

REGIMEN



ROYAL PREVENTIVE
MEDICAL CLINIC

PATIENT CORRIE ABELA

MONTH FEBRUARY-MARCH 2015

DATE	BREAKFAST	LUNCH (12 NN)	DINNER
11 FEB -- 31 MAR	<p>✓ Thyroid Support - 1 capsule ✓ Endotrim - 2 capsules ✗ Thermoslim - 1 capsule <u>Glucomed</u></p> <p>Patient's Own: 50mg Cardiosel 50mg Zarnat 400IU Vitamin D3 500mg Vitamin C</p>		<p>✓ 1000IU Vitamin D3 - 1 capsule ✓ Endotrim - 2 capsules Lipotrienols Red Yeast Rice - 1 capsule ✓ 5-HTP</p> <p>Patient's Own: 5mg Crestor Glucophage XR Krill Oil CoenzymeQ10</p>

⊕ drugs w/ crazy
 for water left
 RSH