

WHAT TO DO IF SOMEONE YOU LIVE WITH HAS COVID

QUARANTINE THE WHOLE HOUSEHOLD UNTIL...

- ✓ 14 DAYS AFTER THE SICK PERSON'S FIRST SYMPTOMS
- ✓ AND LEAST 3 DAYS WITH NO SYMPTOMS
- ✓ AND NO ONE HAS FEVER
- ✓ AND ARE NOT USING FEVER-REDUCING MEDICINES



DO: STAY IN BED

DO: WATCH TV

DO: WEAR A MASK

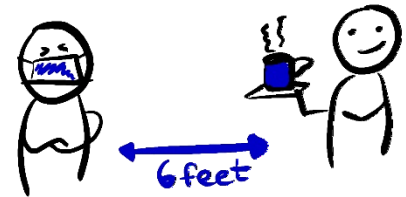
ISOLATE THOSE WHO ARE VISIBLY SICK

- ✓ STAY IN THEIR OWN ROOM
- ✓ STAY 6 FEET (2M) AWAY FROM OTHER PEOPLE
- ✓ HAVE THEM WEAR A FACE MASK
- ✓ KEEP PETS AWAY FROM THOSE WHO ARE SICK

MONITOR SYMPTOMS



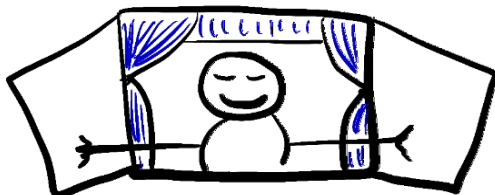
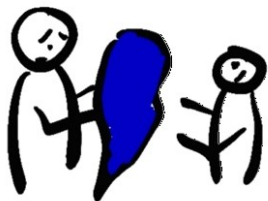
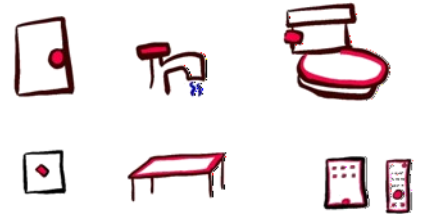
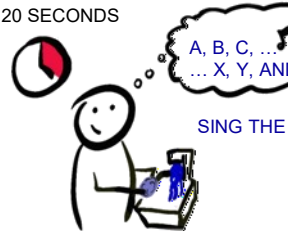
- ✓ TEMPERATURE
- ✓ COUGH
- ✓ SHORTNESS OF BREATH
- ✓ TELL YOUR DOCTOR IF THEY GET WORSE



DON'T SPREAD INFECTIONS

- ✓ WASH YOUR HANDS OFTEN
- ✓ COVER YOUR COUGHS AND SNEEZES
- ✓ CLEAN SURFACES AND OBJECTS DAILY
- ✓ DON'T SHARE BLANKETS, DISHES, OR PERSONAL ITEMS

20 SECONDS



CLEAN YOUR AIR

- ✓ OPEN YOUR WINDOW
- ✓ USE AN AIR PURIFIER
- ✓ TURN ON A HUMIDIFIER



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