

name	Average Difference
sleepScore	36.9%
lightSleepDuration	30.3%
sleepLatency	36.3%
sleepEfficiency	6.9%
totalSleepDuration	10.1%
averageHR	3.9%
intenseActivity	23.2%
caloriesBurned	40.7%
steps	25.1%
moderateActivity	33.8%
softActivity	39.5%