

## X856/76/11

## **Physical Education**

MONDAY, 22 APRIL 1:00 PM - 3:30 PM

Total marks — 50

SECTION 1 — 32 marks

Attempt ALL questions.

SECTION 2 — 10 marks

Attempt ALL questions.

SECTION 3 — 8 marks

Attempt ALL questions.

Write your answers clearly in the answer booklet provided. In the answer booklet you must clearly identify the question number you are attempting.

Use blue or black ink.

Before leaving the examination room you must give your answer booklet to the Invigilator; if you do not, you may lose all the marks for this paper.





## SECTION 2 — 10 marks Attempt ALL questions

Refer to a Personal Development Plan (PDP) you have created and implemented.

6.	(a)	Describe two priorities you identified at the start of your PDP.	2
	(b)	Describe one approach you used to improve one of your priorities in (a).	4
	(c)	Evaluate the approach you used in (b).	4

[Turn over

2

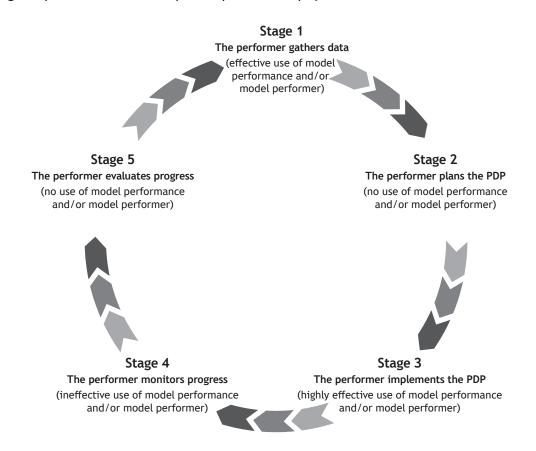
4

2

## SECTION 3 — 8 marks Attempt ALL questions

Please read the scenario below and answer the questions that follow.

The diagram below highlights the use of a model performance and/or model performer during the performance development process for physical and emotional factors.



You must refer to the information in the diagram in your answers.

- 7. Describe the ways in which a model performance and/or model performer may have been used during the development of emotional factors.
- **8.** Analyse the possible impact a model performance and/or model performer may have had on the performer's development of physical factors.
- 9. Explain the possible impact a model performance and/or model performer could have had if used at stages 2 and/or 5 to develop physical factors.

[END OF QUESTION PAPER]