## **Q - Mood - Custom Affect Scale**

Record ID											
Questionnaire - Metadata											
Session ID											
Questionnaire Started At											
<b>4</b>											
Questionnaire Completed At											
Questionnaire Duration (seconds)											
Thinking about yourself and how you normally feel, to what extent do you generally feel?  0=Not at all, 10=Extremely											
o-not at any 10-1xeremery	0	1	2	3	4	5	6	7	8	9	10
Sad or down	$\bigcirc$										
Joyful	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$							
Motivated or interested	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$						
Lack of pleasure (in things you tend to enjoy)	0	0	0	0	0	0	0	0	0	0	0
Tired or fatigued	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$	$\circ$	$\circ$	$\bigcirc$
Energetic	$\bigcirc$										
Agitated (restless, fidgety, pacing, cannot sit still)	$\circ$										
Irritated or angry (towards something or someone)	$\circ$	$\circ$	0	0	0	$\circ$	0	0	0	0	0
Lonely or isolated	$\bigcirc$	$\circ$	$\bigcirc$	$\circ$							
Concentrated (not distracted or inattentive)	0	$\circ$	0	$\circ$	$\circ$	$\circ$	0	0	$\circ$	$\circ$	0
Relaxed or calm	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Worried or anxious	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$

Desire to escape (your thoughts  $\bigcirc$   $\bigcirc$   $\bigcirc$   $\bigcirc$   $\bigcirc$   $\bigcirc$   $\bigcirc$   $\bigcirc$   $\bigcirc$ 

**₹EDCap**°

08/18/2025 9:30am

and/or feelings)