SHENAN-OHYEAH – December 14-15, 2022

Large hiking backpacks(\$30) (x2)

Clothes https://campingwithgus.com/dress-winter-camping-2/ (SEMI-OBTAINED)

One large tent or two small tents WITH STAKES, GUYLINES, FOOTPRINT, **Sealed seams**, Rainfly (\$40) (how to pitch a tent)

sleeping bags EN rated for winter (\$20) (x2)

Sleeping pad R-rating of 5+ (?) (2)

Sleeping pad pump if needed (?) (1)

Flashlights (\$10) (x2)

Batteries (\$5) (x1)

Toilet paper roll pack (\$5) (x1)

Less Lethal (OBTAINED) (x1)

Co2 cartridge (OBTAINED) (x1)

Small pot (\$15) (x1)

Camping meals ct 6 (\$50) (x1)

Camping stove (\$40) (how to use a camp stove) (x1)

Energy drinks (OBTAINED)

Energy bars and snacks (\$5)

First-aid kit (OBTAINED) (x1)

Whistle (\$5) (x2)

Knife (OBTAINED) (x2)

Mosquito repellent (\$10) (x1)

Hiking boots and WOOL socks

Doordash bag as scent bag (OBTAINED) (x1)

Paracord (x1)

Water filter straws (OBTAINED) (x2)

Walkie talkies (OBTAINED) (x2)

Portable phone battery (OBTAINED) (x1)

Trail markers / chalk tape (\$10) (x1)

Maps and stuff (OBTAINED) (x1)

Lighter (?) (x1)

2 forks (OBTAINED) (x1)

One plastic cup (OBTAINED) (x1) Hand Sanitizer (x1)

Print the following:

Backcountry permit

✓ Your Backcountry Permit

Once you submit your permit application, you will receive an email with your itinerary (be sure to check your spam folder). Print this out and carry it with you; this email serves as your permit. You may go forth and explore!

Thank you!

Your request has been submitted. You will receive an e-mail with the details you've provided. Print or save this to your phone and bring it with you: it serves as your permit. If you do not receive an e-mail, please check your spam folder.

Print itenerary (https://www.nps.gov/shen/planyourvisit/upload/SHEN_BCTrip-White Rocks B125-508.pdf)

Print maps

Print tent pitching

Remember, store bear bag off-site and always approach with bear mace.

Remember, leave no trace.

Text SHENALERTS to 888777

Pitch on flat land, no slope, not under trees, pitching near a hedge blocks winds

Decide on time to leave (account for drive to site, drive on site and hike)

Check sleeping bag temperature and choose one that fits you

Sleeping pad is half your warmth, check AST rating

Don't stray too far from campsite alone

Cook far from campsite on a solid surface

Keep water filter at foot of sleeping bad when sleeping