Executes commands at a specified time.

• Open an at prompt to create a new set of scheduled commands, press Ctrl + D to save and exit:

```
at {{hh:mm:ss}}
```

• Execute the commands and email the result using a local mailing program such as sendmail:

```
at {{hh:mm:ss}} -m
```

• Execute a script at the given time:

```
at {{hh:mm:ss}} -f {{path/to/file}}
```