

Have you at home online as a group through zoom?

No.

What motivates you to workout?

To stay healthy.

Before pandemic happened, did you workout or exercise with a friend?

For a very long time ago yes, but as a pandemic happened we stopped.

Would you consider working out on Zoom with a friend or strangers?

With a friend yes.

If a friend asks you to workout online Zoom would you do it?

Yes, I would do it.