Things in security this week

Latitude breach

Shell vs reverse shell

- Reverse shell
 - If you send a reverse shell and send a payload for it to send something to you
 - Wait for a bit and you will run a command
 - Target sends things to the attacker
 - This works because the firewall doesn't check HTTP or HTTPS the firewall won't check this because it looks like the target machine is sending get requests to a server

Shell - a way to get remote access to a computer

Reverse shell - a shell that goes the opposite direction

A situation

- When you access the target machine and you give a payload you are asking the target to open a shell to wait for the next command
 - Then you send a command
 - Then it sends a response
 - Issue with this is if there is a firewall

What is a container

- E.g. docker
- Makes system calls down to the main operating systems
- Applications are all individual runs applications in a sandbox environment and when it does need system calls
- Think about it as a bit of VM but a little less resource intensive because its sharing resources on the machine

If you can find that there is a vulnerability but you can't get the flag - put it in the report anyway just put up a writeup

MIDTERM FEEDBACK

- Writeups were mostly great

HTML REFRESH

- Html takes the form of <tag> data</tag>
- Scripts are common to get dynamic elements with JS used to manipulate objects document.getElementsByTagName('body')[0].innerHTML = content

XSS

WHAT IS A SITE?

- Site is the composition of protocol, origin and port
- Origin is the entire domain, including subdomains and not including endpoints
 - An additional subdomain changes the origin and hence the site
- Http and https are different sites

Cross site scripting

- When you run some form of script that is unintended
- Is because you can reach beyond the bounds of a 'site'
 - A malicious website could load another website into an adjacent frame or window then use JS to read into it
 - One website could cross a country and script into another page

TYPES

- Reflected
- Stored
- DOM
 - A mix between reflected and stored
- Self (kind of like reflected by not)

Reflected demo

Xss-game.appspot.com

To check for reflected xss - if you put something in the query or point where we get the same thing we put in the query reflected back to us

To run js we then go <script>alert(1)</script>

- You have this when what you inject in the website is reflected by the application returning what you write in rendered code of applications
- Good places to check
 - Search functions
 - Cookies
 - Strange client side variables like time
 - In the cookies or the request
 - Anytime that you type something and it gets rendered in the response you are looking at reflected XSS
- Reflected reflects back your response

Stored XSS Demo

- We write something and upon refresh its still there stores it in the application
- If you send <script>alert(1)</script> and nothing puts up then try
- hello if it is bolded then you know that it is loading JS
- Another way to load a script if script is not loading in our payload we can load it in an attribute
 - E.g.
 -
 - If you can't get the image break and run this particular code
 - Now yes you run a script just requires some human interaction
 - Can also just go
 because this is something that will
 cause an error because its not an actual image so when it loads will just load up
 the error message
- Happens when the injected code is stored somewhere for future use
 - E.g. comments, usernames, blog post titles and content body
- If filtering is not enabled then this exposes everyone to xss who views these things Images are self closing so you don't need a closing tag for those

MITIGATION TECHNIQUES

- Input filtration good and useful but not foolproof
 - Some filtering works but nothing is ever foolproof
- Don't allow HTML to be input by the users
- Response headers
 - Content type and x content type options tells the browser to say don't allow certain content types but this is up to the browser to implement
 - These aren't always followed
- Use an up to date browser Chrome 92 blocks "alert()" being called
 - Arbitrary JS for sandbox escape is bad
 - If you are not using an up to date browser that means there is a vulnerability in your browser
- 3 things to implement at the web app level
 - Same origin policy SOP
 - Certain resources need to be loaded from the same origin
 - Is something that is already implemented for you through firefox or chrome
 - This can be very restrictive so you need some way of sharing between origins - this is called CORS
 - CORS cross origin resource sharing

- Is allowed in the web browser response headers that say you are allowed to request resources from these particular sites
- Is a form of relaxing the SOP
- Browser needs a way to tell what is able to access a particular API
 - So CORS is set to say only Bank is allowed to provide JS to interact with the API for, in this example transferring payments
 - So here we depend on the browser to implement it correctly
 - Turning off CORS is very difficult this happens in like the first
 50ms of opening up or sending any request
- XSS is all about tricking the user's browser into doing something that it is not supposed to do
- API is the thing setting the rules here

What can we do with XSS

- Steal a cookie and impersonate a user
- Carry out any action that the user can perform
- Capture login credentials
- Deface the website
- Mine cryptocurrency
- Anything because it runs javascript
 - Javascript allows you to arbitrarily interact with a site any way a person would

On chrome - you can't use alert() so just use print()

- They've just stopped the use of alert but other things work

POLYGLOT

- A PERSON THAT KNOWS A LOT OF LANGUAGES
- We can have exploits that take multiple forms
 - Polyglot scripts
 - If you had a jpeg and inside the jpeg it has a data section about metadata in that image
 - If you put alert(1) with script sometimes this will be rendered with the photo

Anything someone can do with arbitrary JS they can do with XSS

If you click on some random website - can see how bad it can get because JS has essentially all access

- Be careful on what you click on as a result

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Trust wave - place Jenson's brother works