

Reflection Scale

ID	Question	strongly disagree	disagree	slightly disagree	neutral	slightly agree	agree	strongly agree
CR1	I often reflect on my work in order to improve it.	0	0	0	2	3	2	1
CR2	We as a team often reflect on our work in order to improve it.	0	1	1	0	2	4	0
CR3	I think it is important to try to improve how I solve work tasks.	0	0	0	0	1	3	4
CR4	I frequently reflect on how I solve work tasks.	0	0	1	2	3	1	1
CR5	Reflecting on how I solve tasks helps me to improve.	0	0	0	1	3	4	0
CR6	In team meetings we frequently talk about how we can improve development.	0	0	2	2	0	4	0
CR7	Outside of meetings, I often talk with my colleagues about how we solve problems.	0	0	1	1	3	2	1
CR8	It is important to me to discuss frequently with others about task solving.	0	0	0	3	3	2	0
CR9	Conversations with colleagues help me to improve how I solve tasks.	0	0	0	0	3	4	1
CR10	Even a few days later, I can remember the specific task I solved well when I reflect on it by myself or with others.	0	1	0	1	3	3	0