

Discharge Summary for Mildred Wilkinson

Patient Details

Patient Name:	Mildred Wilkinson
Date of Birth:	19/05/1952
NHS Number:	123 456 7890
Sex:	Female
Address:	17 Cherry Tree Lane, Anytown, AB1 2CD
Next of Kin:	Arthur Wilkinson (Son)

Admission Details

Hospital:	St. Jude's General Hospital
Ward:	Elm Ward
Admission Date:	10/07/2024 14:30
Admitting Consultant:	Dr. Eleanor Vance (Respiratory)
Reason for Admission:	Increasing shortness of breath and productive cough over 3 days, associated with fever.

Discharge Details

Discharge Date:	15/07/2024 10:15
Discharge Destination:	Home
Discharge Consultant:	Dr. Eleanor Vance
Summary Author:	Dr. Aisha Khan, FY2
Date of Summary:	15/07/2024

Summary of Hospital Stay

Mrs Wilkinson, a 72-year-old lady with background of hypertensino and type 2 diabetes, was admitted with a short history of worsening shortness of breath, cough with yellow sputum, and feeling generally unwell.

On admission, she was tachypnoeic with sats of 92% on air, temperature 38.2Â°C. Chest examination revealed crackles in the left lower zone. Initial bloods showed raised WCC and CRP. A chest X-ray confirmed consolidation in the left lower lobe. The diagnoiss was Community Acquired Pneumonia.

She was started on IV Co-amoxiclav and recieved oxygen therapy via nasal cannula initially. Over the subsequent days, her symptoms improved significantly. Fever settled, oxygen requirements reduced, and she was tolerating oral intake well. IV antibiotics were switched to oral Amoxicillin on day 3 of admission. Blood markers improved.

No complications arose during her stay. She is now clinically stable and ready for discharge home.

Medical History

- Hypertension
- Type 2 Diabetes Mellitus (on Metformin)
- Osteoarthritis (managed with Paracetamol)
- Community Acquired Pneunmonia (current admission)

Investigations

- Chest X-ray (10/07/2024): Consolidation left lower lobe.
- FBC/U&Es/CRP (10/07/2024): WCC 15.4, CRP 180. Normal U&Es.
- FBC/CRP (14/07/2024): WCC 9.1, CRP 65. Improving.
- Sputum Culture: Pending (advised GP will be informed if positive, presumptive S. pneumoniae).

Treatment During Admission

- Oxygen therapy (initial support)
- IV Co-amoxiclav 1.2g q8h (10/07 - 12/07)
- Oral Amoxicillin 500mg tds (from 13/07)
- Intravenous fluids (initial support)
- Paracetamol PRN for fever/pain

Discharge Medications

Please note any changes from previous medications.

- **Amoxicillin 500mg Capsules:** Take ONE capsule THREE times a day for a total of 7 days (complete the course started on 13/07). (New medication for pneumonia)
- **Lisinopril 10mg Tablets:** Take ONE tablet ONCE a day in the morning. (No change)
- **Metformin 500mg Tablets:** Take ONE tablet TWICE a day with meals. (No change)
- **Paracetamol 500mg Tablets:** Take TWO tablets up to FOUR times a day as needed for pain or fever. (No change)

No other regular medications were prescribed on discharge.

Allergies

No known drug allergies.

Follow-up Arrangements

- GP review in 1-2 weeks to check on recovery from pneumonia and general well being.
- No hospital outpatient follow-up arranged at this time.

Plan for General Practitioner

Mrs Wilkinson is being discharged home to the care of her GP after a successful admission for Community Acquired Pneumonia.

Please ensure she completes the prescribed course of Amoxicillin.

Request that you review her in 1-2 weeks to assess her recovery. Please also take the opportunity to check her blood pressure and review her diabetes control now that she is recovering from an acute illness.

A district nurse referral is not deemed necessary as she is independent with personal care and mobilising safely prior to dischrage.

Sputum results will be forwarded if positive.

Admission blood results and chest X-ray report available on PACS/EPR.

Clinicians Involved

- Consultant:** Dr. Eleanor Vance (Respiratory Physician)
- Registrar:** Dr. Ben Carter
- Junior Doctor:** Dr. Aisha Khan

GP Practice Details

- Practice Name:** The Orchard Surgery
- Address:** 5 High Street, Anytown, AB3 4EF
- Phone:** 0123 456 789