

# REGIMEN



ROYAL PREVENTIVE  
MEDICAL CLINIC

PATIENT	CORRIE ABELA
MONTH	JUNE-JULY 2015

DATE	BREAKFAST	LUNCH (12 NN)	DINNER
23 JUN – 31 JUL	<p>✓ <b>Thyroid 0.50grain – 1 capsule upon waking up</b></p> <p><del>25mg 7 Keto DHEA – 1 capsule</del>  <del>Glucosend – 1 capsule</del>  <del>Metabolic Lean – 1 capsule</del></p> <p>Patient's Own:                      50mg Cardiosel                      50mg Zarnat                      1000IU Vitamin D3                      500mg Vitamin C</p> <p>✓ Thyroid support                      ✓ Metabolic                      ✓ Edotun ①</p>	<p>✓ Lipo RLR                      ✓ Magnesium                      ✓ Edotun ②</p>	<p>Lipotrienols Red Yeast Rice – 1 capsule                      Glucosend – 1 capsule                      500mg Magnesium – 1 capsule                      Metabolic Lean – 1 capsule</p> <p>Patient's Own:                      5mg Crestor                      Glucophage XR                      Krill Oil                      CoenzymeQ10                      1000IU Vitamin D3</p>

Uvedose 100,000IU (Vitamin D3) – 05 May 2015