

Discharge Summary for Eleanor Vance

Patient Details

Name: Eleanor Vance

Date of Birth: 15/03/1969

NHS Number: 987 654 3210

Sex: Female

Age: 55

Address: 27 Maple Drive, Newtown, NT1 2PQ

Admission Details

Hospital: Riverside General Hospital

Address: Hospital Way, Newtown, NT1 3RR

Admission Date: 04/06/2024

Admission Time: 14:30

Admitting Ward: Spruce Ward

Admitting Consultant: Dr. Alan Carter (Orthopaedics)

Discharge Details

Discharge Date: 11/06/2024

Discharge Time: 11:00

Discharging Ward: Willow Ward

Discharge Destination: Home with re-ablement support package

Reason for Admission

Admitted following a mechanical fall at home, resulting in significant pain and inability to weight bear on the right leg. Initial assessment in ED suspected a right neck of femur fracture.

Summary of Stay

Mrs. Vance was admitted under the care of the Orthopaedic team. Investigations confirmed a displaced right neck of femur fracture. She underwent a right hip hemiarthroplasty on 05/06/2024. The procedure was uneventful. Post-operatively, she commenced physiotherapy and occupational therapy input. Pain management was controlled with regular paracetamol and opioids initially, stepping down as appropriate. She received VTE prophylaxis throughout her stay. Her pre-existing hypertension and type 2 diabetes were monitored and managed, with blood pressure and glucose levels remaining stable on her usual medications. Wound check prior to discharge was satisfactory. Mobility improved with physio, able to mobilise short distances with a zimmer frame.

Diagnosis on Discharge

- Right Neck of Femur Fracture (post right hip hemiarthroplasty)
- Hypertension
- Type 2 Diabetes Mellitus

Allergies and Adverse Reactions

- **Penicillin:** Reported reaction - Rash
- **Tramadol:** Reported reaction - Nausea, confusion

Medications on Discharge

Please note the following medications to be taken on discharge:

Drug Name	Form/Strength	Dose	Frequency	Notes
Amlodipine	Oral Tablet 5mg	One tablet	Once daily (morning)	Continue usual home medication
Metformin	Oral Tablet 500mg	One tablet	Twice daily (with breakfast and evening meal)	Continue usual home medication
Atorvastatin	Oral Tablet 20mg	One tablet	Once daily (at night)	Continue usual home medication
Paracetamol	Oral Tablet 500mg	Two tablets (1g)	Four times a day (when required for pain)	Max 8 tablets in 24 hours
Codeine Phosphate	Oral Tablet 30mg	One or two tablets	Up to four times a day (when required for pain, if paracetamol insufficient)	Use alongside Paracetamol. May cause constipation.
Rivaroxaban	Oral Tablet 10mg	One tablet	Once daily	For VTE prophylaxis. Take for a total of 14 days from discharge date.
Calcium Carbonate 1250mg / Colecalciferol 400 unit	Chewable Tablet	One tablet	Twice daily	For bone health

Treatment and Follow-up Plan

- Outpatient physiotherapy referral has been made. Patient will be contacted with an appointment.
- Community re-ablement team will provide support with activities of daily living and mobility progression at home for an initial period.
- GP review recommended in 1-2 weeks post-discharge to monitor blood pressure, diabetes control, wound healing, and medication tolerance.
- Patient advised on pain management strategies and gradual increase in activity level as tolerated.
- Advised to continue using zimmer frame for mobility initially and transition to sticks as strength

and confidence improve.

- Wound care advice given. Patient to keep wound clean and dry. Contact GP if signs of infection develop (increased pain, redness, swelling, discharge). Staples/sutures to be removed by District Nurse or GP practice nurse at approximately 10-14 days post-op.
- Encourage good hydration and fibre intake to minimise risk of constipation, especially if taking Codeine.

Social Situation and Next of Kin

Lives alone in a two-storey house. Stairs may be a barrier initially. Son, Mr. David Vance, is Next of Kin and aware of admission and discharge plans. He is able to provide some support.

Receiving General Practitioner

Name: Dr. Sarah Patel

Practice: Willow Creek Surgery

Address: Village Green, Oldtown, OT2 4YZ

Tel: 0123 456 7890

Responsible Clinician

Dr. Alan Carter, Consultant Orthopaedic Surgeon

Riverside General Hospital

Summary prepared by: Dr. Benjamin Lee, Orthopaedic Registrar

Date Summary Prepared: 11/06/2024

This is a synthetically generated document and contains no real patient or clinical data.