GREEK BISON ORZO

MEDITERRANEAN SEASONED GRASS-FED BISON OVER ORZO PASTA
DRESSED IN A LEMON HERB VINAIGRETTE

MEAL PREPARATION:

- OPEN POUCH AT TEAR NOTCH AND REMOVE OXYGEN ABSORBER.
- 2 ADD 100Z (300ML) COLD OR BOILING WATER AND STIR WELL.
- ZIP POUCH CLOSED AND LET SIT 10-12 MINUTES ***LONGER AT ELEVATION***
- 4 OPEN, STIR AGAIN AND ENJOY!





Nutrition F	acts
1 servings per container Serving size	
Amount Per Serving Calories	850
	% Daily Value*
Total Fat 53g	68%
Saturated Fat 18g	90%
Trans Fat 0g	
Cholesterol 125mg	42%
Sodium 1520mg	66%
Total Carbohydrate 60g	22%
Dietary Fiber 6g	21%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 40g	80%
Vitamin D 0mcg	0%
Calcium 447mg	35%
Iron 8mg	45%
Potassium 1023mg	20%

day is used for general nutrition advice.

THE ALPINE RANCH PROMISE:

HIGH PROTEIN, HIGH CALORIE.
HAND-CRAFTED WITH
CLEAN, NATURAL INGREDIENTS.
NO ADDITIVES OR FILLERS.

INGREDIENTS:

GRASS-FED BISON, ORGANIC ORZO PASTA (DURUM WHEAT SEMOLINA, WATER), ORGANIC YELLOW ONION, ORGANIC ROMA TOMATOES, ORGANIC ARUGULA, ORGANIC CUCUMBER, ORGANIC BLACK OLIVES, ORGANIC RED ONION, ORGANIC PARSELY, ORGANIC CORIANDER, ORGANIC DILL, ORGANIC GARLIC, ORGANIC CAPERS, RED WINE VINEGAR, ORGANIC LEMON JUICE, ORGANIC OLIVE OIL, ORGANIC GREEK YOGURT (CULTURED ORGANIC MILK), ORGANIC FETA (ORGANIC CULTURED MILK, ENZYMES, SALT), HONEY, SPICES

CONTAINS:

MILK. WHEAT

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