

Weekday Schedule

Elias Howell

Time	Task
4AM-7AM	Homework, Study
7AM-11AM	Personal Project
11AM-12PM	Workout
12PM-1PM	Read a Book
1PM-4PM	Programming or Maths
4PM-5PM	Sustenance
5PM-8PM	Programming or Maths
8PM-10PM	Read a Book, Meditate, Pray, Study