



Martin Rud Ehmsen

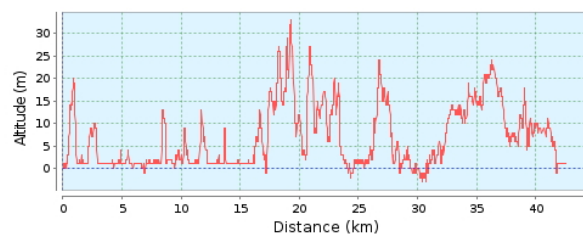
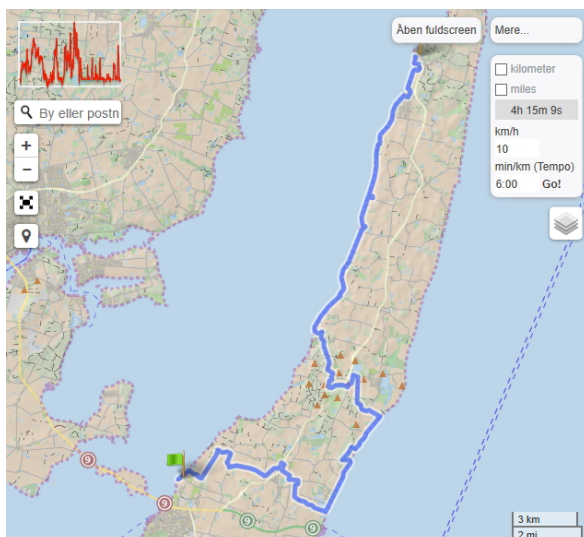
har d. 17. august 2024 gennemført

Øhavssti Etape Marathon #5

Rudkøbing - Lohals

i tiden

05:11:17



Højde profil (-3 m til 33 m)

Højde område

36 m

Total opstigning

255 m

Total nedstigning

255 m

You'll never know what you're capable of until you take that first step and just go for it! – Natasha Hastings