## Page 1

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Record ID					
Questionnaire - Metadata					
Session ID		_			
Questionnaire Started At					
Questionnaire Completed At					
Questionnaire Duration (seconds)					
Please answer the following of	questions	using a 0-4 ratir	ng scale.		
· ·	-	-		– Alwaya	
0 = Never; 1 = Almost never;	Never	Almost never	Sometimes	Almost always	Always
I have trouble getting air in.	0	O	0		$\bigcirc$
I feel tightness in my throat when I am having my breathing problem.	0	0	0	0	0
It takes more effort to breathe than it used to.	0	0	0	0	0
Changes in the weather affect my breathing problem.	0	0	0	0	0
My breathing gets worse with stress.	0	$\circ$	0	0	$\circ$
I make sound/noise breathing in.	$\bigcirc$	$\circ$	$\circ$	$\bigcirc$	$\circ$
I have to strain to breathe.	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$
My shortness of breath gets worse with exercise or physical activity.	0	0	0	0	0
My breathing problem makes me feel stressed.	0	0	0	0	0
My breathing problem causes me to restrict my personal and social life.	0	0	0	0	0



08/18/2025 9:30am