

doubts—about whether in fact the match will break, or whether it will fail to ignite, and so on—the demons of negativity are legion and prolific as flies. Simply *know* that you are going to create fire, that you *are* creating fire, causing light to shine where there was no light before, bringing warmth, bringing change, bringing all the necessities of created life's expression. This is a moment of supreme affirmation and confidence. In performing this simple act in a spiritually oriented manner you are bringing profound powers of healing to your own soul. You are expressing the divine principle within your environment and sphere of influence. Your whole aura will light up, and the brighter and more vibrant your aura becomes, the greater and wider your powers for good, far beyond your immediate physical confines; they will transcend space, and even time.

If so much can be gained by such a simple act, performed with spiritual intention, think what power for good you have when you bring your spiritual will to bear, in love and intelligent activity, upon the other symbolic realities you build within your circle. The kindling and tending of the flame is a great feminine principle and function. Thus the vestal virgins of ancient Rome were keepers of the hearth fire of the city.

### *Candle Lighting Ritual*

Now take the flame to a waiting candle. The lighted match should take on the significance and power of a mighty flaming archangel, or even the Spirit of God, proceeding through space, to bring light and life to a new creation, waiting in deep latency. See the unlit candle, its wick and its combustible wax as a dark planet, or an unlit solar system, or an as yet uncreated soul, awaiting the touch of the Creator to bring it flaming to life, expressive with light and life and love.

In such a simple action so very much can be expressed. In the course of time and practice of this controlled and spiritual intention, think how your whole life could be transformed, however limited its outward expression might seem.

You are a creative spirit. Only choose to *be* one. Act out your noble destiny—be its current expression in the confines of hospital, prison, or broken home; in overcrowding or loneliness. The greater the darkness, the greater can your light shine. Only start with the small things. Perform them in faith, and the greater will follow, as surely as noon follows the dawn, as the verdant spring the barren indrawing of winter.

The ethic of the physical plane is order. The smooth running of the