What if we run AGD-G until the norm of the gradient halves and then restart from that point?

To get
$$\|\nabla f(x_{\Delta}^{\text{out}})\|_{2} \leq \frac{1}{2} \|\nabla f(x_{0})\|_{2}$$
:

We need
$$0\left(\frac{\left(\frac{1}{2}\right)\|\nabla f(x_0)\|_2}{\left(\frac{1}{2}\right)\|\nabla f(x_0)\|_2}\right)$$

$$= O\left(\sqrt{\frac{2L\left(f(x_0) - f(x^*)\right)}{\|\nabla f(x_0)\|_2}}\right)$$

iterations.

After j calls to AGD-G, we will have $\|\nabla f(x_{Ai}^{out})\|_{2} \leq \frac{1}{2^{i}} \|\nabla f(x_{0})\|_{2} \leq \varepsilon$

$$a^{j} \ge \frac{\|\nabla f(x_0)\|_{2}}{\varepsilon}$$

$$j \ge \log_{2}\left(\frac{\|\nabla f(x_0)\|_{2}}{\varepsilon}\right)$$

The total number of iterations would be

$$O\left(\frac{1|\Delta + (x_0) - f(x_0)|_{2}}{1|\Delta + (x_0)|_{2}}\right) \cdot \log_2 \left(\frac{1|\Delta + (x_0)|_{2}}{\varepsilon}\right)$$
of iterations per call # of calls

from the inequality in Q3:

$$= \sqrt{\frac{m}{L} \| \Delta t(x_0) \|^2}$$