



Measuring Quality of Life using a Smartphone Application

Information sheet

We would like to invite you to take part in a study aiming to collect information about quality of life using a smartphone application. Before you decide to take part, you should understand why the study is conducted and what it would involve for you.

Why have I been invited to participate?

We are looking for individuals 18 years and older who own an Android or iOS phone. Also you should not be living with a condition that causes memory problems.

What does my participation entail?

You will need to download the application onto your phone. Over a period of two weeks, you will receive four notifications prompting you to fill in a 10-15 minute survey. You need to submit your response within 24 hours after receiving the notification. Please respond as soon as you can. At the end of the two weeks, you will need to complete a final questionnaire, which takes about 20 minutes.

What will happen with the data?

All responses will remain anonymous and stored in a password-protected database, only accessible by the investigators. All information will be used only for this study, and no companies or organisations will have access to your responses.

Risks and benefits

We do not anticipate any risks or benefits from your participation. However, your participation will help us with developing mobile applications in healthcare.

Dissemination of the study

We aim to publish findings in scientific journals to be announced on our website <http://www.myqol-project.com/>

Do I have to participate?

Participation in the study is voluntary, but, should you decide to, you can withdraw without further explanation or consequences. You are welcome to contact the team with questions at myqolteam@gmail.com, or the Research Supervisor directly - Dr Angelos Kassianos - angelos.kassianos@ucl.ac.uk.

Who is organising the study?

We are part of the Junior Researcher Programme, a European service for students and young researchers in psychology. Eight young researchers from Cyprus, Denmark, Germany, Hungary, Italy, Scotland and Spain are conducting the study with people from all over the world.