# Predicting brain age with deep learning from raw imaging data results in a reliable and heritable biomarker

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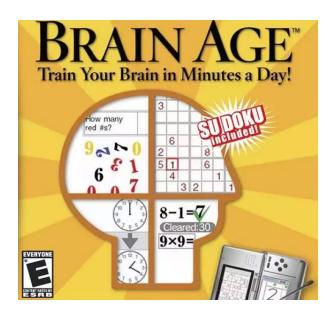
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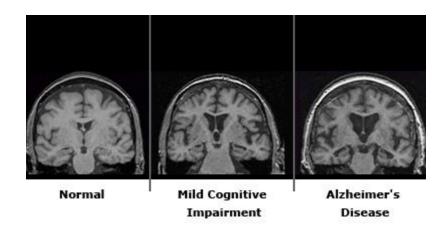
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# Brain Age



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#### **Motivation**

"By training models on healthy individuals, brain-based predictions of age can then be made in independent clinical samples. If 'brain-predicted age' is greater than an individual's chronological age, this is thought to reflect some aberrant accumulation of age related changes to the brain"

# Data

Dataset	Size	M/F	Mean Age
Brain-Age Normative Control (BANC)	2001	1016/985	36.95 ± 18.12
UK Adult Twin Registry Sub-Study <sup>*</sup>	62	0/62	61.86 ± 8.36
Study of Reliability of MRI (STORM) <sup>†</sup>	20	12/8	34.05 ± 8.71
Between Scanner Reliability Study <sup>‡</sup>	11	7/4	30.88 ± 6.16

### Data

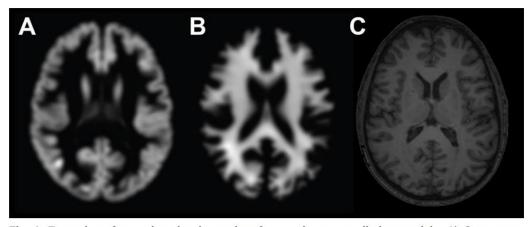
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<sup>\*27</sup> monozygotic, 4 dizygotic

<sup>&</sup>lt;sup>†</sup> Imperial College London, 28.35 ± 1.09 days between scans.

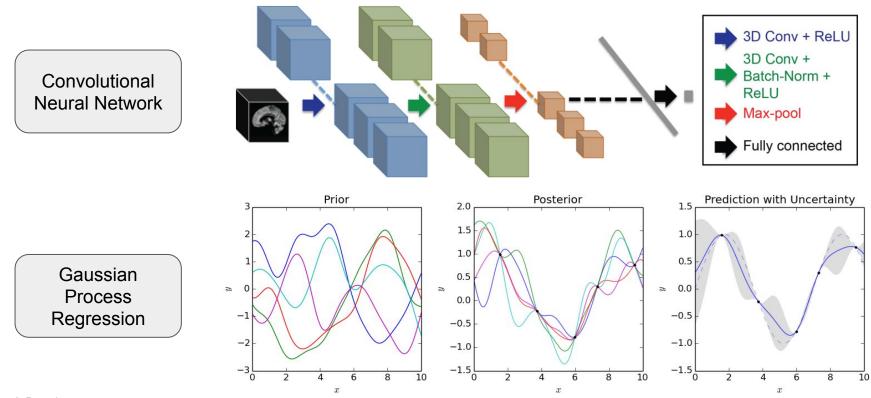
<sup>&</sup>lt;sup>‡</sup> Imperial College London, Academic Medical Center Amsterdam, 68.17 ± 92.23 days between scans. Eight participants were first scanned in Amsterdam, the remaining three in London.

# Preprocessing



**Fig. 1. Examples of neuroimaging input data for use in age prediction models.** A) Grey matter volumetric map, normalised to MNI152 space using SPM DARTEL for non-linear registration, 4mm smoothing and modulation, in axial view. B) White matter volumetric map, normalised to MNI152 space, in axial view. C) Raw, or minimally-processed, T1-weighted MRI, rigidly-registered to MNI152 space and resampled to a common voxel space.

### Models



### **Prediction Results**

Table 1. Chronological age prediction accuracy

Method	Input data	MAE (years)	r	R <sup>2</sup>	RMSE
CNN	GM	4.16	0.96	0.92	5.31
	WM	5.14	0.94	0.88	6.54
	GM+WM	4.34	0.96	0.91	5.67
	Raw	4.65	0.94	0.88	6.46
GPR	GM	4.66	0.95	0.89	6.01
	WM	5.88	0.92	0.84	7.25
	GM+WM	4.41	0.96	0.91	5.43
0	Raw	11.81	0.57	0.32	15.10

MAE = mean absolute error, r = Pearson's r from correlation between chronological age and brain-predicted age, RMSE = root mean squared error, GM = Grey Matter, WM = White Matter.

Heiritability

Table 2. Heritability estimates from the AE SEM models for different brain-predicted age methods

GM	WM	GM+WM	Raw
(1977)	1000000		10.00000
$0.74 \pm 0.09$	0.78 ± 0.07	0.84 ± 0.05	$0.62 \pm 0.10$
$0.78 \pm 0.07$	0.81 ± 0.06	0.82 ± 0.06	0.64 ± 0.10
0.55 ± 0.11	0.65 ± 0.10	0.66 ± 0.09	0.50 ± 0.12
0.55 ± 0.11	$0.60 \pm 0.10$	$0.58 \pm 0.11$	$0.64 \pm 0.10$
	$0.78 \pm 0.07$ $0.55 \pm 0.11$	$0.74 \pm 0.09$ $0.78 \pm 0.07$ $0.78 \pm 0.07$ $0.81 \pm 0.06$ $0.55 \pm 0.11$ $0.65 \pm 0.10$	$0.74 \pm 0.09$ $0.78 \pm 0.07$ $0.84 \pm 0.05$ $0.78 \pm 0.07$ $0.81 \pm 0.06$ $0.82 \pm 0.06$ $0.55 \pm 0.11$ $0.65 \pm 0.10$ $0.66 \pm 0.09$

Heritability estimates are given by  $h^2=\frac{\overline{a^2}}{a^2+e^2}$ , where a and e are the path coefficients of the A and E variance components in the SEM model,  $\pm$  the standard errors of the estimates. GM = grey matter, WM = white matter, CNN = convolutional neural network, GPR = Gaussian processes regression.

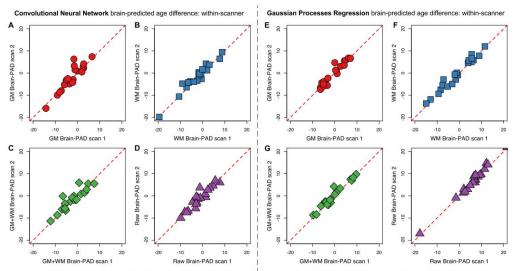
#### **Technical Confounders**

Table 3. Within-scanner and between-scanner reliability estimates of brain-predicted age difference

Method	Dataset	GM	WM	GM+WM	Raw
CNN	Within	0.90 [0.76, 0.96]	0.97 [0.90, 0.99]	0.90 [0.77, 0.96]	0.94 [0.86, 0.98]
	Between	0.83 [0.49, 0.95]	0.51 [-0.08, 0.84]	0.85 [0.55, 0.96]	0.66 [0.17, 0.89]
GPR	Within	0.96 [0.90, 0.98]	0.98 [0.94, 0.99]	0.97 [0.92, 0.99]	0.99 [0.97, 0.99]
	Between	0.96 [0.88, 0.99]	0.77 [0.12, 0.94]	0.92 [0.74, 0.98]	0.56 [-0.02, 0.86]

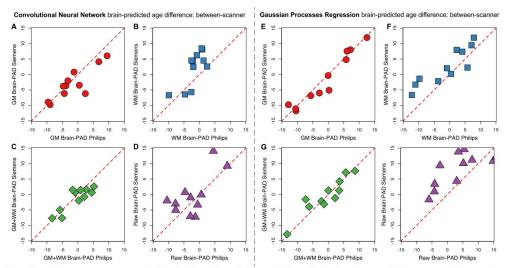
All figures in the table are intraclass correlation coefficients (ICC) and 95% confidence intervals. GM = grey matter, WM = white matter, CNN = convolutional neural network, GPR = Gaussian processes regression.

#### **Technical Confounders**



**Fig. 4. Within-scanner reliability for Convolutional Neural Networks and Gaussian Processes Regression.** Figure shows the correspondence between brain-predicted age difference (Brain-PAD) based on scans acquired four weeks apart on the same scanner (Siemens Verio 3T) on N = 20 individuals, with scan 1 on the x-axis and scan 2 (after four weeks) on the y-axis for all plots. A) Brain-PAD score based on GM maps using CNN. B) Brain-PAD score based on WM maps using CNN. C) Brain-PAD scored based on GM and WM maps combined using CNN. D) Brain-PAD scored based on raw T1-MRI using CNN. E) Brain-PAD score based on GM maps using Gaussian Processes Regression (GPR). F) Brain-PAD scored based on GM maps using Gaussian Processes Regression (GPR).

#### **Technical Confounders**



**Fig. 5.** Between-scanner reliability for Convolutional Neural Networks and Gaussian Processes Regression. Figure shows the correspondence between brain-predicted age difference (Brain-PAD) scores based on scans acquired on two different scanner systems (Siemens Verio 3T and Philips Intera 3T) in N = 11 individuals, with the Philips scan on the x-axis and Siemens scan on the y-axis for all plots. A) Brain-PAD score based on GM maps using CNN. B) Brain-PAD score based on WM maps using CNN. C) Brain-PAD scored based on GM and WM maps combined using CNN. D) Brain-PAD scored based on raw T1-MRI using CNN. E) Brain-PAD score based on GM maps using Gaussian Processes Regression (GPR). F) Brain-PAD score based on WM maps using GPR. G) Brain-PAD score based on GM and WM maps combined using GPR. The red dashed line in all plots is the line of identity.

### Conclusions

#### Pros:

- Nice evaluation of reliability and generalizability.
- Heritability presents a novel way to assess biologic underpinnings, could be applied more broadly.
- Model offers real practical utility.

#### Cons:

- Age confounding heritability estimation?
- No additional comparisons beyond GPR and CNN.
- Population reliability (e.g. outside UK) not assessed.