

Ellen Dalton

Child and Youth Worker - Waypoints

St. John's, NL

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Personal Details

Highest Level of Education: Bachelor's Degree

Work Experience

Child and Youth Worker

Waypoints - St. John's, NL

December 2017 to Present

- Work in group home settings with youth who have complex needs.
- Develop and implement recreational and educational program plans.
- Build and maintain therapeutic relationships with young people.
- Use daily life events to promote change and help youth develop positive interpersonal relationships and to build life skills.
- Provide supportive counselling to youth.
- Provide supervision to ensure safety - Maintain awareness of young people's whereabouts at all times.
- Complete a variety of agency documentation including daily shift reports, incident reports, and missing person reports.

Child and Youth Worker

Blue Sky Family Care - St. John's, NL

May 2016 to December 2017

- Planned and implemented recreational and educational activities for youth living in group home settings, in independent living arrangements, as well as in emergency placement homes.
- Ensured a safe and supportive home environment that was in line with the standards set forth by Children, Seniors, and Social Development.
- Helped youth with complex needs develop positive interpersonal relationships and life skills.
- Provided supportive counselling to youth.
- Deescalated potentially dangerous situations using CARE principles and TCI skills.
- Worked independently and in a team environment.
- Completed a variety of agency documentation including daily shift reports, incident reports, and missing person reports.

Social Work Student

Care Givers - St. John's, NL

January 2016 to April 2016

- Completed biopsychosocial assessments.

- Interviewed clients, service providers, and families in order to determine the types of services required and eligibility.
- Made referrals to community resources.
- Provided supportive counselling to clients.
- Acted as a replacement Home Manager where supervision and guidance of front line staff was required.
- Completed a variety of agency documentation.
- Worked independently and in a team environment.

Supervised Access Worker

Doves Home Care Services - Conception Bay South, NL

May 2015 to January 2016

- Accompanied children to family visits, ensuring a safe and supportive environment.
- Documented all visits and relayed information to appropriate governing bodies.
- Interacted with families, children, foster families, social workers, and a variety of other health care professionals.
- Provided supportive counselling to children and families when needed.

Home Care Worker

Doves Home Care Services - Conception Bay South, NL

May 2015 to July 2015

- Provided support to a non-verbal autistic man who had limited mobility.
- Assisted client with personal hygiene, meal preparation, and household chores.
- Administered medications such as insulin, lorazepam, and antibiotics.
- Ensured proper cleaning of wounds and changed bandages daily.
- Accompanied client on daily community outings and encouraged community engagement.
- Implemented behavioural management techniques.
- Worked in a team environment.

Social Work Student

Thrive - St. John's, NL

September 2014 to December 2014

- Shadowed professional social worker in service delivery.
- Provided outreach support to a wide variety of people facing homelessness, poverty, mental health issues, substance abuse, and physical disabilities.
- Facilitated workplace preparation training with youth (i.e. helped in resume building and interview skills).
- Provided grief counselling.
- Worked independently and in a team environment.

Recreation Coordinator

Thrive - St. John's, NL

June 2014 to September 2014

- Organized, supervised, and participated in high-adrenaline activities for/with at risk youth aged 14-18.
- Provided individual support and encouragement.
- Prepared daily meals for group outings.
- Enforced safety rules and regulations.

Recreation Leader

Town of Harbour Main - Harbour Main, NL

June 2008 to August 2008

- Organized and supervised recreation activities for youth involved in the Harbour Main-Chapel's Cove-Lake View summer recreation program.

Education

Bachelor's in Social Work

Memorial University - St. John's, NL

2016

Certifications and Licenses

Therapeutic Crisis Intervention

ASIST

Driver's Licence

Children And Residential Experiences (CARE) Training

Registered Child and Youth Care Worker

Child and Youth Care Association of NL

First Aid & CPR Level C

Additional Information

SKILLS

- Experienced in supportive counselling, conflict resolution, and boundary setting.
- Has experience developing programs and completing assessments.
- Skilled in active listening, critical thinking, and problem-solving.
- Can communicate well verbally and in writing.
- Works well independently and with others.
- Pays attention to detail and is organized.