

foreman

Manage Procfile-based applications.

- Start an application with the Procfile in the current directory:

```
foreman start
```

- Start an application with a specified Procfile:

```
foreman start -f {{Procfile}}
```

- Start a specific application:

```
foreman start {{process}}
```

- Validate Procfile format:

```
foreman check
```

- Run one-off commands with the process's environment:

```
foreman run {{command}}
```

- Start all processes except the one named "worker":

```
foreman start -m all=1,{{worker}}=0
```