

REGIMEN



PATIENT	VIRGINA ABELA
MONTH	MAY-JUNE 2013

DATE	BREAKFAST	LUNCH (12 NN)	AFTER DINNER
20 MAY - 30 JUN	<ul style="list-style-type: none"> ✓ Thyroid 0.50grain - 1 capsule upon waking up ✓ Godex DS - 1 capsule ✓ 25mg DHEA - 1 capsule ✓ Mitochondrial NRG - 2 capsules ✓ Astaxanthine - 1 softgel <p>Patient's Own: 2000IU Vitamin D3</p>		<ul style="list-style-type: none"> ✓ Mitochondrial NRG - 2 capsules ✓ Niacin (No Flush) - 1 capsule ✓ Omega 3 Fish Oil - 1 softgel <p>✓ 150mg Progesterone capsule at bedtime</p> <p>Patient's Own: 2000IU Vitamin D3 600mg Acetylcysteine</p>

- 7 fr vital signs; temp 98.6.
- 7 Severe CT scan result & Spinal cord.
- o Stem cell line Tap no
- o fully: blood pressure; gas & acid; bowel moved.

June 27

- fr blood test on June 27
- same regimen

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