



The user opens the program, is given a welcome message and is presented with 5 choices:

1. Add a journal entry

The user selects 1 and enters a journal entry after a prompt is given. The journal entry then loads the entire entry {date, time, prompt, and user entry} into the journal list.

2. Display

The user selects 2 and is shown their current journal entries.

3. Load a previously saved journal file

The user selects 3 and is given the option to open a previous journal file.

4. Save the current file

The user selects 4 and is given the option to save entries to a file.

5. Quit

The user selects 5 and exits the journal

