



HAVE, U Can

Programme 2018

Welcoming Bundle



HAVEHUB



香港大學
THE UNIVERSITY OF HONG KONG



香港科技大學
THE HONG KONG UNIVERSITY OF
SCIENCE AND TECHNOLOGY



香港中文大學
The Chinese University of Hong Kong



香港浸會大學
HONG KONG BAPTIST UNIVERSITY



Lingnan 嶺南大學
University 香港 Hong Kong



香港教育大學
The Education University
of Hong Kong

~Welcome~

Dear Student,

On behalf of all participating universities, I would like to welcome you to the HAVE, U Can Programme 2018.

This programme aims to promote whole-person development and cultivate students' holistic competencies and virtues, such as critical thinking, creativity, teamwork, communication skills, and self-confidence. This programme was created to introduce you to a vast array of learning opportunities. In this 5-day-and-4-night programme, we have lined up an impressive selection of activities and social events that revolve around the theme of holistic competencies and virtues, ranging from on-campus residence to personal development and professional networking.

I hope you will seize every opportunity in the programme to broaden your horizons, develop a greater sense of social responsibility, achieve a balanced development in all aspects of your life, and equip yourself with the skills necessary for success. As the future workforce of the society, you should always treat others with respect and compassion, and show care and concern to those in need.

Enclosed in this booklet you will find information relating to:

- HAVE, U Can Programme's activity schedule
- Check-in & check-out arrangements
- Residential Hall: address & getting around
- Rules & regulations at the HKU Residential Hall
- Recommended packing checklist
- HKU Campus maps
- Emergency Hotlines

Once again welcome and I wish you all a most rewarding and enjoyable time here with us.

Dr. Cecilia Chan

Project Leader

HAVE Hub

The University of Hong Kong

HAVE, U Can Programme 2018 – Activity Schedule

Time	Day 1 (June 4)	Day 2 (June 5)	Day 3 (June 6)	Day 4 (June 7)	Day 5 (June 8)	
10:00 - 10:30		Induction <i>RHT</i>	Innovation & Entrepreneurship (Auction, Discussion, Preparation) <i>RHT</i>	Spaghetti Bridge <i>Homeroom</i>	Innovation & Entrepreneurship (Presentation, Voting) <i>Homeroom</i> Dress Code: Business Professional	
10:30 - 11:00		You Draw, I Guess <i>Homeroom</i>				HTD Prep Talk <i>Homeroom</i>
11:00 - 11:30		Team Building <i>Homeroom</i>		Lunch		
11:30 - 12:00						
12:00 - 12:30				Lunch		Stories of Hong Kong People <i>Homeroom</i>
12:30 - 13:00						
13:00 - 13:30		Lunch	Letter to the Future Me <i>LE1</i>			
13:30 - 14:00						
14:00 - 14:30				Writing a Thank You Note <i>Homeroom</i>	Heart-warming <i>LE1</i>	
14:30 - 15:00		Knots of Hearts <i>Homeroom</i>		Post-Programme Survey		
15:00 - 15:30	Amazing Race <i>Homeroom</i>	Hong Kong’s Got Talent <i>RHT</i>				Closing Ceremony <i>LE1</i>
15:30 - 16:00			What is Reflection? <i>Homeroom</i>			
16:00 - 16:30				Student Check-in		
16:30 - 17:00						
17:00 - 17:30						
17:30 - 18:00						
18:00 - 18:30						Meet & Greet <i>Starr Hall</i>
18:30 - 19:00					High Table Dinner <i>The College Hall</i>	
19:00 - 20:00						
20:00 - 21:00						Game Night <i>Starr Hall</i>
21:00 - 21:30						

HAVE Hub reserves the right to make changes of the Programme in cases of emergency or changed conditions

Check-in & Check-out Arrangements

Check-in

Date: 4 June 2018 (Monday)
Location: HKU Jockey Club Student Village I, Starr Hall (see P.4)
Time: **5:00 – 5:30 pm**

Note:

- When you check in, you will be given a room key for access to the Hall and the room.
- Keep in mind that you will share a double-room with another participant or mentor of the same sex.
- If, because of extenuating circumstances, you must check in outside the designated hours, please contact Ms. Emma Liu by email (emkyliu@hku.hk) as soon as possible.

Check-out

Date: 8 June 2018 (Friday)
Location: Starr Hall
Time: **9:00 - 9:30 am**

Note:

- You will need to return the room key to Ms. Lillian Luk before 9:30 am.
- No personal belongings should be left at the room after you check out. You should bring all your personal belongings with you to the HKU campus.
- You may store your belongings in CPD 2.14 on Centennial Campus. However, the room will remain **unlocked** throughout the day. In order to keep your valuables safe, you are highly advised to take them with you to the activity room. HAVE Hub shall not be responsible or liable for any loss or damage.
- If you have obtained permission from HAVE Hub to leave the programme before the designated check-out time, please return your key to Ms. Lavina Luk directly.

Starr Hall: Address & Information on Getting Around

Address: Jockey Club Student Village I, Starr Hall,
91B Pokfulam Rd, Pokfulam

Map:



Getting Around:

MTR – HKU, Exit C1; a 5-min walk via Pokfulam Road



Rules & Regulations of HKU Jockey Club Student Village I (Starr Hall) and HAVE, U Can Programme

1. Room Keys

- 1.1. Students must keep their assigned keys safe. Transfer of keys is strictly prohibited.
- 1.2. Duplication of key or holding multiple keys is strictly prohibited.
- 1.3. Assigned keys with attached key tags must be returned to HAVE Hub when students move out from the Hall.
- 1.4. Charges would be incurred to a student in case of:
 - 1.4.1. Loss of key and/or key tag
 - 1.4.2. Borrowing of room key at the Security Counter
 - 1.4.3. Malfunction of key upon return (i.e. replacement of key is needed)
- 1.5. For students losing the key or when the key is broken/ malfunction for any reason, they shall report immediately to General Office and go through the key replacement procedure. Admin charge as shown in Appendix I applies.
- 1.6. Any charges paid for key replacement is non-refundable in all circumstance.

2. Access Control

- 2.1. All students are given a temporary Resident Card for gaining access to the Hall during the programme period.
- 2.2. For security reason, students are required to use their temporary Resident Card to gain access to the Hall. This Card is not transferable.
- 2.3. Student must log in and out when they come in and out of the Hall by pressing the temporary Resident Card onto the reader at the reception counter.
- 2.4. Students may be asked by the Hall Management and/or staff of the Student Village including Resident Tutors and security guards to present their HKU Student Card or any documents of identification for identity checking when necessary.

3. Inspection of Student Rooms

Staff at the Student Village may enter residents' rooms for repair and maintenance, inspection of facilities or other purposes which is deemed necessary by the Hall Management. Prior notice may not be given. A memo will be issued to students for reference in case of the inspection is done without their presence.

4. Respect for Other Residents

- 4.1. Actions or behaviors which may interfere with other residents' right to privacy, time to study and rest, or normal use of facilities in the Student Village should be avoided.
- 4.2. Students should not enter the bedrooms of other residents without getting consent.
- 4.3. Students should not behave in any manner which is considered improper in any circumstance.
- 4.4. Students should be properly attired in common areas of the Student Village at all times.

5. Change of Room

- 5.1. Room change is strictly prohibited.
- 5.2. Changing rooms without prior approval from HAVE Hub is not allowed. Students who change rooms without prior approval are subject to dismissal from the programme.

6. Quiet Hours and Noise Level

- 6.1. The Quiet Hours of the Student Village is from 23:00 to 08:00 of the next day. Students should avoid creating noise in any parts of the Student Village.
- 6.2. Students should keep their noise level reasonable so as not to cause nuisance to neighbors and fellow residents at all times.

7. Opposite Gender Visitation

Residents should not enter the residence floors or rooms of the opposite gender between 23:00 midnight to 08:00, all days of the week.

8. Personal Properties

- 8.1. Students are responsible for their personal properties. To minimize chances of theft, please keep personal belongings in safe places; always lock the room door when going out. The Hall and HAVE Hub are not responsible for any loss of personal properties.
- 8.2. Hallways, walkways and stairs should be kept clear of furniture, trash and any other objects, so as not to obstruct passage and therefore escape routes during emergencies. Any items found in the hallways, walkways and stairs may be removed without prior notice.

9. Public Properties

- 9.1. Students shall not remove any furniture, fitting, fixture or facilities provided for use in the Student Village without prior approval of the Hall Management.
- 9.2. Students should not deface, defile or otherwise damage any wall or any structure of any kind, or any furniture, fitting, fixture or facility provided for use in the Student Village, or install any new utility or fitting without prior approval from the Hall Management. Students who fail to comply with this clause shall be subject to fines imposed by the Hall Management.

10. Safety Matters

10.1. Cooking in the Student Village is prohibited except in the lounge of each floor and other areas as authorized by the Hall Management. However, cooking in the lounge is not encouraged since students will need to bring their own utensils for cooking.

10.2. Unattended cooking is strictly prohibited at all times.

10.3. Possession of chemicals, explosives or highly combustible materials that are potentially dangerous or damaging is prohibited.

10.4. Open flames, including candles and incense, are prohibited in the Student Village.

10.5. Interference of fire service devices is prohibited.

10.6. According to the Fire Safety (Buildings) Ordinance, all corridors, lift lobbies and stairwells must always be kept clear from any obstructions. Any personal object found may be removed by the staff at the Student Village without prior notice.

10.7. In order to avoid creating a hazardous environment which may endanger the well-being of residents and other users, it is prohibited to place any personal belongings in the corridors, lift lobbies, stairwells or other communal areas. Students may be liable to penalty and/or claims of any accident which is caused by any of the personal items being placed in such areas.

11. Cleanliness

It is the students' responsibility to keep their rooms clean and tidy. Students are also required to maintain their rooms in a safe and healthy condition at all times. Some cleaning equipment is available in the lounge of each floor to facilitate cleaning by resident inside their room.

12. Commercial/ Promotion Activities

12.1. Commercial promotions and activities are prohibited in the Student Village. Sale of any goods or services in the Student Village is not allowed without prior approval of the Hall Management.

12.2. Distribution of promotional items to the pigeon holes is prohibited without prior approval of the Hall Management.

12.3. Only posters with the stamp of General Office may be placed in those areas designated for posting.

13. Pets

Pets are not allowed in the Student Village.

14. Withdrawal from Residence

14.1. Students who have been approved for early departure from the programme must return the door key with key tag to Ms. Lavina Luk or other representatives of HAVE Hub directly before 17:30 on the departure day.

14.2. Students who have vacated the bedroom but still holding the room key would still be

considered occupying the room.

14.3. Students will be charged for the loss or damage of the door key and/or key tag upon check-out. For more details, please refer to Appendix I.

15. Check-out

15.1. Students shall completely vacate the room in an orderly condition before check-out.

15.2. Any items left inside the room after check-out will be removed immediately.

15.3. In order to claim the items left inside the room after check-out, students shall claim back their belongings within 3 working days after check-out. Admin charge of HK\$300 will be applied for each claim. Any unclaimed items after 3 working days shall be disposed without prior notification. Jockey Club Student Village I and HAVE Hub are not responsible for the loss or damage of such items.

16. Consideration of Neighborhood

Noise level in the vicinity of the Student Village should be kept reasonable at all times and be lowered after nightfall.

17. Smoking, Drugs, Alcohol and Gambling

17.1. Smoking is strictly prohibited in any part of the Student Village.

17.2. Students shall not bring into or use any dangerous drugs as defined in Section 2 of the Dangerous Drugs Ordinance (Cap. 134, Laws of Hong Kong) in the Student Village.

17.3. Possession or consumption of alcohol beverages without prior approval of the Hall Management is not allowed.

17.4. Students shall not engage in any gambling whatsoever on the Hall premises, or permit such gambling to take place in his room.

17.5. Students shall not tamper with the smoke detectors, fire alarms, sprinklers and heat detectors in the Hall.

18. Restricted Area

Unless in emergency cases, no student shall enter the roof and/or use the emergency exits unless authorized by the Warden. Any convictions shall be punished and/or fined in such a way the Warden considers just and appropriate.

19. Usage of Photographs and Videos

Any photos or videos taken of me while participating the Programme may be used for the promotion of the Programme, unless I have informed my objection to Dr. Cecilia Chan.



HKU Starr Hall Guideline for Visitors

1. 24/F Washing Machine Instructions

- 1.1 Put in cloths and close the cover.
- 1.2 Add washing power.
- 1.3 Insert four HK\$1 coins, start the machine.
- 1.4 In general, 35 minutes washing cycle is suggested.

Note:

- Remember to take off any personal stuff from the pockets of your clothes before washing.
- The maximum dry load is 5 kg per washing. Please do not overload the washing machine or you will be liable for the damage of the machine.
- Use HK\$1 coin. You have to bare the damage liability if you insert other kinds of coins. Coin exchange service is available at reception counter.

2. 24/F Drying Machine Instructions

- 2.1 Put in clothes and close the cover.
- 2.2 Insert a HK\$1 coin and choose the temperature setting:
 - HI Temp = 180°F / 82°C
 - PP Temp = 150°F / 65.5°C
 - LO Temp = 120°F / 49°C
- 2.3 Every HK\$1 coin can increase the drying time for 5 minutes.

Note:

- Remember to take off any personal stuff from the pockets of your clothes before drying.
- Different clothes made of different material need different drying time.
- When you see “DONE” in the display panel, you can get your clothes out.



Additional Service Charges by HKU Starr Hall

The charges and fines that apply to activities and misdemeanors in Jockey Club Student Village I (Starr Hall) are listed as follows. Serious damages or unclassified damage will be charged with exact replacement/repair costs. Replacement charge is subject to change without notice.

- (a) The following services will be charged per your request. If you want additional services, please contact hall office during office hours.

Item	Total (HK\$)
1. Additional Room Cleaning (out of regular cleaning schedule and cleaning intensity)	100
2. Cleansing/Replacing of quilt	85 per item
3. Cleansing/Replacing of pillow	85 per item
4. Cleansing/Replacing of mattress	150 per item
5. Unlocking of Door/Drawer	20 per item

- (b) A student will be charged for damaged or lost facilities. Any items left behind may be disposed of as rubbish at the prevailing charge. Charges listed below, while not meant to be exhaustive, help to illustrate the charges for some damaged or lost items. Damage or loss of other facilities not listed below may be charged at cost. The Hall reserves the right to revise those charges from time to time as deemed necessary.

Item	Total (HK\$)
1. Loss of Key	150 each
2. Loss of Temporary Resident Card	50
3. Window Glass	200
4. Window and Frame	3,000
5. Venetian-blind	300
6. Mattress	500
7. Quilt (Down)	400
8. Quilt (General)	80

9. Quilt Cover	124
10. Mattress and Pillow Cover	99
11. Pillow	78
12. Bedside Cabinet Drawer	100
13. Bedside Cabinet Hinge	20
14. Network Point	400
15. Single Socket Outlet	20
16. Twin Socket Outlet	50
17. Desk Locker	20
18. Wardrobe Handrail	10
19. Wardrobe Hinge	20
20. Mirror inside Wardrobe	200
21. Wooden Board	100
22. Fluorescent Light Cover	100
23. Chair	300
24. Air-Conditioner	2,000
25. Toilet Basin	TBC
26. Shower Head	TBC
27. Water Tape	TBC
28. Bathroom Curtain	40
29. Bathroom Mirror	TBC
30. Scratch on Door or Door Frame (minor)	50 per scratch
31. Scratch on Door or Door Frame (serious)	300 per scratch
32. Phone Set	256

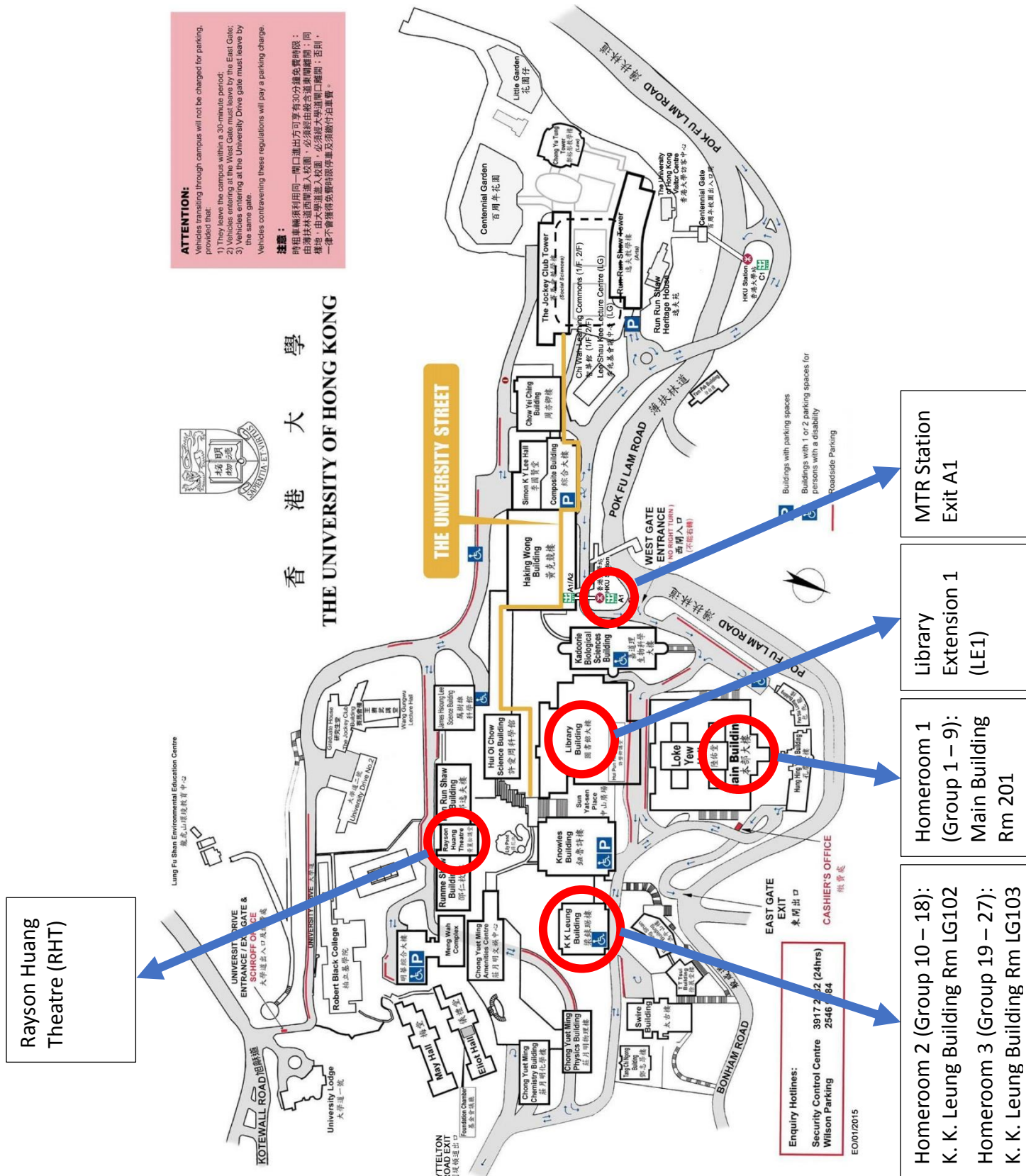
List of Items Provided in the Residential Hall

No.	Item
Bedroom Furniture & Fittings	
Bed Set 床	
1.	Drawers 抽屜
2.	Bedside Cabinet 床頭櫃
3.	Mattress (3' x 6'3" x 3") 床墊
4.	Mattress (3' x 7' x 3") 床墊
5.	Pillow 枕頭
6.	Bedsheet 床單
7.	Blanket 毛毯
Desk Set 書桌	
8.	Drawers Pedestal 直立式三桶抽屜
9.	Hanging Bookshelf 掛牆書架
10.	Chair 椅子
11.	Notice Board 告示板
Closet 衣櫃	
12.	Drawers 抽屜
13.	Clothes Hanging Bar 掛衣杆
14.	Mirror 鏡子
Window 窗	
15.	Mosquito –Repellent Screen 蚊網
16.	Curtain 窗簾
Electrical Fittings	
Lighting 燈光	
17.	Fluorescent Lamp 光管
18.	Desk-top Light 書桌燈
19.	Electric Switch 電掣
Miscellaneous	
20.	Door Lock 門鎖
21.	Door Key 鎖匙

Recommended Packing Checklist

The Basics	
<input type="checkbox"/> Personal ID/Student ID card <input type="checkbox"/> Cash/octopus cards <input type="checkbox"/> Mobile phone and charger	
Clothing	
<input type="checkbox"/> T-shirts <input type="checkbox"/> Shorts/trousers <input type="checkbox"/> Pajamas/sleepwear <input type="checkbox"/> Socks	<input type="checkbox"/> Underwear <input type="checkbox"/> Light jacket/sweater <input type="checkbox"/> Comfortable walking shoes
Recommended Attire for the High Table Dinner & Final Presentation	
<u>For guys:</u> <input type="checkbox"/> Black or dark-coloured suit and trousers <input type="checkbox"/> White or light-coloured shirt <input type="checkbox"/> Tie/bow-tie <input type="checkbox"/> Black or dark-coloured dress shoes	<u>For ladies:</u> <input type="checkbox"/> Black or dark-coloured suit and trousers/skirt <input type="checkbox"/> White or light-coloured shirt <input type="checkbox"/> Flats or high heels
Linens	
<input type="checkbox"/> Bath and hand towels	
Toiletries	
<input type="checkbox"/> Toothbrush and toothpaste <input type="checkbox"/> Hair brush/comb <input type="checkbox"/> Hair dryer <input type="checkbox"/> Face wash <input type="checkbox"/> Shower gel	<input type="checkbox"/> Shampoo and conditioner <input type="checkbox"/> Basket/bag (to carry or hold toiletries) <input type="checkbox"/> Shower shoes/sandals <input type="checkbox"/> Tissues/wet wipes <input type="checkbox"/> Other personal hygiene products
Miscellaneous	
<input type="checkbox"/> Any personal medications and prescriptions <input type="checkbox"/> Alarm clock <input type="checkbox"/> Reusable water bottle <input type="checkbox"/> Flashlight <input type="checkbox"/> Umbrella <input type="checkbox"/> Sunscreen <input type="checkbox"/> Laptop/tablet and charger	
Laundry (optional)	
<input type="checkbox"/> Laundry detergent <input type="checkbox"/> Laundry bag <input type="checkbox"/> Clothes hangers	

HKU Main Campus & Centennial Campus



Emergency Hotlines

In case of emergency where danger is imminent and immediate help is required:

- On campus: Please call campus security or the police for immediate assistance. It is important to stay calm and seek help from others nearby in order to ensure personal safety.
- At residential colleges: You may approach the security counters of respective Colleges at podium level in person or call the counters.

Name of Organization	Tel
HKU Starr Hall Student Service Centre	3156 7575
HKU Starr Hall Reception	3156 7500
HKU Campus Security Control Centre 香港大學 保安控制中心	3917 2882
HKU University Health Service (On-campus) 香港大學 醫療保健處	3917 1999 (Mon-Fri: 08:40-17:00)
Western Police Office 西區分區警署	3661 1618
Queen Mary Hospital (Public) 瑪麗醫院 (公立)	2255 3111
Emergency Call 緊急求助	999

If you need immediate emotional support, call the 24-hour Hotlines:

Name of Organization	Tel
Caritas 24-hour Crisis Line 明愛向晴軒緊急熱線	18288
The Samaritans Multi-lingual Suicide Prevention 撒瑪利亞會	2896 0000
The Samaritan Befrienders Hong Kong 香港撒瑪利亞防止自殺會	2389 2222
Suicide Prevention Services 生命熱線	2382 0000
Tung Wah Group of Hospitals (TWGHs) CEASE Crisis Centre 東華三院芷若園	18281
Hospital Authority Mental Health Direct 醫院管理局精神健康專線	2466 7350

Other Hotlines and Online Service

Name of Organization	Contact
U Portal - WhatsApp, & Facebook (For university students) 香港青年協會 - WhatsApp、網上輔導平台及 Facebook (大學生)	WhatsApp: 6277 8899 U Portal & Facebook: utouch.hk (Mon-Sat, 14:00-00:00)
Mental Health Association of HK - Online counselling via mobile app 香港心理衛生會 - 網上輔導 「輔負得正」 App	Via app store: Download “Counseline@MHAHK” 需下載 (Mon-Fri, 14:00-22:00)
U-Line (For university students) 香港青年協會 (大學生)	Tel: 2777 0309 (Mon-Sat, 14:00-02:00)
YWCA Hotline 香港基督教女青年會 - 輔導熱線	Tel: 2711 6622 (Mon- Fri, 19:00-22:00)