

REGIMEN



ROYAL PREVENTIVE
MEDICAL CLINIC

PATIENT	CORRIE ABELA
MONTH	AUGUST - SEPTEMBER 2015

DATE	BREAKFAST	LUNCH (12 NN)	DINNER
17 AUG – 30 SEP	<p>Thyroid 0.50grain – 1 capsule upon waking up</p> <p>Thyroid Support – 1 capsule Femmenessence (Maca Pause) – 1 capsule Metabolic Lean – 1 capsule</p> <p>Patient's Own: 50mg Cardiosel 50mg Zarnat 1000IU Vitamin D3 500mg Vitamin C</p>		<p>Lipotrienols Red Yeast Rice – 1 capsule 500mg Magnesium – 1 capsule Metabolic Lean – 1 capsule Menoease – 1 capsyle</p> <p>Patient's Own: 5mg Crestor Glucophage XR Krill Oil CoenzymeQ10 1000IU Vitamin D3</p>

Uvedose 100,000lu (Vitamin D3) – 05 May 2015

For HCG