

# Benjamin Egan

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## EDUCATION

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### Wake Forest University

Master of Arts (M.A.) in Psychology  
Advisor: Dr. Lisa Kiang

Winston-Salem, NC  
Expected 2025

### College of William & Mary

Bachelor of Science (B.S.) in Psychology *magna cum laude*

Williamsburg, VA  
2023

### University of Colorado

College of Liberal Arts and Sciences, Psychology Major

Boulder, CO  
2019 – 2020

### The Westminster Schools (High School)

Graduated

Atlanta, GA  
May 2019

## RESEARCH INTERESTS

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- Adolescent mental health
- Emotion regulation in toddlers
- Cross-cultural adolescent decision making in the family context
- Predictors and moderators of college adjustment

## RESEARCH EXPERIENCE

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### Graduate Research Projects

#### Wake Forest University

Winston-Salem, NC  
August 2023 – Present

#### *Effects of Daily Parental Communication on Adjustment to College*

- Defining daily adjustment in college utilizing a daily diary methodology
- Examining potential relationships between college students' communication with parents and adjustment
- Determining any moderating role of parent-child relationships
- Data collection planned for Spring 2024

#### *Adolescent Decision Making within the Family Context*

- Worked with Duke University's Parenting Across Cultures Project, a prospective and multi-cultural longitudinal study of families
- Examined the trajectories of family decision making, impacts of family decision making on well being, and the effects of culture as a moderator on family decision making and well-being

### RISE (Research in Stress and Emotion) Lab

#### College of William & Mary

Williamsburg, VA

#### *Lead Research Assistant*

August 2022 – May 2023

- Served as a member of the RISE Lab leadership team
- Led interview transcription team
- Trained, coordinated, and supervised undergraduate research assistants in data collection procedures
- Served as the lab's lead parent interviewer, collecting data and supervising undergraduates

- Served as point person, as needed, to open and close study sessions, resolve data collection issues, coordinate participants, and deliver payment to participants
- Met weekly with lab leadership team, and attended data collection and transcription meetings

**Research Assistant** (Full-time)

Summer 2022

- Awarded Charles Center Summer Research Grant
- Conducted parent interviews to examine parental stressors, parent-child relationships, and parenting strategies relating to emotions
- Facilitated parent-child interaction tasks between parents and their 12- to 35-month-old children
- Coded data for Children's Interview for Psychiatric Syndromes (ChIPS) transcripts
- Attended weekly team meetings to discuss participant recruitment and data collection
- Participated in weekly professional development sessions

**Research Assistant**

Spring 2022

- Coded data for Children's Interview for Psychiatric Syndromes (ChIPS) transcripts
- Attended weekly team meetings to discuss current and ongoing projects

**Department of Psychological Sciences' Forensic Psychology: Legal and Ethical Practice**  
**College of William & Mary**

Williamsburg, VA

**Student Research Assistant**

January 2023 – May 2023

- Conducted directed research under Dr. Sarah W. Bisconer, Adjunct Associate Professor and Independent Medical Examiner for the Supreme Court of Virginia
- Research work included weekly visits to Eastern State Hospital to meet with patients ordered to court for civil and criminal Temporary Detention Orders, Recommitment Orders, Change of Legal Status Orders, and Not Guilty by Reason of Insanity Privilege Revocation Orders, attended court hearings, reviewed medical records, consulted with treatment team, assessed patients, and completed clinical documentation in preparation for court hearings

## PROFESSIONAL PRESENTATIONS

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- **Egan, B.,** Cole, V., Kiang, L. (May 2025) Changes in Family Decision Making and Associations with Adolescents' Internalizing and Externalizing Symptoms. Society for Research in Child Development.
- **Egan, B.,** Kiang, L. (May 2024) Changes in Family Decision Making and Associations with Adolescents' Internalizing and Externalizing Symptoms. Wake Forest University's First Year Graduate Student Symposium.
- Benack, A., **Egan, B.,** & Jones, J. (September 2022) Stress, Parenting, and Toddlers' Self-Regulation Skills. College of William & Mary's Undergraduate Research Symposium.

## TEACHING EXPERIENCE

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**Wake Forest University, Department of Psychology**

Winston-Salem, NC

**Teaching Assistant**

August 2023 – Present

Research Methods in Psychology II (Psy 312)

- Lead weekly lab sessions
- Facilitate class discussions
- Create, publish, and update course webpage containing current course content and information
- Assist students in understanding concepts from weekly lectures
- Provide additional individualized instruction on course content and core concepts
- Create, grade, and provide feedback on exams, assignments, and papers

## ADDITIONAL WORK EXPERIENCE

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### **College of William & Mary Department of Residence Life**

Williamsburg, VA  
Fall 2022 – Spring 2023

#### *Head Resident*

- Advised 8 Resident Assistants and residence halls within assigned area
- Planned community development initiatives
- Organized in-service training and building/area initiatives
- Assisted the Area Director in the administration and management of assigned area
- Enforced policies and confronted inappropriate behavior in the assigned area
- Organized and managed the duty office; created and maintained duty schedules for assigned area
- Served as a resource, referral, and communication agent for staff and residents
- Responded and provided assistance during crises and emergencies

#### *Resident Assistant*

Fall 2021 – Spring 2022

- Planned and organized educational and social initiatives for the residence hall
- Conducted hall meetings, educated residents, and mediated conflicts
- Responsible for identifying, correcting, and reporting safety and security issues
- Served as a resource and liaison between residents and the college

### **Camp Barney Medintz**

Cleveland, GA  
Summer 2021, 2023

#### *Head Staff*

- Supervised 15 staff members for two four-week sessions at residential summer camp
- Worked with Camper Care Team to provide mental health services to campers
- Responsible for the safety and well-being of 15 staff members and 90 campers
- Created and implemented daily programming designed to foster cohesiveness
- Created and implemented weekly camp-wide programming
- Supervised and managed campers, staff, and programs
- Served as liaison between parents and administration to address parent concerns and issues

#### *Camp Counselor*

Summer 2018, 2019

- Responsible for the safety and well-being of cabin of 8-10 campers for two four-week sessions at residential summer camp

### **Northside Youth Organization**

Atlanta, GA  
2017 – 2019

#### *Baseball Umpire*

### **Westminster Summer Day Camp (Atlanta, GA)**

Summer 2017

#### *Camp Counselor*

## VOLUNTEER EXPERIENCE

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### **Camp Kudzu, Inc. (non-profit educating and empowering children with Type 1 Diabetes)**

Rutledge, GA  
Summer 2022 - 2024

#### *Volunteer Residential Camp Counselor*

- Responsible for the safety and well-being of cabin of teenage campers living with juvenile diabetes at multiple one-week overnight sessions; Assisted campers and medical staff in managing and tracking campers' diabetes

### **University of Colorado**

Boulder, CO  
2020

#### *Concert Band Musician (Trumpet)*

## **GRANTS / AWARDS / HONOR SOCIETIES**

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- Awarded Charles Center Summer Research Grant (Summer 2022)
- Dean's List, College of William & Mary (Fall 2020, Spring 2021, Fall 2021, Fall 2022)
- Dean's List, College of Arts and Sciences, University of Colorado (Fall 2019)
- Psi Chi International Honor Society in Psychology
- Phi Sigma Pi National Honor Fraternity
- Phi Eta Sigma National Honor Society
- National Residence Hall Honorary
- Alpha Delta Lambda National Honor Society