

# nmon

A system administrator, tuner, and benchmark tool.

- Start nmon:

```
nmon
```

- Save records to file ("-s 300 -c 288" by default):

```
nmon -f
```

- Save records to file with a total of 240 measurements, by taking 30 seconds between each measurement:

```
nmon -f -s {{30}} -c {{240}}
```