

Predicting deterioration of ventricular function in patients with repaired tetralogy of Fallot using machine learning

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Received 25 October 2017; editorial decision 30 December 2017; accepted 5 January 2018; online publish-ahead-of-print 12 March 2018

Aims

Previous studies using regression analyses have failed to identify which patients with repaired tetralogy of Fallot (rTOF) are at risk for deterioration in ventricular size and function despite using common clinical and cardiac function parameters as well as cardiac mechanics (strain and dyssynchrony). This study used a machine learning pipeline to comprehensively investigate the predictive value of the baseline variables derived from cardiac magnetic resonance (CMR) imaging and provide models for identifying patients at risk for deterioration.

Methods and results

Longitudinal deterioration for 153 patients with rTOF was categorized as 'none', 'minor', or 'major' based on changes in ventricular size and ejection fraction between two CMR scans at least 6 months apart (median 2.7 years). Baseline variables were measured at the time of the first CMR. An exhaustive variable search with a support vector machine classifier and five-fold cross-validation was used to predict deterioration and identify the most useful variables. For predicting any deterioration (minor or major) vs. no deterioration, the mean area under the curve (AUC) was 0.82 ± 0.06 . For predicting major deterioration vs. minor or no deterioration, the AUC was 0.77 ± 0.07 . Baseline left ventricular (LV) ejection fraction, LV circumferential strain, and pulmonary regurgitation were most useful for achieving accurate predictions.

Conclusion

For the prediction of deterioration in patients with rTOF, a machine learning pipeline uncovered the utility of baseline variables that was previously lost to regression analyses. The predictive models may be useful for planning early interventions in patients with high risk.

Keywords

outcomes • cardiac magnetic resonance • congenital heart disease • prediction • cardiac mechanics • ventricular deterioration

Introduction

Tetralogy of Fallot (TOF) is a congenital abnormality of the heart that typically requires surgical repair in early childhood.¹ Advancements in surgical techniques have reduced the early mortality rate to less than 3%.² However, the annual mortality rate more than triples, from 0.24%/year to 0.94%/year, 20–30 years after the initial surgical repair largely due to adverse cardiac events, such as sudden cardiac death

or worsening heart failure.² The increasing mortality risk generally coincides with progressive dilation and dysfunction of both the left and right ventricles (LV and RV, respectively),^{3,4} and there is growing evidence of a link between dysfunction and poor outcomes, such as death or sustained ventricular tachycardia.^{5,6}

Fortunately, many patients with repaired TOF (rTOF) do not develop progressive ventricular dilation and dysfunction. However, this creates the challenge of predicting which patients are at risk, and the

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current predictive ability is poor despite several recent efforts. Wald *et al.*⁷ investigated whether baseline variables, including clinical parameters and functional measurements derived from routine cardiac magnetic resonance (CMR) imaging, could predict subsequent deterioration in ventricular size and function. They found that no baseline parameters could differentiate between patients whose ventricular function deteriorated over a median 2.2-year follow-up and those whose function remained unchanged. In a subsequent study, Jing *et al.* performed a similar analysis that included baseline measures of cardiac mechanics such as strain and mechanical dyssynchrony, which have been touted as more sensitive measures of cardiac function.^{8,9} However, they reported that baseline cardiac mechanics were also not predictive of subsequent ventricular deterioration.¹⁰

A common limitation of prior studies is the reliance on regression models for assessing the relationship between baseline variables and outcomes. In reality, the interactions mediating physiologic processes may be too complex to be captured using common regression techniques. Fortunately, machine learning, a field of computer science, has emerged with the necessary tools for both identifying complex patterns within data sets and using those patterns to make better predictions.¹¹ Previously, machine learning has been used in cardiology for the classification of arrhythmias,¹² the classification of constrictive vs. restrictive pericarditis,¹³ and the prediction of 1-year mortality in patients with heart failure.¹⁴ Most recently, machine learning has been employed on speckle-tracking echocardiographic data sets to distinguish hypertrophic cardiomyopathy from the physiologic hypertrophy seen in athletes¹⁵ and on coronary angiography data sets to predict 5-year mortality in patients with suspected coronary artery disease.¹⁶ In both cases, machine learning techniques performed better than standard models (e.g. Framingham). Therefore, we propose the use of machine learning to predict deterioration in ventricular size and function in patients with rTOF. Contrary to the results of previous regression techniques, we hypothesize that baseline clinical variables and cardiac mechanics *can* be used to predict deterioration.

Methods

A database search at Boston Children's Hospital identified patients who fulfilled the following criteria: (i) diagnosis of rTOF; (ii) two clinical CMR scans performed at least 6 months apart from May 2005 to March 2012; (iii) no surgical- or catheter-based interventions between CMR scans; and (iv) a 12-lead electrocardiogram (ECG) at the time of first CMR. The search yielded 164 patients, among which 11 were excluded due to incomplete or poor quality imaging. Subsequently, 153 patients (mean age at baseline CMR: 23 ± 14 years, 76 males) were included. The follow-up duration was between 6 months and 5.9 years with a median of 2.7 years (interquartile range 1.9–3.8). Note that this data set is identical to that previously used by Jing *et al.*¹⁰ Using thresholds published by Wald *et al.* that were based on the reproducibility of volumetric and ejection fraction measurements,^{7,17,18} patients were categorized into three groups: (i) 'no' deterioration ($n = 38$), (ii) 'minor' deterioration ($n = 78$), or (iii) 'major' deterioration ($n = 37$) according to their change in ventricular size and function between CMR scans (Table 1). Eight patients with major deterioration satisfied two of the three criteria while the rest satisfied only one criterion.

We used the same 22 baseline variables as Jing et al.,¹⁰ with 2 additional variables: indexed RV mass and age at the first CMR (Table 2). A detailed description of the CMR imaging protocol and measurement techniques of CMR variables has been reported.^{9,10} A custom feature tracking algorithm

Table I Criteria for categorizing patients based on change in ventricular size and function

Deterioration	Increase in RVEDVi (mL/m ²)	Decrease in RVEF (%)	Decrease in LVEF (%)	Selection criterion
None	≤5	≤3	≤3	All
Minor	Not in 'None' or 'Major' group			
Major	≥30	≥10	≥10	Any

Major deterioration was defined as patients who fulfilled any of the three given criteria while no deterioration (none) was defined as patients who fulfilled all three given criteria. The remaining patients were placed into the minor deterioration group. Change in RVEF and LVEF are absolute percent changes. LVEF, left ventricular ejection fraction; RVEDVi, indexed right ventricular end-diastolic volume; RVEF, right ventricular ejection fraction.

Table 2 Baseline variables used to predict deterioration

	Variables	Mean \pm SD or n (%)
Demographics	Sex (male)	76 (50%)
	Age at surgical repair (years)	3.5 \pm 6.7
	Age at first CMR (years)	23.4 \pm 14
Surgical repair procedure ^a	Transannular patch	97 (63%)
	RV-PA conduit	11 (7%)
	RVOT patch	30 (20%)
	Infundibular resection	2 (1%)
	Pulmonary valvotomy	11 (7%)
	Commissurotomy	9 (6%)
	Electrocardiogram	QRS duration (ms)
	Heart rate (HR, beats/min)	80 \pm 17
CMR variables	LV dyssynchrony (LV-dyss, ms)	19 \pm 11
	RV dyssynchrony (RV-dyss, ms)	57 \pm 29
	Interventricular dyssynchrony (Inter-dyss, ms) ^b	-40 \pm 20
	LV circumferential strain (LV-Ecc, %)	27 \pm 3
	RV circumferential strain (RV-Ecc, %)	18 \pm 3
	LV longitudinal strain (LV-Ell, %)	19 \pm 3
	RV longitudinal strain (RV-Ell, %)	23 \pm 3
	RV end-diastolic volume index (RVEDVi, mL/m ²)	143 \pm 36
	RV end-systolic volume index (RVESVi, mL/m ²)	67 \pm 23
	LV ejection fraction (LVEF, %)	59 \pm 6
	RV ejection fraction (RVEF, %)	53 \pm 8
	Pulmonary regurgitation fraction (PR fraction, %)	36 \pm 15
		RV mass index (RVMASSi, g/m ²)

CMR, cardiac magnetic resonance; LV, left ventricular; RV, right ventricular; RVOT, right ventricular outflow tract; RV-PA, right ventricle-to-pulmonary artery; SD, standard deviation.

^aSome patients had more than one type of surgical repair.

^bNegative values indicate delayed contraction of the RV relative to the LV.

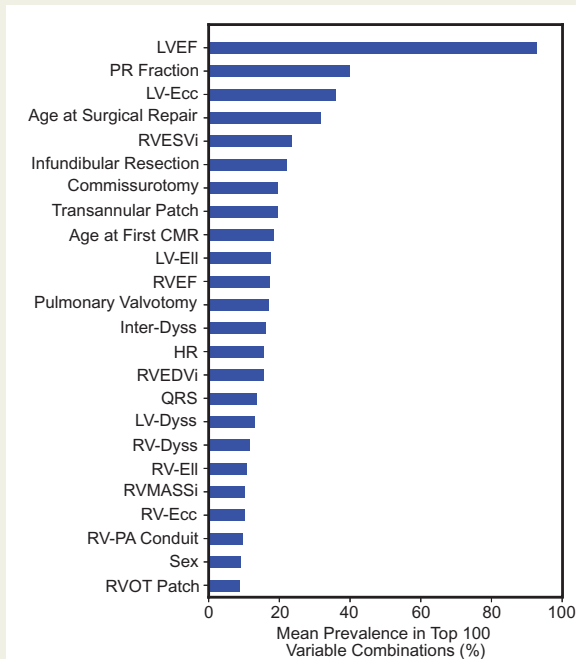


Figure 4 Rank-ordering of the individual baseline variables. Ranking of individual baseline variables based on their mean prevalence in top 100 variable combinations across the four experimental scenarios. CMR, cardiac magnetic resonance; HR, heart rate; Inter-Dyss, interventricular dyssynchrony; LV-Dyss, left ventricular dyssynchrony; LV-Ecc, left ventricular circumferential strain; LVEF, left ventricular ejection fraction; LV-Ell, left ventricular longitudinal strain; PR, pulmonary regurgitation; RV-Dyss, right ventricular dyssynchrony; RV-Ecc, right ventricular circumferential strain; RVEDVi, indexed right ventricular end-diastolic volume; RVEF, right ventricular ejection fraction; RV-Ell, right ventricular longitudinal strain; RVESVi, indexed right ventricular end-systolic volume; RVMASSi, right ventricular mass index.

Furthermore, PR fraction was a component of the six-variable combination that yielded the best AUC (0.87). The surgical repair of TOF often results in PR, which can eventually lead to deterioration in ventricular size and function.^(3,29) Therefore, it is significant that a machine learning-based model identified the predictive value of PR fraction where prior statistical models were unsuccessful.

In addition, our study investigated a more comprehensive risk stratification by incorporating the group with minor deterioration (Scenarios 2–4), which is necessary for any future clinical applications. The prediction performance for Scenario 2 (major or minor deterioration vs. none; AUC = 0.82), when compared to Scenario 3 (major deterioration vs. minor or none; AUC = 0.77), suggests that the minor deterioration group is more similar to the major deterioration group. However, the lower AUC achieved for the three-group classification (AUC = 0.70) is indicative of substantial overlap among the three groups. Further research is needed to determine the clinical significance of the minor deterioration group with respect to long-term patient outcomes. Depending on the clinical need for distinguishing the minor group from either or both of the other groups, any of Scenarios 2–4 may be clinically useful.

Identification of the most useful baseline variables

Baseline LVEF was invariably the best individual predictor of deterioration. There was an inverse relationship between LVEF and deterioration such that higher values of LVEF indicated a greater likelihood of deterioration. This same finding was present in two previous studies of patients with rTOF.^{7,10} The reason for this inverse relationship is unknown. However, studies in other populations such as asymptomatic volunteers in the MESA study,³⁰ patients with heart failure,^{31,32} and patients admitted to the intensive care unit³³ have demonstrated that increased LVEF (e.g. >65%) can be associated with poor outcomes. RVEF demonstrated a similar inverse relationship with deterioration in Scenario 1; however, this may be due to the presence of PR, which was the second most important variable for predicting deterioration. Higher PR fractions, which may be associated with elevated RVEF in compensated ventricles, were indicative of a greater likelihood for subsequent deterioration.

Other high-ranking variables (Figure 4) included LV circumferential strain, RVESVi, and age at surgical repair. Many of these variables were individually identified by prior studies. For example, Orwat et al. reported that LV circumferential strain was the strongest predictor of mortality among other cardiac strain measures in patients with rTOF.²⁷ In addition, RVESVi has been shown to be an important determinant of RV remodelling.^{34,35} Gatzoulis et al.³⁶ found that older age at surgical repair was a strong predictor of late mortality. Similar to PR fraction, both the differences in baseline RVESVi and age at surgical repair were previously reported as *insignificant* between patients with major and no deterioration on subgroup analysis.¹⁰ On the other hand, RVEF and RVEDVi were two of the five variables that did reach significance in the previous subgroup analysis.¹⁰ However, these variables were not in the top 10 of variable rank in the present study (RVEF: rank 11, RVEDVi: rank 15), which demonstrates that significant differences between subgroups do not necessarily correlate with a variable's utility to predict outcomes.

Implications

Several features of our machine learning pipeline have implications for future clinical applications and prediction studies. First, linear-SVM provides intuitive decision boundaries for binary classifications of new patients (Figure 2). Even with higher numbers of variables, the directionality is readily observed from the coefficients of the decision boundary formula. Furthermore, the categorical decisions are easily converted to probabilities, which could be used to guide management decisions. Similar to predicting deterioration in patients with rTOF, the proposed pipeline could be applied in other clinical scenarios to predict future status by baseline variables. Importantly, our methodology to rank order the importance of clinical variables in predicting outcomes could be applied in many other scenarios to garner new insights into disease pathophysiology.

Limitations

The proposed exhaustive variable search may not be computationally efficient with a large number of baseline variables. Hence, a limited number of variables were selected based on previous knowledge about relevant predictors of adverse outcomes in rTOF to avoid overfitting and impractical computational cost. However, exhaustive

search should be considered when feasible to guarantee identification of optimal combinations of baseline variables, as opposed to existing variable selection algorithms such as forward sequential search and information gain.³⁷

The outcome variables used in the current study were based on changes in predefined CMR-derived parameters (RVEDVi, LVEF, and RVEF), which reflect surrogates of progressive remodelling and dysfunction. These outcome variables are different from conventional clinical outcomes such as death; however, multiple previous papers have suggested that these intermediate endpoints of progressive remodelling and dysfunction ultimately relate to adverse clinical outcomes.^{4,5,22} Future studies should investigate whether interventions targeted based on machine learning techniques to predict these intermediate endpoints can ultimately improve clinical outcomes.

We performed five-fold cross-validation as an internal validation to avoid bias in the evaluation of the models. The resulting mean AUCs were well above random chance for all four scenarios, which clearly showed previously unknown predictive ability of the baseline variables. However, we used data collected from a single institution, which can miss variations in measurements across institutions. An external validation from a truly independent cohort would be useful to generalize the results. The validation results could be further improved with additional training samples. However, large data sets in patients with repaired TOF linked to longitudinal follow-up data are rare.

The sample size of 153 patients is generally small for machine learning, which motivated some aspects of our pipeline. Linear-SVMs were chosen not only for their ease of interpretation, but also for their resistance to overfitting and paucity of hyperparameters, which typically require large training sets to adequately tune. However, similar sample sizes are common in machine learning studies within the field of cardiology, [$n = 139$ (15); $n = 94$ (13)] and our sample size is relatively large for the field of congenital heart disease.

Due to its lower frame rate compared to echocardiography, MRI may not be optimal for assessing dyssynchrony. However, we addressed this problem by upsampling the segmental strain curves, and using cross-correlational analysis to compare each segmental curve to a patient-specific reference curve, to find a time shift (delay) that best matches the pattern of the segmental strain curve to the reference curve. We have documented good inter-test reproducibility of this method previously, and shown that patients with repaired TOF have higher dyssynchrony compared to healthy controls.⁹ Moreover, MRI is able to assess all three types of dyssynchrony: inter-ventricular, right intra-ventricular, and left intra-ventricular, whereas echocardiography cannot reproducibly quantify all of these measures.

Conclusions

For the prediction of ventricular deterioration in patients with rTOF, a machine learning pipeline uncovered the utility of baseline variables that was previously lost to traditional statistical methods. Left ventricular ejection fraction, PR fraction, feature tracking-derived left ventricular circumferential strain, right ventricular end-systolic volume index, and age at surgical repair were the five most important baseline variables for predicting deterioration over a median duration

of 2.7 years. The proposed pipeline may be useful for identifying patients with rTOF who are at risk for deterioration and for planning appropriate interventions. While data from a new and larger patient population are needed for external validation, the proposed pipeline could be applied to any clinical scenario where it is desirable to predict future clinical status using baseline variables.

Funding

This work was supported by a National Institutes of Health (NIH) Director's Early Independence Award (DP5 OD-012132), NIH grant number KL2 RR033171 from the National Center for Research Resources and the National Center for Advancing Translational Sciences, and American Heart Association Great Rivers Affiliate via grant 14POST20310025. The content is solely the responsibility of the authors and does not necessarily represent the official views of NIH.

Conflict of interest: None declared.

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