BECAUSE YOU MATTER!

Hi I'm **Emily-Jane** and I am running to be your **welfare officer**. I want to tell you a little bit more **about myself**, why I am running for this position and **why you should vote for me**.

As cliché as it sounds I really care about people. I dedicate much of my time to helping others and I have volunteered with many organisations over the past 6 years. I have campaigned on a nationwide level to improve awareness of mental health, have spoken at conferences, Primary Care Trust meetings, on educational resources and have helped to work toward improving services. I have also appeared on national and local television. In 2010 I was awarded a b-eat award for my dedication to helping others with eating disorders. In 2011 I founded a youth support group with a local charity and was selected to carry the Olympic Torch, in 2012, for my contribution to the community.

During my time at Imperial I have been involved in a variety of societies including co-founding Mentality, a hugely successful student led campaign promoting better mental health at Imperial. Last academic year we carried out both the largest ever student survey at Imperial and the largest mental health survey at any UK university, with over 1000 responses. Armed with this data we have already begun to elicit change on campus: counselling services have expanded, college tutor training is being revised and mental health is being talked about by staff and student bodies alike. However, there is a lot more work to be done and if appointed as Welfare Officer I will do my utmost to ensure that Mentality's great work continues and that Imperial becomes a happier, more supportive community. Happy students are Successful students.

I have struggled with my physical and mental health during my time at Imperial and have first hand experience of the current support systems in place. Personal experience gives me insight into where improvements are needed and where success needs celebrating. I have also taken an interruption of studies due to my health and have experienced associated problems of re-enrolment, cessation of student loans and isolation from friends, if elected as Welfare Officer I will work towards better support for students taking an interruption of studies and introducing more options for those with health problems: an interruption of studies should be a last resort.

During my time at Imperial I have faced **financial difficulties** and have struggled to access appropriate **support or advice**. **No student should be left without an income**, confused about finance or unable to feed him or herself. If elected as Welfare Officer I will aim **to increase access to emergency funds for all students**. Additionally, I will arrange **education sessions on changes to student finance and how they affect you** as changes to student loans have been poorly explained, imposed greater stress and affect a large number of students.

Imperial is a **multicultural university** and I have been lucky enough to experience this first hand. I have immersed myself in and learned about different cultures during my time here, enriching both my educational and social experiences. I believe that the **heterogeneous student population** at Imperial is one of the **university's greatest assets** and thus if elected as welfare officer I will ensure that racism, sexism, homophobia and bullying of any kind is tackled.

Additional policies include exploring the potential to join with other student unions to give our students a larger support network, lobbying college to accept documentation from and form affiliations with addition GP practices thus tackling the long ICHC wait times, providing consent, safe sex and substance abuse education, and introducing more welfare workshops, resources and stress less events. However, my principle policy is to listen to YOU and act upon student feedback. This is your welfare, have your say!

- ✓ VOTE FOR SOMEBODY WHO BELIEVES YOU MATTER
- ✓ VOTE FOR EXPERIENCE
- ✓ VOTE FOR YOUR VOICE
- ✓ VOTE EMILY-JANE

