided by your receiving institution?	0	0	•	0	0		
' How satisfied we	ere you with	n assistand	ce related to insura	ance issues	?		
	Ver y satisf	Rath er satisfi	Neither satisfied nor dissatisfied	Rathe r dissatis	Very dissati sfied	I did not request assistance related to insurance issues	
	ied	ed	dissatistied	fied	Sileu	insurance issues	
*provided by your sending institution?		ed	dissatistied	fied	Sileu	insurance issues	
your sending	ied						
your sending institution? *provided by your receiving institution?	nent ensure	ed by your	receiving institution	on during yo	our particip	ation in the programme?	

	Very good	Go od	Fa ir	Po or	Very poor	Not applicable
*In the everyday life of your receiving institution	•		0	0	0	0
*With local students	•		0			
*With other Erasmus+ / international students	•		0	0	0	0

*With the local community	•					
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- *9.11 Did you take part in any volunteering activity while studying abroad with the Erasmus+ Programme? ECTS - European Credit Transfer and Accumulation System
 - Yes, and I received ECTS credits for it
 - Yes, but I received no ECTS credits for it
 - No
- *9.12 How satisfied were you with the way the receiving institution dealt with any questions, complaints or problems that may have come up during your participation in the programme?
 - Very satisfied
 - Rather satisfied
 - Neither satisfied nor dissatisfied
 - Rather dissatisfied
 - Very dissatisfied
- *9.13 If you answered any of the questions in this section with no (selection procedure), rather dissatisfied, very dissatisfied, poor or very poor, please explain.

I did't get any help regarding visa procedures. I had to find out every step that I needed to do to get it. They said that it would be too complicated to help each student with it, because it is different for each nationality.

10 Accommodation and Infrastructure

- *10.1 How satisfied were you with the guidance you received from the receiving institution on how to find accommodation?
 - Very satisfied
 - Rather satisfied
 - Neither satisfied nor dissatisfied
 - Rather dissatisfied
 - Very dissatisfied
 - Not applicable
- *10.2 How satisfied were you with your accommodation?
 - Very satisfied
 - Rather satisfied
 - Neither satisfied nor dissatisfied
 - Rather dissatisfied
 - Very dissatisfied
 - 10.3 How would you rate the facilities for students at the receiving institution?

	Very good	Goo d	Fa ir	Po or	Very poor	Not applicable
Classrooms		•	0	0	0	0
Study rooms, labs or similar	•	0	0		0	0
Libraries	•	0	0		0	0
Access to PCs	•	0	0		0	0
Access to Internet	•	0	0		0	0
Cafeteria / canteen		•				0
Access to existing research (publications)	0	•	0	0	0	0

11 Costs
*11.1 Did you receive an Erasmus+ grant from EU funds?
Yes
○ No
*11.2 What was the amount of your monthly Erasmus+ grant as written in your grant agreement?
Only values of at most 999 are allowed
360 EUR/month
*11.3 Did you receive the payments on time, in line with the dates mentioned in your grant agreement? Yes No
*11.5 Did you have other sources of funding?
○ Yes
No
*11.8 What was your average cost (accommodation and subsistence) per month during your period abroad (EUR)?

*11.9 To what extent did the Erasmus+ grant (EU funds only) cover your overall expenses related to your mobility period?

0-25%

600 EUR/month

Only values of at most 9999 are allowed

_0.0	Eddarvey darvey
26-50%	
51-75%	
76-100%	
*11.10 Would y	ou have gone on the Erasmus+ stay abroad if you had not received an Erasmus+ grant?
Yes	
Maybe	
O No	
*11 11 Did you	have to pay any kind of fees in the receiving institution?
Yes	have to pay any kind of fees in the receiving institution:
No	
U NO	
* 11.15 How mu	uch did you pay approximately for your travel to and from your receiving institution? Please
indicate the prid	ce for one return journey.
Only values of	f at most 9999 are allowed
90 EUR/on	e return journey
12 Conclus	sions, Comments and Recommendations
12 00110100	none, commonto ana recommentada en c
12.1 If you wie	sh, please give any additional information, observations, comments or recommendations that
-	for students wishing to go abroad, for your sending and receiving higher education institutions,
-	by or the European Commission in view of improving the Erasmus+ student mobility action.
rvational / tgene	y of the European Commission in view of improving the Erasmas' stadent mobility action.
13 Publicat	tion and Usage Rights of the Information and of the Email Address
^	g to help future Erasmus+ participants based on my experience. They can contact me at my
email address.	
Yes	
O No	
*13.2 Lagroo th	hat (parts of) this report can be published and made available to the general public.
•	my name and email address
	•
	anonymised (no name and no email address)
O No	
*13.3 Lagree #	hat my email address will be used later to contact me for further studies related to the content of

this final report or regarding the Erasmus+ programme and EU issues.

Yes

No

- *13.4 I authorise the European Commission to share my personal data (first and last name, email address) and mobility-related data (the names of my sending and receiving institutions) with the Erasmus+ Student and Alumni Alliance (ESAA web link: http://www.esaa-eu.org (http://www.esaa-eu.org)) for information on professional, volunteering and networking opportunities with other Erasmus+ students and alumni.
 - I agree
 - I do not agree

Contact

http://ec.europa.eu/programmes/erasmus-plus/contact/national-agencies_en (Questions and support – Erasmus+ National Agencies)