



DATE	BREAKFAST	LUNCH (12 NN) DINNER
17 JUL – 31 AUG	Thyroid 0.50grain - 1 capsule upon waking up  Thyroid Support - 1 capsule Femmenessence (Maca Pause) - 1 capsule Endotrim - 2 capsules  Patient's Own: 50mg Cardiosel 50mg Zarnat 1000IU Vitamin D3 500mg Vitamin C	Lipotrienols Red Yeast Rice – 1 capsule 500mg Magnesium – 1 capsule Endetrim – 2 capsules  Patient's Own: 5mg Crestor Glucophage XR Krill Oil CoenzymeQ10 1000IU Vitamin D3

Uvedose 100,000lu (Vitamin D3) - 05 May 2015

For HCG

- o least few dr. of the deper-