

RURAL FOCUS INITIATIVE-UGANDA (RUFI-U).



CURRICULUM FOR TAILORING & GARMENT CUTTING

Duration of course 6 1/2 months

Essential Theory hours - hrs

Essential Practical hours - hrs

Introduction to the course

Clothing is one of the basic needs of human being people one becoming fashion conscious. With change in fashion & style, the stitching of garment also changes. Hence keeping in view the market demand and change of fashion technology, courses on cutting, tailoring & dress making have been suitably designed in the structure of non formal education. The beneficiaries are new literates and people with low education levels. Besides tailoring can be a vocation for self employment.

Objective

- To provide knowledge & training in use of tools & equipments used in tailoring trade, sewing terminology among the youth especially those out of school.
- Taking correct body measurements
- Basic hand & machine stitches
- Designing, drafting & pattern making
- Layout & fabric estimation
- Cutting, tailoring & finishing of garments for children, ladies & gents.
- Alteration, defects & remedies to fitting problems.
- Processes of quality control, packaging, labelling, marking, costing & promotion.
- Sourcing of fabrics, trends & relating so servicing process.
- Skill to construct professional looking garments.
- Enhancing employability & entrepreneur skills.

Entry Requirements

- Able to interpret the measurements Preferably able to count numbers and recording them
- The minimum age limit for trainee is 16 years but there is no upper age limit.
- Committed to learning

Competencies: -

- Identify and take care of the various tools and equipment used in cutting and tailoring.
- Identify and practice basic (temporary and permanent) and decorative stitches.
- Take body measurements (length width and circumference) systematically and follow necessary precautions.
- Master the use of sewing machine and take care of the machine.
- Follow precautions while using a machine. Identify and correct the defects in a machine. Identify and correct the defects in a machine.
- Make different types of piping, facing and pockets and attach buttons, button hole etc.

- Select fabric and appropriate colour combinations according to age, tradition, Vocation and personality.
- Follow rules of pattern making, layout and fabric estimation
- Fold, iron, pack and cost evaluation of stitched garment.
- Marking and storing of drafts and patterns for future use.

Job opportunities:

After completing the course one can get employment in garment manufacturing unit or get self employed by opening a tailoring shop or work at home.

Wage employment : Can get employment as cutter/tailor/checker/designers in garment manufacturing industries/tailoring shops/tailoring units in govt. sector of public sectors like jails /hospitals etc. can get employments as instructor in educational institutes.

Self employment: can open his/her own tailoring shop or can do tailoring work at his/her own house or can take up orders work from factories.

SCHEME OF STUDY

TAILORING AND GARMENT CUTTING MODULE				
DURATION	MODULE	MODULE UNIT	MATERIALS REQUIRED	LEARNING ASSIGNMENT
WEEK 1 &2	Machine operation	<ul style="list-style-type: none"> • Treading • Threading • Straight lines • Curved lines • Squire lines • Oiling and Simple Maintenance 	<ul style="list-style-type: none"> • Cement empty sacks • Machine needles • Machine oil • Training facility 	<ul style="list-style-type: none"> • Identify machine parts • Identify needle parts • Thread of Machine • Learn how to tension lower and upper tension • Learn how to oil the machine
WEEK 3	School uniform	<ul style="list-style-type: none"> • Sac Dress • Pinafore 	<ul style="list-style-type: none"> • Blended poplin • Thread • Machine needles • Measuring tape 	<ul style="list-style-type: none"> • Take measurement • Draft front and back parts • Draft Front yokes • Draft Sleeves and pockets
WEEK 4 & 5	Shirts	<ul style="list-style-type: none"> • Short sleeved and long sleeved shirts • Kitengi fashion shirts • Mandela fashion shirts 	<ul style="list-style-type: none"> • Printed fabrics • Threads • Interfacing • Buttons 	<ul style="list-style-type: none"> • Take measurements • Draft back and front parts • Draft yoke piece • Draft sleeves and pockets
WEEK 6&7	Skirt	<ul style="list-style-type: none"> • A line skirt • One piece 	<ul style="list-style-type: none"> • Sun flag materials 	<ul style="list-style-type: none"> • Take measurements

		<ul style="list-style-type: none"> skirt • Three piece skirt • Six piece skirt • Eight piece skirt 	<ul style="list-style-type: none"> • Interfacing • Elastic • Threads • Zips • Buttons 	<ul style="list-style-type: none"> • FL • WST • HIPS • Draft and cut pieces equally according to fashion • Square the materials • Identify sides • Interpret the measurements on materials • Waist bands • Draft waist band on straight
WEEK 8 &9	Pleated skirts	<ul style="list-style-type: none"> • Knife pleated skirts • Box pleated skirts • Inverted pleated skirts 	<ul style="list-style-type: none"> • Sun flag materials • Stiff paper • Zips • Buttons • Threads 	<ul style="list-style-type: none"> • Take measurements • Waist band • Draft parts • Practical exercise • Take measurements • Full length • Waist • Draft part, square the materials • Identify sides • Interpret the measurements on materials • Waist band • Draft waist on straight grain • Cut out waist band • Fix stiff paper

				on waist band
WEEK 10-14	Gomes	<ul style="list-style-type: none"> • Full Gomes • Half Gomes • Fish fashion Gomes 	<ul style="list-style-type: none"> • Printed fabrics • Blended polyester • Mudaliso • Buttons • Threads 	<ul style="list-style-type: none"> • Take measurements • Draft /cut out yoke • Draft sleeves and skirt • Practical exercise • Take measurements • Full length • Yoke width • Draft cut yoke • Square the materials • Identify sides • Interpret the measurements on materials • Draft sleeves • Apply standard measurements for sleeves
WEEK 15-17	Shorts and trouser	Elastic pajamas Elastic back short Normal short with buttoned fly Normal short with zipper fly Trouser with turn up hem Trouser with plain hem	Sun flag materials White blended poplin Lining fabric Faster(zip, button, hook& eye) Thread	<ul style="list-style-type: none"> • Take measurements • Draft front and back parts • Practical exercise • Take measurements • Full length • Waist Button width
WEEK 18-20	Mushanana on mark/fashion	Sleeveless tops Dress tops	Printed fabrics Nylon materials Mudaliso	<ul style="list-style-type: none"> • Take measurements • Draft skirt and

			Fasteners Threads	top PEX <ul style="list-style-type: none"> • Take measurements • Full length of blouse • Chest • Back • Draft skirt • Full length Waist
WEEK 21-24	Sleeveless blouses and party fashions	<ul style="list-style-type: none"> • Strapped blouses • Strapped dresses • Strapless blouses and dresses(party dresses) 	<ul style="list-style-type: none"> • Satin materials • Mix and match • Kitenge materials • Stiff paper • Blended poplin • Fasteners • Threads 	<ul style="list-style-type: none"> • Take measurements • Draft measurement • Draft back and front parts • PEX • Full length • Burst • Chest • Waist • Hip • x-back/yoke
WEEK 25-26	Financial management (Entrepreneurship skills)	<ul style="list-style-type: none"> • Book keeping 	<ul style="list-style-type: none"> • -Business consultant • -flip charts • -marker pens 	<ul style="list-style-type: none"> • To record • the income and expenditure