

REGIMEN



PATIENT	ANA ABAD SANTOS
MONTH	NOVEMBER-JANUARY 2015

DATE	BREAKFAST	LUNCH (12 NN)	DINNER
18 NOV – 31 JAN	10mg DHEA – 1 capsule Hair, Skin, Nail Vitamin – 1 capsule Testosterone 1% Liposomal Cream – apply 1 pump on thighs daily. <i>Patient's Own:</i> Calcium Potassium		5000IU Vitamin D3 – 1 tablet Hair, Skin, Nail Vitamin – 1 capsule <i>Patient's Own:</i> Omega 3 Fish Oil – 1 softgel

Uvedose 100,000Iu (Vitamin D3) – 24 April 2014