

June

Day	High	Low	High	Low	High	Moon	Sunrise	Sunset
Mon 1		1:37 AM EDT / 0.1 ft	7:36 AM EDT / 2.6 ft	1:30 PM EDT / 0.1 ft	7:54 PM EDT / 3.1 ft		6:19 AM EDT	7:55 PM EDT
Tue 2		2:20 AM EDT / 0.1 ft	8:19 AM EDT / 2.6 ft	2:12 PM EDT / 0.1 ft	8:36 PM EDT / 3.2 ft	Full Moon	6:19 AM EDT	7:55 PM EDT
Wed 3		3:03 AM EDT / -0.0 ft	9:03 AM EDT / 2.6 ft	2:56 PM EDT / 0.0 ft	9:19 PM EDT / 3.2 ft		6:19 AM EDT	7:56 PM EDT
Thu 4		3:46 AM EDT / -0.0 ft	9:47 AM EDT / 2.7 ft	3:41 PM EDT / 0.0 ft	10:03 PM EDT / 3.2 ft		6:19 AM EDT	7:56 PM EDT
Fri 5		4:30 AM EDT / -0.1 ft	10:34 AM EDT / 2.7 ft	4:30 PM EDT / 0.0 ft	10:50 PM EDT / 3.1 ft		6:18 AM EDT	7:56 PM EDT
Sat 6		5:16 AM EDT / -0.1 ft	11:23 AM EDT / 2.7 ft	5:22 PM EDT / 0.1 ft	11:41 PM EDT / 3.0 ft		6:18 AM EDT	7:57 PM EDT
Sun 7		6:05 AM EDT / -0.1 ft	12:17 PM EDT / 2.7 ft	6:19 PM EDT / 0.1 ft			6:18 AM EDT	7:57 PM EDT
Mon 8	12:35 AM EDT / 2.9 ft	6:58 AM EDT / -0.0 ft	1:14 PM EDT / 2.7 ft	7:22 PM EDT / 0.1 ft			6:18 AM EDT	7:58 PM EDT
Tue 9	1:34 AM EDT / 2.7 ft	7:53 AM EDT / -0.0 ft	2:15 PM EDT / 2.8 ft	8:29 PM EDT / 0.1 ft		Last Quarter	6:18 AM EDT	7:58 PM EDT
Wed 10	2:37 AM EDT / 2.6 ft	8:51 AM EDT / -0.1 ft	3:18 PM EDT / 2.8 ft	9:37 PM EDT / 0.1 ft			6:18 AM EDT	7:58 PM EDT
Thu 11	3:42 AM EDT / 2.5 ft	9:50 AM EDT / -0.1 ft	4:21 PM EDT / 2.9 ft	10:42 PM EDT / -0.0 ft			6:18 AM EDT	7:59 PM EDT
Fri 12	4:45 AM EDT / 2.5 ft	10:48 AM EDT / -0.1 ft	5:20 PM EDT / 3.1 ft	11:44 PM EDT / -0.1 ft			6:18 AM EDT	7:59 PM EDT
Sat 13	5:46 AM EDT / 2.5 ft	11:44 AM EDT / -0.2 ft	6:17 PM EDT / 3.1 ft				6:18 AM EDT	7:59 PM EDT
Sun 14		12:41 AM EDT / -0.2 ft	6:42 AM EDT / 2.5 ft	12:38 PM EDT / -0.2 ft	7:10 PM EDT / 3.2 ft		6:19 AM EDT	8:00 PM EDT
Mon 15		1:33 AM EDT / -0.3 ft	7:35 AM EDT / 2.6 ft	1:29 PM EDT / -0.2 ft	7:59 PM EDT / 3.2 ft		6:19 AM EDT	8:00 PM EDT
Tue 16		2:22 AM EDT / -0.3 ft	8:24 AM EDT / 2.6 ft	2:18 PM EDT / -0.2 ft	8:46 PM EDT / 3.2 ft	New Moon	6:19 AM EDT	8:00 PM EDT
Wed 17		3:09 AM EDT / -0.3 ft	9:11 AM EDT / 2.6 ft	3:05 PM EDT / -0.2 ft	9:31 PM EDT / 3.1 ft		6:19 AM EDT	8:01 PM EDT
Thu 18		3:52 AM EDT / -0.2 ft	9:56 AM EDT / 2.6 ft	3:51 PM EDT / -0.1 ft	10:14 PM EDT / 3.0 ft		6:19 AM EDT	8:01 PM EDT
Fri 19		4:35 AM EDT / -0.1 ft	10:40 AM EDT / 2.6 ft	4:36 PM EDT / 0.1 ft	10:56 PM EDT / 2.8 ft		6:19 AM EDT	8:01 PM EDT
Sat 20		5:16 AM EDT / 0.0 ft	11:24 AM EDT / 2.5 ft	5:21 PM EDT / 0.2 ft	11:37 PM EDT / 2.7 ft		6:19 AM EDT	8:01 PM EDT
Sun 21		5:56 AM EDT / 0.1 ft	12:07 PM EDT / 2.5 ft	6:08 PM EDT / 0.3 ft			6:20 AM EDT	8:02 PM EDT
Mon 22	12:18 AM EDT / 2.5 ft	6:37 AM EDT / 0.2 ft	12:52 PM EDT / 2.5 ft	6:57 PM EDT / 0.5 ft			6:20 AM EDT	8:02 PM EDT
Tue 23	1:03 AM EDT / 2.4 ft	7:19 AM EDT / 0.3 ft	1:39 PM EDT / 2.5 ft	7:49 PM EDT / 0.5 ft			6:20 AM EDT	8:02 PM EDT
Wed 24	1:50 AM EDT / 2.3 ft	8:03 AM EDT / 0.4 ft	2:29 PM EDT / 2.5 ft	8:45 PM EDT / 0.6 ft		First Quarter	6:20 AM EDT	8:02 PM EDT
Thu 25	2:41 AM EDT / 2.2 ft	8:50 AM EDT / 0.4 ft	3:20 PM EDT / 2.5 ft	9:41 PM EDT / 0.6 ft			6:21 AM EDT	8:02 PM EDT
Fri 26	3:35 AM EDT / 2.2 ft	9:40 AM EDT / 0.4 ft	4:11 PM EDT / 2.6 ft	10:37 PM EDT / 0.5 ft			6:21 AM EDT	8:02 PM EDT
Sat 27	4:30 AM EDT / 2.3 ft	10:30 AM EDT / 0.4 ft	5:02 PM EDT / 2.8 ft	11:30 PM EDT / 0.4 ft			6:21 AM EDT	8:03 PM EDT
Sun 28	5:24 AM EDT / 2.3 ft	11:21 AM EDT / 0.3 ft	5:52 PM EDT / 2.9 ft				6:22 AM EDT	8:03 PM EDT
Mon 29		12:20 AM EDT / 0.3 ft	6:15 AM EDT / 2.4 ft	12:10 PM EDT / 0.2 ft	6:39 PM EDT / 3.0 ft		6:22 AM EDT	8:03 PM EDT
Tue 30		1:08 AM EDT / 0.1 ft	7:05 AM EDT / 2.5 ft	12:59 PM EDT / 0.1 ft	7:26 PM EDT / 3.2 ft		6:22 AM EDT	8:03 PM EDT

July

Day	High	Low	High	Low	High	Moon	Sunrise	Sunset
Wed 1		1:54 AM EDT / 0.0 ft	7:53 AM EDT / 2.6 ft	1:47 PM EDT / -0.0 ft	8:13 PM EDT / 3.2 ft	Full Moon	6:23 AM EDT	8:03 PM EDT
Thu 2		2:39 AM EDT / -0.1 ft	8:41 AM EDT / 2.7 ft	2:36 PM EDT / -0.1 ft	8:59 PM EDT / 3.3 ft		6:23 AM EDT	8:03 PM EDT
Fri 3		3:24 AM EDT / -0.2 ft	9:28 AM EDT / 2.8 ft	3:26 PM EDT / -0.1 ft	9:47 PM EDT / 3.3 ft		6:23 AM EDT	8:03 PM EDT
Sat 4		4:10 AM EDT / -0.3 ft	10:17 AM EDT / 2.9 ft	4:17 PM EDT / -0.2 ft	10:35 PM EDT / 3.2 ft		6:24 AM EDT	8:03 PM EDT
Sun 5		4:56 AM EDT / -0.3 ft	11:08 AM EDT / 2.9 ft	5:12 PM EDT / -0.1 ft	11:26 PM EDT / 3.1 ft		6:24 AM EDT	8:03 PM EDT
Mon 6		5:45 AM EDT / -0.3 ft	12:01 PM EDT / 2.9 ft	6:09 PM EDT / -0.1 ft			6:24 AM EDT	8:03 PM EDT
Tue 7	12:20 AM EDT / 2.9 ft	6:36 AM EDT / -0.2 ft	12:58 PM EDT / 2.9 ft	7:10 PM EDT / 0.0 ft			6:25 AM EDT	8:03 PM EDT
Wed 8	1:17 AM EDT / 2.7 ft	7:30 AM EDT / -0.2 ft	1:58 PM EDT / 2.9 ft	8:16 PM EDT / 0.1 ft		Last Quarter	6:25 AM EDT	8:03 PM EDT
Thu 9	2:18 AM EDT / 2.5 ft	8:27 AM EDT / -0.1 ft	3:00 PM EDT / 2.9 ft	9:22 PM EDT / 0.1 ft			6:26 AM EDT	8:02 PM EDT
Fri 10	3:23 AM EDT / 2.4 ft	9:27 AM EDT / -0.1 ft	4:03 PM EDT / 2.9 ft	10:28 PM EDT / 0.1 ft			6:26 AM EDT	8:02 PM EDT
Sat 11	4:27 AM EDT / 2.4 ft	10:27 AM EDT / -0.1 ft	5:05 PM EDT / 3.0 ft	11:30 PM EDT / 0.0 ft			6:26 AM EDT	8:02 PM EDT
Sun 12	5:29 AM EDT / 2.4 ft	11:26 AM EDT / -0.1 ft	6:02 PM EDT / 3.0 ft				6:27 AM EDT	8:02 PM EDT
Mon 13		12:27 AM EDT / -0.0 ft	6:26 AM EDT / 2.4 ft	12:21 PM EDT / -0.1 ft	6:55 PM EDT / 3.1 ft		6:27 AM EDT	8:02 PM EDT
Tue 14		1:18 AM EDT / -0.1 ft	7:18 AM EDT / 2.5 ft	1:12 PM EDT / -0.1 ft	7:43 PM EDT / 3.1 ft		6:28 AM EDT	8:02 PM EDT
Wed 15		2:04 AM EDT / -0.1 ft	8:06 AM EDT / 2.6 ft	2:00 PM EDT / -0.1 ft	8:28 PM EDT / 3.1 ft	New Moon	6:28 AM EDT	8:01 PM EDT
Thu 16		2:47 AM EDT / -0.1 ft	8:51 AM EDT / 2.6 ft	2:46 PM EDT / -0.0 ft	9:09 PM EDT / 3.0 ft		6:29 AM EDT	8:01 PM EDT
Fri 17		3:27 AM EDT / -0.1 ft	9:33 AM EDT / 2.6 ft	3:29 PM EDT / 0.0 ft	9:48 PM EDT / 2.9 ft		6:29 AM EDT	8:00 PM EDT
Sat 18		4:05 AM EDT / -0.0 ft	10:13 AM EDT / 2.6 ft	4:11 PM EDT / 0.1 ft	10:26 PM EDT / 2.8 ft		6:30 AM EDT	8:00 PM EDT
Sun 19		4:42 AM EDT / 0.1 ft	10:52 AM EDT / 2.6 ft	4:53 PM EDT / 0.3 ft	11:03 PM EDT / 2.7 ft		6:30 AM EDT	8:00 PM EDT
Mon 20		5:18 AM EDT / 0.2 ft	11:31 AM EDT / 2.6 ft	5:35 PM EDT / 0.4 ft	11:41 PM EDT / 2.6 ft		6:31 AM EDT	8:00 PM EDT
Tue 21		5:54 AM EDT / 0.3 ft	12:11 PM EDT / 2.6 ft	6:19 PM EDT / 0.5 ft			6:31 AM EDT	7:59 PM EDT
Wed 22	12:20 AM EDT / 2.5 ft	6:31 AM EDT / 0.3 ft	12:53 PM EDT / 2.6 ft	7:07 PM EDT / 0.6 ft			6:31 AM EDT	7:59 PM EDT
Thu 23	1:04 AM EDT / 2.4 ft	7:13 AM EDT / 0.4 ft	1:39 PM EDT / 2.6 ft	7:59 PM EDT / 0.7 ft			6:32 AM EDT	7:59 PM EDT
Fri 24	1:52 AM EDT / 2.3 ft	7:58 AM EDT / 0.5 ft	2:29 PM EDT / 2.6 ft	8:55 PM EDT / 0.7 ft		First Quarter	6:32 AM EDT	7:58 PM EDT
Sat 25	2:47 AM EDT / 2.3 ft	8:50 AM EDT / 0.5 ft	3:23 PM EDT / 2.7 ft	9:54 PM EDT / 0.6 ft			6:33 AM EDT	7:58 PM EDT
Sun 26	3:45 AM EDT / 2.3 ft	9:45 AM EDT / 0.4 ft	4:20 PM EDT / 2.8 ft	10:52 PM EDT / 0.5 ft			6:33 AM EDT	7:57 PM EDT
Mon 27	4:44 AM EDT / 2.4 ft	10:42 AM EDT / 0.4 ft	5:15 PM EDT / 3.0 ft	11:46 PM EDT / 0.4 ft			6:34 AM EDT	7:57 PM EDT
Tue 28	5:42 AM EDT / 2.5 ft	11:38 AM EDT / 0.2 ft	6:09 PM EDT / 3.1 ft				6:34 AM EDT	7:56 PM EDT
Wed 29		12:37 AM EDT / 0.2 ft	6:36 AM EDT / 2.6 ft	12:33 PM EDT / 0.1 ft	7:00 PM EDT / 3.3 ft		6:35 AM EDT	7:56 PM EDT
Thu 30		1:26 AM EDT / 0.0 ft	7:28 AM EDT / 2.8 ft	1:26 PM EDT / -0.0 ft	7:51 PM EDT / 3.4 ft		6:35 AM EDT	7:55 PM EDT

August

Day	High	Low	High	Low	High	Moon	Sunrise	Sunset
Sat 1		2:59 AM EDT / -0.3 ft	9:09 AM EDT / 3.1 ft	3:11 PM EDT / -0.2 ft	9:29 PM EDT / 3.4 ft		6:36 AM EDT	7:54 PM EDT
Sun 2		3:46 AM EDT / -0.3 ft	9:59 AM EDT / 3.2 ft	4:04 PM EDT / -0.2 ft	10:19 PM EDT / 3.3 ft		6:37 AM EDT	7:53 PM EDT
Mon 3		4:33 AM EDT / -0.3 ft	10:50 AM EDT / 3.2 ft	4:59 PM EDT / -0.2 ft	11:09 PM EDT / 3.2 ft		6:37 AM EDT	7:53 PM EDT
Tue 4		5:21 AM EDT / -0.3 ft	11:42 AM EDT / 3.2 ft	5:56 PM EDT / -0.1 ft			6:38 AM EDT	7:52 PM EDT
Wed 5	12:02 AM EDT / 3.0 ft	6:12 AM EDT / -0.2 ft	12:38 PM EDT / 3.2 ft	6:56 PM EDT / 0.0 ft			6:38 AM EDT	7:51 PM EDT
Thu 6	12:59 AM EDT / 2.8 ft	7:06 AM EDT / -0.1 ft	1:37 PM EDT / 3.1 ft	7:59 PM EDT / 0.2 ft		Last Quarter	6:39 AM EDT	7:51 PM EDT
Fri 7	1:59 AM EDT / 2.6 ft	8:04 AM EDT / 0.0 ft	2:40 PM EDT / 3.0 ft	9:06 PM EDT / 0.2 ft			6:39 AM EDT	7:50 PM EDT
Sat 8	3:04 AM EDT / 2.5 ft	9:06 AM EDT / 0.1 ft	3:45 PM EDT / 3.0 ft	10:12 PM EDT / 0.3 ft			6:40 AM EDT	7:49 PM EDT
Sun 9	4:10 AM EDT / 2.4 ft	10:08 AM EDT / 0.2 ft	4:48 PM EDT / 3.0 ft	11:13 PM EDT / 0.2 ft			6:40 AM EDT	7:49 PM EDT
Mon 10	5:13 AM EDT / 2.4 ft	11:09 AM EDT / 0.2 ft	5:47 PM EDT / 3.0 ft				6:40 AM EDT	7:48 PM EDT
Tue 11		12:09 AM EDT / 0.2 ft	6:10 AM EDT / 2.5 ft	12:05 PM EDT / 0.2 ft	6:38 PM EDT / 3.0 ft		6:41 AM EDT	7:47 PM EDT
Wed 12		12:58 AM EDT / 0.2 ft	7:00 AM EDT / 2.6 ft	12:56 PM EDT / 0.2 ft	7:25 PM EDT / 3.0 ft		6:41 AM EDT	7:46 PM EDT
Thu 13		1:41 AM EDT / 0.1 ft	7:46 AM EDT / 2.7 ft	1:43 PM EDT / 0.2 ft	8:06 PM EDT / 3.1 ft		6:42 AM EDT	7:45 PM EDT
Fri 14		2:21 AM EDT / 0.1 ft	8:28 AM EDT / 2.8 ft	2:26 PM EDT / 0.2 ft	8:45 PM EDT / 3.0 ft	New Moon	6:42 AM EDT	7:45 PM EDT
Sat 15		2:58 AM EDT / 0.1 ft	9:07 AM EDT / 2.8 ft	3:07 PM EDT / 0.2 ft	9:21 PM EDT / 3.0 ft		6:43 AM EDT	7:44 PM EDT
Sun 16		3:32 AM EDT / 0.2 ft	9:44 AM EDT / 2.9 ft	3:46 PM EDT / 0.3 ft	9:56 PM EDT / 2.9 ft		6:43 AM EDT	7:43 PM EDT
Mon 17		4:06 AM EDT / 0.2 ft	10:19 AM EDT / 2.9 ft	4:25 PM EDT / 0.4 ft	10:30 PM EDT / 2.8 ft		6:44 AM EDT	7:42 PM EDT
Tue 18		4:39 AM EDT / 0.3 ft	10:55 AM EDT / 2.9 ft	5:04 PM EDT / 0.5 ft	11:06 PM EDT / 2.7 ft		6:44 AM EDT	7:41 PM EDT
Wed 19		5:12 AM EDT / 0.4 ft	11:31 AM EDT / 2.9 ft	5:44 PM EDT / 0.6 ft	11:43 PM EDT / 2.6 ft		6:44 AM EDT	7:40 PM EDT
Thu 20		5:48 AM EDT / 0.5 ft	12:10 PM EDT / 2.8 ft	6:28 PM EDT / 0.7 ft			6:45 AM EDT	7:39 PM EDT
Fri 21	12:24 AM EDT / 2.5 ft	6:27 AM EDT / 0.6 ft	12:53 PM EDT / 2.8 ft	7:17 PM EDT / 0.8 ft			6:45 AM EDT	7:39 PM EDT
Sat 22	1:11 AM EDT / 2.5 ft	7:13 AM EDT / 0.6 ft	1:43 PM EDT / 2.8 ft	8:13 PM EDT / 0.8 ft		First Quarter	6:46 AM EDT	7:38 PM EDT
Sun 23	2:06 AM EDT / 2.4 ft	8:06 AM EDT / 0.6 ft	2:40 PM EDT / 2.9 ft	9:14 PM EDT / 0.8 ft			6:46 AM EDT	7:37 PM EDT
Mon 24	3:07 AM EDT / 2.4 ft	9:07 AM EDT / 0.6 ft	3:41 PM EDT / 3.0 ft	10:15 PM EDT / 0.7 ft			6:46 AM EDT	7:36 PM EDT
Tue 25	4:11 AM EDT / 2.5 ft	10:10 AM EDT / 0.5 ft	4:42 PM EDT / 3.1 ft	11:13 PM EDT / 0.5 ft			6:47 AM EDT	7:35 PM EDT
Wed 26	5:13 AM EDT / 2.7 ft	11:12 AM EDT / 0.4 ft	5:41 PM EDT / 3.2 ft				6:47 AM EDT	7:34 PM EDT
Thu 27		12:07 AM EDT / 0.3 ft	6:11 AM EDT / 2.9 ft	12:12 PM EDT / 0.2 ft	6:36 PM EDT / 3.4 ft		6:48 AM EDT	7:33 PM EDT
Fri 28		12:58 AM EDT / 0.1 ft	7:05 AM EDT / 3.1 ft	1:08 PM EDT / 0.0 ft	7:29 PM EDT / 3.5 ft		6:48 AM EDT	7:32 PM EDT
Sat 29		1:46 AM EDT / -0.1 ft	7:57 AM EDT / 3.3 ft	2:03 PM EDT / -0.1 ft	8:20 PM EDT / 3.5 ft	Full Moon	6:48 AM EDT	7:31 PM EDT
Sun 30		2:33 AM EDT / -0.2 ft	8:48 AM EDT / 3.5 ft	2:56 PM EDT / -0.2 ft	9:10 PM EDT / 3.5 ft		6:49 AM EDT	7:30 PM EDT
Mon 31		3:20 AM EDT / -0.3 ft	9:38 AM EDT / 3.6 ft	3:49 PM EDT / -0.2 ft	9:59 PM EDT / 3.4 ft		6:49 AM EDT	7:29 PM EDT