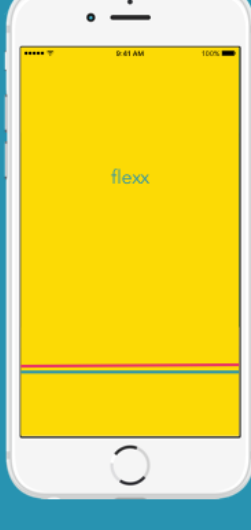


flexx

community. fitness. mentorship.



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Flexx has reshaped the gym-going experience by creating a welcoming community for all types of women

## ★ How it Works ★

### Choose Interests

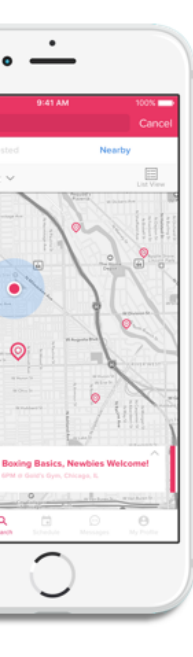
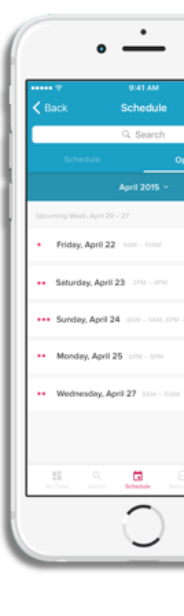
Personalize your account with all of your favorite activities and fitness preferences.

### Follow Mentors

Our mentors are all approved and trusted members of the fitness community. Their sole mission is to help you achieve your fitness goals.

### Book Activities

Schedule an activity with any mentor in either a group or 1-on-1 setting. No need to wander the gym alone!



### Connect with Friends

Start a group chat with your mentor and everyone participating in your activity

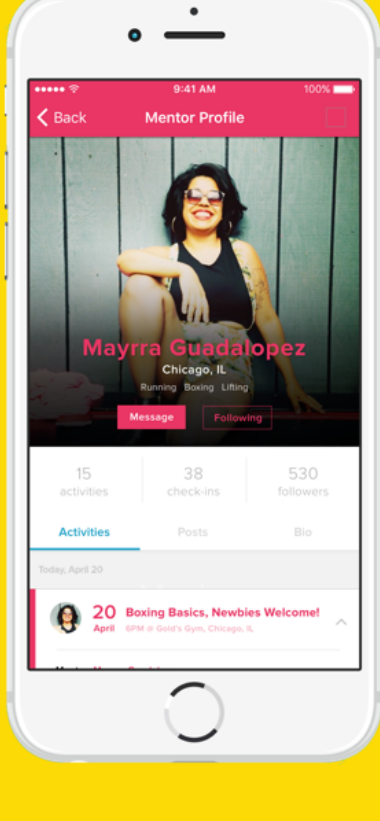
### Review nearby Gyms

Read the forums and reviews about gyms in your area, and their level of female-friendliness

## Get Started

Check out what your local Flexx Community is up to today!

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