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# CATEGORY A ABOVE 40 YRS MALE-RELIANCE INDUSTRIES LTD (WHOLE BODY)

Patient Name: Mr. Vivek Ghan Chintamanrao Ghan

Address : F 502, Wonder city ,near Katraj diary, Katraj, Pune

#### **SYSTEMATIC REVIEW**

Present Complaints: No Complaint At present

Past History : Not Significant

Medications : None

**Family History**: Both parents Hypertension, Father diabetes

Personal History : Vegetarian

#### **PHYSICAL EXAMINATION**

General Examination : -

Height : 176.5cm Weight : 73.5kg

BP : 120/90mmhg

Pulse Rate: 78/m

Abdomen : soft, NT
Cardiovascular System : S1 S2
Respiratory System : NVBS
Nervous System : NFND

#### **INVESTIGATION RESULTS**

#### **LABORATORY**

### **Clinical Biochemistry**

### **PSA-PROSTATE SPECIFIC ANTIGEN-**

**TOTAL** 

Serum Total PSA	.4	ng/mL	<4
TSH-ULTRA			
Serum TSH	1.34	μIU/mL	0.2700 - 4.2000
Glucose (Fasting)			
Plasma Glucose fasting	112	mg/dL	70 - 110
CREATININE			
Serum Creatinine	.89	mg/dL	0.80 - 1.30
UREA			
Serum Urea	26.2	mg/dL	17.12 - 49.22
URIC ACID			
Serum Uric Acid	6.54	mg/dL	3.50 - 8.50
Glucose (Post Prandial)			

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Plasma Glucose Post Prandial 108 mg/dL < 140

### **Clinical Pathology**

# **Urine Examination Routine and**

# Microscopy

Colour	LightYello	w	
Appearance	Clear		
Nitrite	Neg		Negative
рН	5		5 - 8
Protein	Neg		Negative
Glucose	Neg		Negative
Ketone	Neg		Negative
Urobilinogen	Normal		Normal
Bilirubin	Neg		Negative
Blood	Neg		Negative
Microscopic Examination			
WBC / Pus Cells	Nil	/hpf.	0 - 5
Epithelial Cells	Nil	/hpf.	0 - 2
RBCs	Nil	/hpf.	0 - 2
Bacteria/ Bacilli	0.0	/μL	0-340
Budding yeast	0.0	/μL	0-1
Calairea arralata	0.0	11	0.20

- 3.3.30 / - 3.3.		, p. –	-
Calcium oxalate monohydrate/dihydrate crystals	0.0	/μL	0-28
Uric acid crystals	0.0	/μL	0-28
Unclassified crystals	0.0	/μL	0-28
Hyaline casts	0.0	/μL	0-1
Unclassified casts	0.0	/μL	0-1
Leucocyte esterase	Neg		Negative
Chemical Examination			
Specific gravity	1.004		1.010- 1.030

0.0

/μL

0-275

# Haematology

### Haemogram

Amorphous deposits

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<b>Patient Name</b>	:	Mr.	Vivek	Ghan	Chintamanrao	Ghan
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Address . 1 302, Worlder city	, ilcai kati aj diai	y, Katraj, Tui	
R.B.C	5.52	M/uL	4.52 - 5.9
Haemogram			
Haemoglobin	15.3	g/dl	14 - 17.5
P.C.V	47	%	42 - 50
MCV	85.1	fL	80 - 96
RDW	12.2	%	11.5 - 14.5
W.B.C (Total)	7350	/μL	4400 - 11300
MCH	27.7	pg	27.5 - 33.2
MCHC	32.6	gm/dL	33.4 - 35.5
Differential Count			
Neutrophils	58.5	%	40.00 - 75.00
Lymphocytes	34.3	%	20.0 - 40.0
Monocytes	5.4	%	2 - 10
Eosinophils	1.4	%	1.0 - 6.0
Basophils	.4	%	0.0 - 2.0
Platelet Count	377000	/μL	150000 - 450000
RBC Morphology	Normocytic Normochrom	ic	
WBC Morphology	Within norma	al	
PLATELET Morphology	Platelets adequate on smear		
MPV	9	fL	7.5 - 10.5
ESR			
ESR	13	mm/ 1st hr	0 - 15
PROFILES AND PACKAGES			
LIPID PROFILE			
Cholesterol Total	181.7	mg/dL	Desirable <200 mg/dlBorderline High 200 - 239 mg/dlHigh >240 mg/dl
VLDL Cholesterol	55.16	mg/dL	
Total Cholesterol : HDL Ratio	4.74	mg/dL	
LDL:HDL Ratio	2.3	mg/dL	
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	LDL Cholesterol	88.24	mg/dL			
	Serum HDL Cholesterol	38.3	mg/dL	Low: <40 mg/dlHigh: >60 mg/dl		
	Serum Triglycerides	275.8	mg/dL	Normal : <150Borderline High : 150 - 199High : 200-499Very High : >500		
LIVER FUNCTION TEST						
	Serum Total Bilirubin	1.15	mg/dL	0.20 - 1.30		
	Direct Bilirubin	.42	mg/dL	0.00 - 0.30		
	Indirect bilirubin	.73	mg/dL	0.00 - 1.10		
	A/G Ratio	1.53	mg/dL			
	A/G Ratio	1.53	mg/dL			
	A/G Ratio	1.53	mg/dL			
	Serum Alkaline Phosphatase	83.7	U/L	38.00 - 126.00		
	Serum Alanine Aminotransferase (ALT)	26	U/L	0.00 - 50.00		
	Serum Aspartate Aminotransferase (AST)	25.9	U/L	17.00 - 59.00		
	Proteins (Total)	8.07	gm/dL	6.30 - 8.20		
	Serum Albumin	4.88	gm/dL	3.50 - 5.00		
	Globulin	3.19	gm/dL	1.50 - 3.50		

### **RADIOLOGY**

**ABDOMEN & PELVIS Findings** 

Liver is normal in size/shape and shows changes of fatty infiltration. Few well defined thin walled clear cysts are seen in right lobe of liver, largest measures 2.0 x 1.4 cm. No other focal lesion or biliary dilatation. Gall bladder is well distended, shows no calculi. No evidence of wall edema / pericholecystic free fluid. CBD and Portal Vein are normal. Spleen and Pancreas are normal in size / shape. No ascites, pleural effusion or lymphadenopathy. Right kidney measures 9.9 x 4.4 cm. Left kidney measures 10.8 x 5.6 cm. Both kidneys are normal in size / shape and echo texture. No calculus or hydronephrosis/ hydroureter on either side. No scarring or cystic disease. CMD is preserved. Bladder is well distended, shows smooth outlines. Prostate is normal in size, measures 4.0 x 3.0 x 3.4 cm and volume is 21.8 cc.

ABDOMEN & PELVIS Impression

X RAY CHEST (1 FILM) -

X RAY CHEST (1 FILM) -

- Grade I fatty liver. - Few simple cysts in right lobe of liver.

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Lung fields are clear. Heart and mediastinum are within normal

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limits. Both domes of diaphragm are normal in position and contour. Both costophrenic angles are clear. Bony thorax and soft

tissues reveal no abnormality.

X RAY CHEST (1 FILM) - No significant abnormality is seen.

**OTHER INVESTIGATIONS** 

 PFT Reports
 : (%)

 FVC
 : 081

 FEV1
 : 095

 FEV1/FVC
 : 117

 PEFR
 : 079

Interpretation : Test within normal limits.

Stress Test (TMT) : Test negative for ex ind ischeamia.

Electro Cardiogram Remarks : Normal

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### **OPHTHALMIC SCREENING**

History NIL

**Examination** Right Eye Left Eye

Vision

Distance 6/6 6/6

Near Vision N6

Colour Normal Normal

Refraction

Distance +1.25DS +0.5DC AT 105

Near +2.5DS +2.5DS

IOP 14 mm of Hg 15 mm of Hg

Impression ADVISED: CONTINUE SAME GLASS DON NOT RUB EYES TAKE BREAKS WHILE USING SCREEN

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#### **IMPRESSION**

Hypertriglyceridemia Fatty Liver Simple cysts in right lobe of Liver Impaired fasting glucose

#### **ADVICE**

Monitor BP

Dietary and lifestyle modification

#### **ADDITIONAL INVESTIGATION**

HbA1c

#### **REFERRALS**

Physician consultation

E //.

Venkitesh MG

### \$\$FOOTER\$\$

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