A particle P is projected vertically upwards from horizontal ground with speed $u\,\mathrm{m\,s^{-1}}$. P reaches a maximum height of $20\,\mathrm{m}$ above the ground.

(a) Find the value of u. [2]

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(b) Find the total time for which P is at least $15\,\mathrm{m}$ above the ground. [3]

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