

REGIMEN



ROYAL PREVENTIVE
MEDICAL CLINIC

PATIENT CORRIE ABELA

MONTH JUNE 2015

DATE	BREAKFAST	LUNCH (12 NN)	DINNER
18 JUN – 30 JUN	<p>✓ Thyroid 0.50grain – 1 capsule upon waking up</p> <p>Endotrim – 2 capsules Glucomend – 1 capsule Thermoslim – 1 capsule Garcinia Cambogia – 1 capsule</p> <p>Patient's Own: 50mg Cardiosel 50mg Zarnat 1000IU Vitamin D3 500mg Vitamin C</p>		<p>Endotrim – 2 capsules Lipotrienols Red Yeast Rice – 1 capsule Glucomend – 1 capsule Thermoslim – 1 capsule 500mg Magnesium – 1 capsule</p> <p>Patient's Own: 5mg Crestor Glucophage XR Krill Oil CoenzymeQ10 1000IU Vitamin D3</p>

Uvedose 100,000Iu (Vitamin D3) – 05 May 2015

• oval peanut
• Taren for THORON

✓ T₃R4 0.50

✓ 7-keto OHA 25g

✓ Glucomend

✓ ~~metabolic~~ Metabolic Uan

✓ Lipo RLR

✓ Glucomend

~~metabolic~~ Metabolic Uan

✓ magnesium