

Discharge Summary for Sarah Jenkins

Patient Details

Name: Sarah Jenkins
DOB: 12/05/1948
NHS Number: 987 654 3210
Address: 14 Elm Street, Westbridge, WR1 2AB
Sex: Female
Ethnicity: British White

Hospital Admission

Hospital: Riverside General Hospital
Ward: Oak Ward
Admission Date: 2024-07-15
Discharge Date: 2024-07-22
Admitting Consultant: Dr. Emily Carter (General Medicine)

Reason for Admission

Admitted following a fall at home resulting in a suspected left wrist fracture. Patient also reported feeling generally unwell and slightly dizzy prior to the fall.

Summary of Stay & Key Findings

Patient was assessed in A&E. X-ray confirmed a left distal radial fracture. This was managed with closed reduction and application of a plaster cast. Routine admission bloods showed a raised CRP and urinalysis was positive for nitrites and leukocytes, confirming a urinary tract infection.

Patient was commenced on antibiotics for the UTI and received analgesia for the fracture pain. Mobility assessment performed by physio identified some unsteadiness; further falls prevention advice provided.

Diagnoses on Discharge

- Left Distal Radial Fracture
- Urinary Tract Infection
- Essential Hypertension
- Osteoporosis

Discharge Medications

Patient discharged with the following medications. Please check full list for changes.

Medication	Form	Strength	Dose	Frequency	Notes
Lisinopril	Tablet	10 mg	1 tablet	Once daily (morning)	Continue home medication
Atorvastatin	Tablet	20 mg	1 tablet	Once daily (evening)	Continue home medication
Calcium and Colecalciferol	Tablet	500mg / 400IU	2 tablets	Once daily	Continue home medication

Amoxicillin	Capsule	500 mg	1 capsule	Three times a day	Complete the 7-day cours. Started on 2024-07-17.
Paracetamol	Tablet	500 mg	2 tablets	Up to four times a day	As required for pain
Co-codamol (Codeine 8mg / Paracetamol 500mg)	Tablet	8mg / 500mg	2 tablets	Up to four times a day	As required for moderate pain. Caution: sedation/constipaion.
Alendronic acid	Tablet	70 mg	1 tablet	Once weekly	NEW medication. Take with a full glass of water, at least 30 mins before first food/drink of the day, remain upright for 30 mins.

Discharge Plan & Follow-up

- Patient advised to complete the full course of Amoxicillin.
- Advised on cast care for the left wrist fracture. Outpatient fracture clinc appointment arranged for 2 weeks time.
- New medication Alendronic acid commenced for osteoporosis management. Patient counselled on administration.
- GP to review blood pressure control and consider repeat U&Es/CRP after completion of antibiotics.
- Falls prevention advice given. Recomend patient discusses further with GP if dizziness persists after UTI treatment.
- Review of all mediations recommended at next routine GP appointment.

GP Details

Dr. Eleanor Vance
The Green Surgery
22 High Street
Westbridge
WR1 2AZ

Discharging Clinician

Dr. David Lee
Medical Registrar
Riverside General Hospital
Contact via hospital switchboard.