

Partner with Inara

AI powered, culturally rooted
mental wellness for your students and staff



INARA
.

THE PROBLEM

Mental health tools arent resonating with everyone

Student and staff are overwhelmed. Traditional approaches to mental wellness often feel impersonal, outdated, or culturally disconnected.

Many dont seek help because they don't feel safe or seen.

60% OF
STUDENTS
STRUGGLE WITH
MENTAL HEALTH,
BUT ONLY $\frac{1}{3}$ ASK
FOR HELP

70% OF
CULTURALLY
DIVERSE
STUDENTS SAY
WELLNESS
RESOURCES DONT
REFLECT THEIR
LIVED
EXPERIENCES



How can we partner?



Self-Paced
Plans



AI Coach



Optional Faith-
Based Tools

Inara blends smart technology with emotional intelligence to deliver personalized self-guided healing plans, emotional check ins, and community support- all while centering cultural identity and spiritual sensitivity.

Key features:

- Self- paced mental health plans
- Custom AI coach for aligned support.
- Expert-led workshops or group sessions
- optional faith-based tools
- Data-informed wellness insights.(anonymized)

THE INARA SOLUTION



Group
Classes



Workshops
& Events



Virtual
Offerings

PROGRAM OPTIONS FOR SCHOOLS

Flexible offerings to meet your community's needs

- **Wellness Access for Students:** Free or discounted app plans.
- **Custom curriculum integration:** Co-designed reflection tools or modules.
- **Faculty & staff Wellness Add-on:** Group coaching or meditation packages.
- **Workshops & Talks:** Live or virtual sessions on topics like boundaries, burnout, or faith and mental health.
- **Research collaboration:** Partner on pilot programs or grants



Why our partnership Works

A softer, more relatable path to healing

- Designed with culturally rooted wellness in mind.
- reflects lived experiences of all backgrounds and unrepresented populations

- Accessible 24/7 on mobile
- Easy implementation

- No extra burden on school counselors or HR
- AI that feels human
- No scheduling, No stigma

Why Inara works

A more relatable, restorative path to mental wellness

Culturally intelligent by design

Inara was built for communities often overlooked by mainstream wellness apps. The language, pacing, and emotional tone are tailored to reflect lived experiences—not generic.

AI that feels Human

Our AI coach doesn't just give tips—it listens, reflects, and responds like a grounded, emotionally intelligent guide. Users describe it as “finally feeling seen in an app.”

No scheduling, No stigma

Healing happens on your own time. Inara removes the pressure of booking therapy or opening up in front of others. It's discreet, low-lift and available 24/7.

Why Inara works

A more relatable,restorative path to mental wellness

Based by Evidence -Based Psychology:

Every self paced plan uses principles from somatic therapy, CBT, Mindfulness,and emotional regulation- but communicated in everyday,accessible language.

Faith-Optional, Spirtually sensitive

For users who want to integrate their faith,scripture,or faith aligned reflections, Inara meets them there- without forcing religious framework.

Built for BIPOC,first-Gens and Faith solution people


Inara recognizes the intersection of cultural identiy, spirtual values, and trauma, offering a healing space that honors all three.

LETS COLLABORATE

TALK TO US

763-245-9366

support@inaraapp.ai

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- **Get a custom pilot quote**
 - **request a workshop**
 - **Book a discovery call**